



Teacher Resource

# Adulting

## Focus Questions

Discuss the BTN High story as a class and record the main points of discussion.

Students will then respond to the following:

1. What does 'adulting' mean to you?
2. List some important life skills.
3. Do you think it's important to know these skills before leaving high school?
4. What life skills do you feel you already know? Please list.
5. Whose responsibility is it to teach life skills?
6. Would you like to see more life skills taught in school? Explain.

## Activities

- In groups, brainstorm a list of life skills you think are important in preparation for adulthood and provide reasons why. Present your discussion points to the class.
- Write a feature article about a life skill of your choice, explaining why you think it's important.
- Design an advertising poster about the life skills you think are needed for adulthood. Include the name of the skill, a description and imagery.
- Create a timeline of when you think certain life skills should be learned throughout high school. Share your timeline with the class.
- In pairs, hold a 'mock interview' with each other to find out what life skills they already have, and which ones they still need to learn before finishing high school. The interviewer is to take notes, then write a summary about what the interviewee said.

## EPISODE 31

11<sup>th</sup> June 2025

### KEY LEARNING

Students will discuss what life skills are important when entering adulthood, and who is responsible for teaching them.

### CURRICULUM

[Health and PE, Years 9 and 10 \(v8.4\)](#)

[Health and PE, Years 9 and 10 \(v9.0\)](#)

[Economics and Business, Year 8 \(v8.4\)](#)

[Economics and Business, Year 8 \(v9.0\)](#)