

Theme Notes

Series 329: Tracks and Trails

Tracks and Trails



In this series of Play School, we investigate all sorts of tracks and trails. Tracks and trails often take us out and about into the open air and natural spaces. There are also tracks and trails in towns and cities to help us find what we need. Tracks and trails can guide us on our way or they can be the traces we leave behind. Following the tracks and trails on maps and in parks can take us on interesting adventures and help us find our way home. Helping children to see and understand the signs and symbols in the environment will help with reading and writing. Come and share in out and about fun with tracks and trails on Play School.

Theme Notes

Series 329: Tracks and Trails

Episode 1



PRESENTERS

Michelle Lim Davidson & Matt Backer

PIANIST

Peter Dasent

TOLD STORY

Taking Scrap Home to Grandpa's

A story told by the Play School Team

FILM

Kangaroo

(Play School, ABC)

IDEAS FOR LATER

- Take a walk in your neighbourhood to your local park. Look for the signs that help you find your way.
- Make a town out of blocks. Take a walk outside to find some things to add to make a beautiful park. Can you find some stepping stones or perhaps some leafy twigs for shady trees?
- Leave a peg trail in the garden and see if a friend can find you.

SONGS

Everybody Do This

Composer: Traditional

Publisher: ABC Music Publishing

Footnotes

Composer: Peter Charlton & Bill Le Sage

Publisher: ABC Music Publishing & EMI Music

Roly Poly

Composer: Angela Moore and Peter Dasent

Publisher: Control / Origin

Let's Go Walking

Composer: Satis Coleman & Alice Thorn

Publisher: The Willis Music Co (C/o Campbell Connelly)

Little By Little

Composer: Peter Mapleson & Robyn Mapleson

Publisher: Unpublished (APRA Registered)

The Bear Went Over the Mountain

Composer: Traditional

Publisher: ABC Music Publishing



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MAKE AND DO



How to Make a Footprint Flower

You will need:

- Plastic plates
- Tac
- Two colours of paint
- Large circle cut out of heavy cardboard
- Lazy susan
- Low stool to sit on

Instructions

Take all the bits and pieces you will need outside for this messy painting fun. Pour the paint onto the plates. Place tac on the back of the cardboard circle and secure it to the lazy susan. Place the lazy susan and the paint on the ground. Sit on the low stool and place a foot into one plate of paint and the other foot into the other plate of colour. Slowly spin the lazy susan as you print on to the cardboard. Your painty feet will make a colourful flower print on the spinning cardboard.



How to Make Apricot Balls

You will need:

- Dried apricots
- Desiccated coconut
- Bowl
- Plate

Instructions

Chop the dried apricots finely and place in a bowl. Pour coconut into a flat plate. Take a small handful of dried apricot mix and roll into a ball. Roll the ball in the coconut to coat all over. Enjoy these sticky fruity treats.

Episode 2



PRESENTERS

Leah Vandenberg & Matt Backer

PIANIST

Peter Dasant

TOLD STORY

The Bushwalk

A story told by the Play School Team

FILM

Treasure Hunt

(Play School, ABC)

IDEAS FOR LATER

- Go for a walk in the park or some bush to see what treasure you can find on the ground to make your own bush world. Can you find some seedpods, some stones, some bark or small sticks and leaves? Place your objects in a dilly bag to use in a sand tray bush world when you get home.
- What sounds can you hear at your place? Can you hear bird calls first thing in the morning or frogs croaking in the evening? Or do you hear the sounds of cars and buses or motor bikes?
- Make a bush hut from a large cardboard box or a tent from an old sheet. Invite some toy friends for a sleep over. You could have a pretend sausage sizzle and then snuggle down together under a blanket. Perhaps you can make a kookaburra call when it is time to wake up after your sleep.

SONGS

Wombat Wobble

Composer: Val Donlan

Publisher: ABC Music Publishing /
Mushroom Music

Skip to My Lou

Composer: Traditional

Publisher: ABC Music Publishing

Der Glumph

Composer: Traditional

Publisher: ABC Music Publishing

Caribbean Song

Composer: Angela Moore and Peter Dasant

Publisher: Control / Origin

Like a Leaf or Feather

Composer: Traditional

Publisher: ABC Music Publishing

Peek-A-Boo

Composer: Traditional

Publisher: ABC Music Publishing

Ram Sam Sam

Composer: Moroccan Folk Song

Publisher: Holmes McDoughall
(Australia: Dominie Publishing)

MAKE AND DO



How to Make a Garden Painting

You will need:

- Gumnuts
- Fern fronds
- Feathers
- Three colours of paint
- Plastic containers
- Large piece of paper

Instructions

- Dip each object in paint and use it to paint and print.
- You could stamp with the gumnuts, flick the fern frond and swish the feather.
- See the different tracks and trails you have created.

Episode 3



PRESENTERS

Michelle Lim Davidson & Teo Gebert

PIANIST

Peter Dasent

TOLD STORY

Here Comes the Rain

A story told by the Play School Team

FILM

Insect Trails

(Play School, ABC)

IDEAS FOR LATER

- Buy some honey at the supermarket so you can make honey on toast for a snack. You could look up some honey recipes in a recipe book or on the Internet. You might like to try honey carrots. Think about the bees that helped to make the sticky runny honey that tastes so sweet. Yum!
- Have a dig in the garden and see if you can find a worm or two. You might also see a snail in a shady and damp part of the garden. Can you find a silvery trail?

SONGS

Wet Washing

Composer: Liz Olsen

Publisher: ABC Music Publishing

Here is the Beehive

Composer: M Miller / Paula L Zajan

Publisher: Unpublished

(APRA / AMCOS Registered)

Wiggerly Woo

Composer: Traditional

Publisher: ABC Music Publishing

Mrs Snail

Composer: Traditional

Publisher: ABC Music Publishing

Making a Hat

Composer: Sophie Emtage and Peter Dasent

Publisher: Control / Origin / ABC Music

Publishing

The Ants Went Marching

Composer: Traditional

Publisher: ABC Music Publishing

The Grand Old Duke of York

Composer: Traditional

Publisher: ABC Music Publishing

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MAKE AND DO



How to Make a Drippy Droppy Painting

You will need:
Large paint droppers (from craft suppliers)
Water paint in jars or plastic cups
Two large pieces of paper
Pegs
Clothes line

Instructions:
Peg a large piece of paper to the clothes line. Dip the paint dropper into a colour and drip onto paper. Watch the trails of paint run down the paper. Try some different colours. Place another large piece of paper on the ground and try dripping again. Ask a friend to help you lift the paper and watch the drippy, droppy paint turn into tracks and trails on the paper.



How to Make an Ant

You will need:
Egg carton
Three dark coloured pipe cleaners
Two bendy straws
Small round stickers
Miniature pegs

Instructions:
Use a piece of egg carton with three cups. Make the legs for your ant by pushing one pipe cleaner through each segment. This will create six legs altogether. Cut the straws to make two short bendy antennae. Push into the top of the egg carton to create the ant's twitchy antennae. Add two round stickers for eyes and a miniature peg for a mouth. Your ant is done!

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Episode 4



PRESENTERS

Karen Pang & Leah Vandenberg

PIANIST

Peter Dasent

BOOK STORY

All My Little Ducklings

By Monica Wellington

Dutton Children's Books, an imprint of Penguin Young Readers Group, a division of Penguin Random House LLC, 1989

FILM

Beach Walk

(Play School, ABC)

IDEAS FOR LATER

- Find an old broom or rake handle and go for a trot and gallop on your pretend horse.
- Ask for a boiled egg for breakfast. When it's cool you could draw on a smiley face. Enjoy your boiled egg with some toast fingers.
- See if you can find an empty egg carton. The egg carton can be a special place for tiny treasures like gumnuts and small stones or a special place to help to sort buttons or coins.

SONGS

Tennessee Wig Walk

Composer: N Gimbel and L Coleman

Publisher: J Albert & Son

Two Little Dicky Birds

Composer: Traditional

Publisher: ABC Music Publishing

Cuddle Up

Composer: Sophie Emtage and Peter Dasent

Publisher: Control / Origin

The Animals Wake Up

Composer: Satis Coleman and Alice Thorn

Publisher: ABC Music Publishing

Old McDonald Had a Farm

Composer: Traditional

Publisher: ABC Music Publishing

Trot Trot Trot

Composer: Traditional

Publisher: ABC Music Publishing

Let's Go Walking

Composer: Satis Coleman and Alice Thorn

Publisher: The Willis Music Co.

(C/o Campbell Connelly)

Friends All Together

Composer: Sophie Emtage and Peter Dasent

Publisher: Control / Origin / ABC Music Publishing



MAKE AND DO



How to Make a Duck

You will need:

- Heavy reddish brown paper
- Yellow and orange pencil or texta
- Scissors
- Small oval plate
- Black, orange and yellow textas or pencils

Instructions

Fold the paper in half. Place the bowl two thirds over the paper and trace around. Cut along the line to create the shape for your duck. Draw on some black eyes, a big orange bill and then some yellow wings. Place on the table and tap your duck to see it waddle from side to side.

How to Make a Hen

You will need:

- Heavy black paper
- White pencil or texta
- Scissors
- Small round plate
- Blue texta

Instructions

Create a circle shape by tracing around the small plate using the white pencil or texta. Add a small triangle to create a beak. Fold the paper in half and cut around the line to create the hen's body. Use the texta to draw some eyes and feathers. Use the blue texta to add the special little blue feather. Place the hen on the table and tap gently to watch her peck.

Theme Notes

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Episode 5



PRESENTERS

Matt Backer & Zindzi Okenyo

PIANIST

Peter Dasent

BOOK STORY

Hairy McClary's Bone
By Lynley Dodd
Keystone Picture Books,
1984

FILM

Under The Table
(*Play School*, ABC)

IDEAS FOR LATER

- Do you have a tree that is safe to climb? Ask for some help to climb the tree. What you can see from up in the tree?
- Go for a jog, a walk and a jump. What do you like best? Can you jump in a different way?
- Make your own box sculpture out of boxes and other bits and pieces from your recycling container.

SONGS

May I Come Over to Your House

Composer: Henrietta Clark
Publisher: ABC Music Publishing

Would You Like a Cup of Tea

Composer: Arthur Baysing and Peter Dasent
Publisher: Origin

Walk and Stop

Composer: Traditional
Publisher: ABC Music Publishing

The Wheels on the Bus

Composer: Traditional
Publisher: ABC Music Publishing

Walking in the City

Composer: Ann North and Martin Wesley-Smith
Publisher: Unpublished (APRA / AMCOS Member)

Happy Dog

Composer: Jane Lindsay and Peter Dasent
Publisher: Origin

Here We Go Looby Loo

Composer: Traditional
Publisher: ABC Music Publishing

You Can Stamp Your Feet

Composer: Judy Whitfield and Paul Reade
Publisher: Essex Music

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MAKE AND DO



How to Make Traffic Signs

You will need:

- Egg carton cups
- Sticky notes
- Black, red, orange and green textas
- Pop sticks
- Tape

Instructions:

To make a stop sign draw a red hexagon and write S-T-O-P in red on two sticky notes. Have a go yourself or ask for some help if this is tricky. Place a pop stick between the two sticky notes and press together. Make a set of traffic lights by drawing a red, orange and green circle on a sticky note. Attach your stick note to a pop stick using masking tape. Draw some picture signs on some other sticky notes. Attach to the pop stick using tape. Push the pop stick into an egg carton cup so your sign will stand up by itself. Now you have some signs to add to a block city.



How to Make a Garden Painting

You will need:

- Brown, green and yellow paint
- Plastic plates
- Stick or paint brush
- Large sponge
- Old potato masher
- Large piece of paper
- Tape or pegs

Instructions:

Attach a large piece of paper to a wall outside or peg to the clothes line. Pour paint on to your plates. Dip the big sponge into the brown paint and use it to print some large splodges on the paper for a stone wall or a pebbly path. Use a stick or paint brush and the green paint to add some flower stems growing in the garden and perhaps some creepers climbing up the wall. Use the potato masher dipped in bright yellow paint to make some cheerful sunflowers for the garden painting.