

## Make & Mould



*In this series of Play School we make and mould with a range of different materials found in the home and outdoors. We discover how objects and materials can be used in creative and interesting ways and use them in play and storytelling.*

*Join us as we create leafy print paintings, make icy shakers, have adventures with some pine cone people and more! We also visit a preschool through the windows to play with boxes, sand, clay, musical instruments and wool.*

## Episode 1



### PRESENTERS

Zindzi Okenyo & Emma Palmer

### PIANIST

Peter Dasent

### TOLD STORY

#### ***Violet Goes to the Beach***

(A story told by the Play School team)

### FILM

#### ***Box Play***

(Play School, ABC)

### IDEAS FOR LATER

- Create a city from cardboard boxes. Use scrap paper to make a road and blue coloured fabric or scarf for a river.
- Visit a shop that sells all sorts of different paper. Can you see paper for wrapping presents, soft tissue paper and firm cardboard of all different colours?
- Use an old newspaper and tear and fold to make a cape or hat for a favourite toy.

### SONGS

#### ***Mixing Song***

Composer: Peter Dasent & Arthur Baysting

Publisher: Origin

#### ***Movement Song (Fly Like a Bird)***

Composer: Kylie Montague

Publisher: Origin/Control

#### ***Clap, Clap, Clap Your Hands***

Composer: Traditional

Publisher: ABC Music Publishing

#### ***Twinkle Twinkle***

Composer: Traditional

Publisher: ABC Music Publishing

#### ***Build It Up***

Composer: Peter Charlton

Publisher: ABC Music Publishing

#### ***The Paper Song***

Composer: Judy Whitfield & Paul Reade

Publisher: ABC Music Publishing

#### ***Walking Song***

Composer: Kylie Montague & Peter Dasent

Publisher: Control/Origin

#### ***Friends All Together***

Composer: Peter Dasent & Sophie Emtage

Publisher: Origin/Control

## MAKE AND DO



### How to Make Paper

You will need:

- Fabric and paper scraps
- Flower petals
- Leaves
- Corrugated cardboard
- Tub of water
- Jug
- Spoon
- Potato masher
- Picture frame
- Fly screen
- Wire cooling rack

Place torn paper, cardboard and fabric pieces in to tub of water and leave to soak. Mash soggy paper into a pulp.

Take frame with fly screen and dip into the tub of water until it is covered with a layer of paper pulp.

Place frame on wire rack and allow water to drip through. Place cardboard on top and press down gently.

Lift off the frame and place upside down on a wad of newspaper.

Use a sponge to remove excess water and then allow the paper to dry.



### How to Make Paper Puppets

You will need:

- Paper shapes made from pulp
- Lengths of dowel approximately 30 cm long
- Masking tape

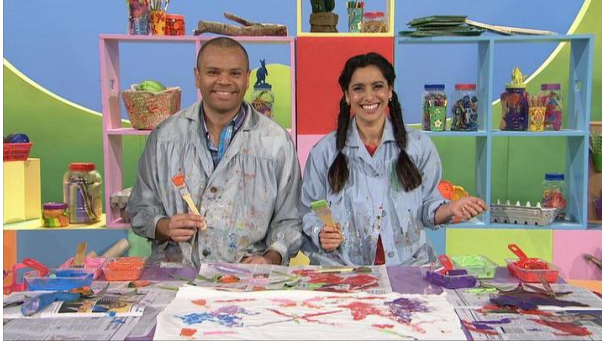
Attach a looped piece of tape to the back of an animal shape.

Attach the shape to end of the rod to make an animal puppet.

Repeat the process for each animal and figure.

Use the paper puppets to tell a favourite story.

## Episode 2



### PRESENTERS

Leah Vandenberg & Luke Carroll

### PIANIST

Peter Dasent

### STORY

#### *I Love You Too*

Author: Stephen Michael King

Publisher: Scholastic Australia

### FILM

#### *Sand Play*

(Play School, ABC)

### IDEAS FOR LATER

- Find some dry grass and leaves in the garden, along with some string and wool. Curl the materials into a round shape to create a nest. Line the nest with some soft wool. Look for some small stones that you can place in the nest as pretend eggs.
- See if you can find out what sort of nest a Peewee bird builds.
- Ask someone to help you to make a kite to fly on a windy day.
- Use a paper plate to make a happy and sad face.

### SONGS

#### *A Little Bit Of This*

Composer: Gordon Sneddon

Publisher: Control

#### *Mixing Song*

Composer: Peter Dasent & Arthur Baysting

Publisher: Origin

#### *Zip, Zap, Zoom*

Composer: Kylie Montague

Publisher: Control

#### *Skidamarink*

Composer: Traditional

Publisher: ABC Music Publishing

#### *Chubby Little Snowman (Helping Henny Penny)*

Composer: Traditional

Publisher: ABC Music Publishing

#### *How Are You Feeling Today?*

Composer: Peter Dasent & Sophie Emtage

Publisher: Origin/Control

#### *Like a Leaf or Feather*

Composer: Mary Champion de Crespigny

Publisher: EMI Music

## MAKE AND DO



### How to Make a Leaf Print Picture

You will need:

- Newspaper
- An assortment of leaves
- Paint brushes or small paint rollers
- Paint in pots or small trays
- Piece of plain fabric such as calico
- A long, straight stick
- Piece of wool or string
- Three pegs

Place leaves vein side up on a piece of newspaper.

Paint the surface of the leaf with a brush or small roller and when the leaf is covered turn it over and place carefully onto the fabric.

Press down gently then peel away the leaf to reveal the leaf print.

Repeat the process with different leaves and different colours of paint.

Place prints in different arrangements to create creatures such as a butterfly or dragonfly with leaf wings. Allow the fabric to dry.

Place the stick across the top of the fabric. Fold the top of the fabric over the stick and use pegs to hold. It is best if the stick slightly overhangs each end to hold on to.

Attach a piece of wool or ribbon to each end so you can hang up your picture!

## Episode 3



### PRESENTERS

Teo Gebert & Rachael Coopes

### PIANIST

Peter Dasent

### STORY

#### Red Sledge

Author: Lita Judge

Publisher: Anderson Press

### FILM

#### Wool Play

(Play School, ABC)

### IDEAS FOR LATER

- Make a snowy world using an old white sheet and lots of pillows. Put some of your toys in a shoe box or ice cream container as a sledge. Take them for a ride through the snowy hills.
- Use an old rubber glove to make a glove puppet family. Draw a face on the end of each glove finger and make your puppet family sing and dance.
- Make a chilly, icy drink by blending some fruit, such as apple, peach, mango or pear, with some ice to make it cool and crunchy.

### SONGS

#### **Round and Round**

Composer: Kylie Montague

Publisher: Control

#### **Round and Round We Go**

Composer: Colin Buchanan

Publisher: Rondor

#### **All the Colours of the Rainbow**

Composer: Colin Buchanan & Keith Robert

Publisher: Rondor

#### **Come On And...**

Composer: Louie Suthers

Publisher: Control

#### **Softly, Softly Falling**

Composer: G. Moore & Max Lambert

Publisher: Puffin Music

#### **Chubby Little Snowman**

Composer: Traditional

Publisher: ABC Music Publishing

#### **Down to the Bottom**

Composer: Chris Harriott & Simon Hopkinson

Publisher: ABC Music Publishing



## MAKE AND DO



### How to Make Woolly Rainbow Tubes

You will need:

- Cardboard cylinders
- Balls of different coloured wool

Wind the different coloured wool around and around the cardboard cylinder.

Create different coloured patterns with the wool.

Use your woolly rainbow tubes as trees in a sandpit or as colourful decorations.



### How to Make Sock People

You will need:

- Some pairs of old socks
- Small round coloured stickers for eyes
- Hair ties

Put one sock inside another to create a body.

Add another sock and use a hair tie to make it into a hat.

Add some stickers as eyes.

Play some games with your sock people friends!

## Episode 4



### PRESENTERS

Emma Palmer & Teo Gebert

### PIANIST

Peter Dasent

### STORY

#### **Chooky-doodle-doo**

Author/Illustrator: Jan Whiten & Sinead Hanley  
 Publisher: Walker Books

### FILM

#### **Musical Instruments**

(Play School, ABC)

### IDEAS FOR LATER

- Place a string across an ice block tray so that the string goes into every space. Fill the tray with water and place in freezer. When frozen you will have a string of iceblock beads. Perfect for a hot day!
- Go for a garden or neighbourhood walk with a parent or carer and look for some stones. Place the stones in a plastic bottle to make a shaker or place them on the ground to make a row or pattern.
- See if you can make an inside wall from lots of pillows. Perhaps you can take one of your toys for a walk along the top of the wall. The toy will need to do some careful balancing.

### SONGS

#### **We Can Play On The Big Brass Drum**

Composer: Traditional  
 Publisher: ABC Music Publishing

#### **My Body Makes Music (Mi Cuerpo)**

Composer: Traditional  
 Publisher: ABC Music Publishing

#### **Everybody Work Together**

Composer: Kylie Montague  
 Publisher: Control

#### **I'm Going Places In My New Shoelaces**

Composer: Adrian Bell  
 Publisher: Control

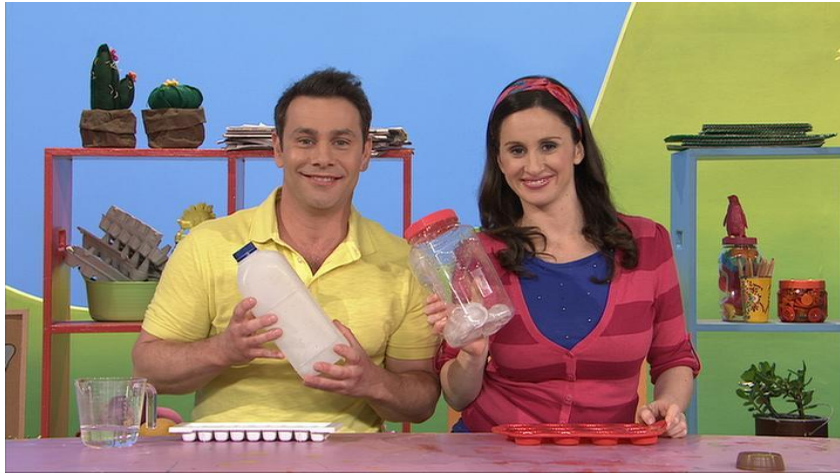
#### **Rain Is Falling**

Composer: Jay Laga'aia  
 Publisher: ABC Music Publishing





## MAKE AND DO



### How to Make Ice Shaky Percussion Instruments

You will need:

- Ice block trays
- Plastic funnel
- Jug
- Trays
- Large plastic bottle with lid
- Large plastic jar with lid

Fill the jug with water and pour into the ice block trays.

Place ice block trays in freezer and allow time to freeze.

When the water has frozen into ice blocks tip the ice blocks carefully out into a tray.

Place a funnel into the top of the plastic bottle and pour in small ice cubes.

Place large ice cubes onto a plastic jar and secure the lid tightly.

Shake your icy shakers; listen to the different sounds they make. Shake with a friend to form an ice shaky percussion band!

## Episode 5



### PRESENTERS

Luke Carroll & Leah Vandenberg

### PIANIST

Peter Dasent

### TOLD STORY

***The Big Outdoor Adventure of Spike and Franz***  
(A story told by the Play School team)

### FILM

***Clay Play***  
(Play School, ABC)

### IDEAS FOR LATER

- Go for a walk in the bush or park and look for seed pods, gumnuts, leaves and stones of all different sizes to make a whole family of bush people.
- Use sheets and pegs to create an inside or outside cubby. Have a picnic or pretend sleep over in your cubby with your friends or toys.
- Create a pinwheel sandwich. Place filling on bread and then roll bread into a cylinder. Cut the bread cross ways to make a pinwheel.

### SONGS

#### ***Roly Poly***

Composer: Angela Moore

Publisher: Control/Origin/ABC Music Publishing

#### ***Round and Round the Garden***

Composer: Traditional

Publisher: ABC Music Publishing

#### ***Move Over and Make Room***

Composer: Traditional

Publisher: ABC Music Publishing

#### ***Here's a House***

Composer: John Fox & Warren Carr

Publisher: ABC Music Publishing

#### ***A Little Bit of This***

Composer: Gordon Sneddon

Publisher: Control

#### ***Let's Go Walking***

Composer: Satis Coleman & Alice Thorn

Publisher: The Willis Music Co. (c/o Campbell Connelly)



## MAKE AND DO



### How to Make Clay Prints and Faces

You will need:

- Piece of clay
- Water
- Gumnuts
- Pinecones
- Sticks

Work clay in hands until softened. Use water to moisten if clay is very hard.

Flatten clay with palms of hands.

Press found objects in to create a print or textured pattern.

Make different shapes with the clay. Roll a piece of clay and roll around and around to create a ball.

Roll hands back and forward to create a long cylinder for a mouth or moustache.

Use combinations of balls, cylinders and natural materials to create small people and animals.

The shapes can be arranged to make a face, a pattern or whatever your imagination suggests!



### How to Make Pine Cone People

You will need:

- Piece of clay
- Water
- Pinecones
- Small flowers
- Small containers (to fit pine cones)

Work clay in hands until softened.

Use water to moisten if clay is very hard, mould with hands into feet shapes.

Attach clay feet to pine cones.

Place small flowers into pine cone to form eyes.

Take your pine cone people on adventures! Afterwards, they can return home to their container houses.