

## Opposites



Up and down, happy and sad, big and small, hot and cold - this week in Play School we look at opposites!

Opposites are one of the simplest and most important concepts for pre-schoolers to understand. It helps them to improve their communication as they learn how to describe different things. This series explores this important concept through fun games, songs, stories and activities.

## Episode 1



### PRESENTERS

Abi Tucker and Teo Gebert

### PIANIST

Peter Dasent

### STORY

#### ***Dinosaur Roar***

Author: Henrietta Strickland

Illustrator: Paul Strickland

Publisher: Puffin Books

### FILM

#### ***Tie Dyeing***

(Play School, ABC)

### IDEAS FOR LATER

- Make a box swing for some toys
- Go to a playground and have fun
- Try tie-dyeing some T-shirts
- Play an opposite game

### SONGS

#### ***See Saw, Up & Down***

Composer: Traditional

Publisher: Origin / ABC Music Publishing

#### ***Open, Shut Them***

Composer: Traditional

Publisher: Origin / ABC Music Publishing

#### ***Dino Stomp***

Composer: Judith Simpson & Max Lambert

Publisher: ABC Music Publishing

#### ***Stir Up The Pudding***

Composer: Traditional

Publisher: Origin / ABC Music Publishing

#### ***Wet Washing***

Composer: Liz Olsen

Publisher: ABC Music Publishing

#### ***Sometimes I'm Very, Very Small***

Composer: Ethel Hedley

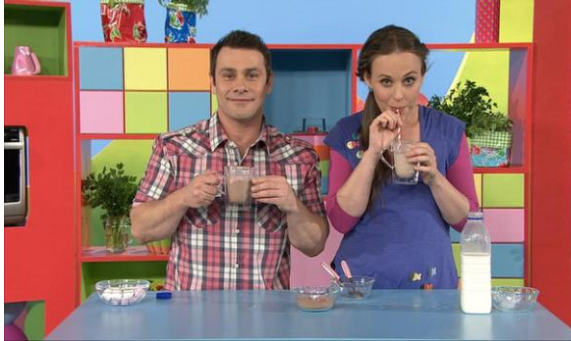
Publisher: James Nisbet & Co Ltd.

#### ***Teddy Bear, Teddy Bear***

Composer: Traditional

Publisher: Origin / ABC Music Publishing

## MAKE AND DO



### How to Make a Hot Chocolate and Iced Chocolate

You will need:

- Drinking chocolate
- Milk
- Cups
- Ice
- Spoon
- Straws
- Marshmallows (optional)

#### Ice Chocolate:

Put one spoon of chocolate powder in a cup.

Pour in enough milk to fill the cup. Stir until chocolate powder has dissolved.

Put in some ice cubes and stir again.

Ice chocolate is complete.

#### Hot chocolate:

Put a spoonful of chocolate powder in a cup.

Pour in enough milk to fill the cup. Stir until chocolate powder has dissolved.

Put it in microwave until suitably hot.

Let it cool down if it is too hot to drink.

Stir again and add two marshmallows.



### How to Decorate a Tablecloth

You will need:

- Calico
- Water paint
- Spray bottles

Hang a piece of material up on a clothes line or fence.

Put different coloured water paint into some spray bottles.

Squirt and spray all the colours over the entire cloth.

Leave to dry. Tablecloth is complete.

## Episode 2



### PRESENTERS

Rachael Coopes and Teo Gebert

### PIANIST

Peter Dasent

### TOLD STORY

#### **"Fine Friends"**

(A story told by the Play School team)

### FILM

#### **Northern Territory Weaving**

(Play School, ABC)

### IDEAS FOR LATER

- Play the finding game and hide something from a friend.
- Blow some bubbles outside in the garden or at a park.
- Collect things from the garden to make a garden collage.

### SONGS

#### ***Dig, Dig, Dig***

Composer: Julian Gough, Monica Trapaga, David Basden (Arr. Penny Biggins)  
Publisher: ABC Music Publishing

#### ***Doin' It***

Composer: Peter Dasent & Arthur Baysting  
Publisher: Origin/ Control

#### ***We're Going Up***

Composer: Ron Gamack  
Publisher: ABC Music Publishing

#### ***The Mixing Song***

Composer: Peter Dasent & Arthur Baysting  
Publisher: Origin / Control

#### ***Hokey Pokey***

Composer: Jimmy Kennedy  
Publisher: Campbell Connelly & Co (c/- Albert Music & Music Sales UK)

#### ***Like A Leaf or Feather***

Composer: Mary Champion De Crespigny  
Publisher: EMI Music

#### ***Move Over and Make Room***

Composer: Traditional  
Publisher: Origin / ABC Music Publishing

## MAKE AND DO



### How to Make a Small Garden

You will need:

- Seedling soil mix
- Egg cartons
- Tomato, basil and marigold seeds
- Watering can
- Water

Put seedling soil mix into the cups of the egg cartons.

Open up the seed packets.

Put a hole in each soil compartment.

Sprinkle seeds into the holes. Cover with soil.

Water the seeds.



### How to Make a Striped Toy Mat or Painting

You will need:

- Calico or material
- Masking tape
- Different coloured paint
- Paint rollers

Spread material out on a table.

Take strips of masking tape and tape it onto the material securely.

Put stripes of masking tape all over the material.

Use a roller and paint all of the material and masking tape.

Now carefully remove the masking tape to reveal lots of stripes on the material.

## Episode 3



### PRESENTERS

Leah Vandenberg and Alex Papps

### PIANIST

Peter Dasent

### PIANIST

Peter Dasent

### STORY

#### **Seadog**

Author: Claire Saxby (Copyright 2013)

Illustrator: Tom Jellett (Copyright 2013)

Publisher: First Published by Random House Australia in 2013

### FILM

#### **Sheep Shearing**

(Play School, ABC)

### FILM

#### **"My Dog Bill"**

(Play School, ABC)

### IDEAS FOR LATER

- Pretend to be a dog, cat, lamb, duck and other farm animals and sing Old MacDonald's Farm
- Make a fast/slow book. Find pictures of things that move fast and pictures of things that move slow.

### SONGS

#### **Hair**

Composer: Jill Darby

Publisher: Longman Group UK Ltd.

#### **Here Is The Sea**

Composer: John Fox

Publisher: ABC Music Publishing

#### **My Dog Bill**

Composer: Henrietta Clark & Warren Carr

Publisher: ABC Music Publishing

#### **Old MacDonald Had A Farm**

Composer: Traditional

Publisher: Origin / ABC Music Publishing

## MAKE AND DO



### How to Make a Scratchy Painting

You will need:

- Plastic sheet
- Paint
- Paper
- Squeeze bottles

Squeeze paint onto plastic sheet.

Spread it out with your hands. Use your nails to scratch a picture in the paint.

Put a piece of paper onto the paint and take a print of the scratchy painting.

Add extra paint to scratch a wavy sea and some blobby fish.

Hang the painting up to dry.

## Episode 4



### PRESENTERS

Leah Vandenberg and Alex Papps

### PIANIST

Peter Dasent

### STORY

#### **Henry and Amy**

Author: Stephen Michael King

Publisher: Scholastic Press Australia

### FILM

#### **Making Arancini Balls**

(Play School, ABC)

### IDEAS FOR LATER

- Jump up and down like a frog.
- Do some sewing in and out of some material.
- Make an elephant puzzle. Stick a picture of an elephant on a piece of paper; draw a line on top of the elephant from the edge of the paper to the other. Cut on the line. Put the two pieces together to make an elephant puzzle.

### SONGS

#### ***This Little Boy***

Composer: M. Miller & Paula L. Zajan

Publisher: Allen & Co.

#### ***How Are You Feeling?***

Composer: Peter Dasent & Sophie Emtage

Publisher: Origin/Control

#### ***If You're Happy And You Know It***

Composer: Traditional

Publisher: Origin / ABC Music Publishing

#### ***The Elephant Wobbles***

Composer: Peter Charlton

Publisher: ABC Music Publishing

#### ***Hanging Around***

Composer: Don Spencer

Publisher: Control

#### ***Going Shopping***

Composer: Jane Fulford

Publisher: Control

#### ***Running To The Corner***

Composer: Ann North & Martin Wesley Smith

Publisher: Control



## MAKE AND DO



### How to Make a Topsy Turvy Doll

You will need:

- Cardboard tube approx 30cm long
- Buff paper strips pasted on as a head
- Scrunchies
- Fabric for skirt
- Coloured markers
- Pom poms
- String, masking tape, wool and tinsel for hair

Scrunch up some strong paper for a head and tape it to both ends of the tubes. This will make two heads.

Decorate the heads by drawing on faces and taping on tinsel and wool hair.

Next, add a skirt which is made by two pieces of material attached to the cylinder with a hair scrunchie.

The material should be long enough to cover one head and part of the doll when it is flipped upside down.

Attach two lots of arms by taping pom poms onto string. Tie the string to the cylinder so that both dolls have arms.

The Topsy Turvy Doll is now complete.

Make a boy one end that is awake and a boy at the other end that is asleep.

Try making a happy and sad girl.

## Episode 5



### PRESENTERS

Rachael Coopes and Alex Papps

### PIANIST

Peter Dasent

### TOLD STORY

#### **"A Squash And A Squeeze"**

(A story told by the Play School team)

### FILM

#### **Swimming at the Waterhole**

(Play School, ABC)

### IDEAS FOR LATER

- Pretend to be a Jack-in-the-Box using an old cardboard box.
- Play with some water jugs and containers in a water trough. Are they full or empty?

### SONGS

#### **Do You Put Your Hat On**

Composer: Val Donlon & Claire Henderson

Publisher: ABC Music Publishing

#### **Do Your Ears Hang Low**

Composer: Traditional

Publisher: Origin / ABC Music Publishing

#### **Ain't It Great To Be Crazy**

Composer: Traditional

Publisher: Origin / ABC Music Publishing

#### **Swim Like A Fish**

Composer: Chris Harriot & Simon Hopkinson

Publisher: ABC Music Publishing

#### **A Squash And A Squeeze**

Composer: Julia Donaldson

Publisher: BBC/ABC Music Publishing

#### **Jack In The Box**

Composer: Traditional

Publisher: Origin / ABC Music Publishing

## MAKE AND DO



### How to Make Silly Dress Ups

You will need:

- A variety of wigs, shoes, dress up glasses, shirts, hats, scarves

Play some music and put on as many dress ups as you can before the music stops.

The sillier the better. Try putting socks on your ears.



### How to Make a Long and Short Neck Puppet

You will need:

- Long socks
- Short socks
- Stickers
- Hair clips
- Pegs
- Material for tongue

Put stickers on the socks for eyes. Put two pegs on each sock for ears.

Cover one puppet with spots all over its body.

Put spiky hair clips all over the other sock for a spiky puppet.

Place hands in the sock puppets to make them move and talk.

One has a long neck and the other has a short neck.

Add a material tongue to both puppets with a clip.