

## Shake, Rattle and Roll



Young children are very responsive to sound and movement, particularly in the form of rhythm and music. They love to move their hands and feet and whole bodies in response to variations in pitch, tempo and rhythm. In this series of *Play School* we invite children to explore, discover and respond to sound and music in their homes, the natural environment and when out and about. Every day, we make and explore all kinds of percussion with some of Australia's top percussionists performing some favourite pre-school songs. We are also joined in studio by two very special guests, Australian Aboriginal elder and artist, Walangari Karntawarra, and ARIA award winning singer/songwriter, Katie Noonan.

## Episode 1



### PRESENTERS

Michelle Lim Davidson – Jay Laga'aia

### PIANIST

Peter Dasent

### STORY

#### ***My Mum and Dad Make Me Laugh***

Written & illustrated by Nick Sharratt  
Walker Books Australia

### FILM

#### ***Riding Bikes***

(Play School, ABC)

### PERCUSSION PERFORMANCE

#### ***Twinkle, Twinkle Little Star***

(Claire Edwardes, Bree van Reyk  
& Evan Mannell for Play School, ABC)

### IDEAS FOR LATER

- Take a walk in your neighbourhood with a parent or guardian and see what patterns you can find.
- Make your own kitchen orchestra using unbreakable objects from the kitchen. For example, you could make a drum from a pot and two wooden spoons.
- See if you can see the stars in the night sky. Can you see the moon? If not, try again a few days later.

### SONGS

#### ***Singing in the Kitchen***

Composer: Shel Silverstein  
Publisher: Universal Music

#### ***Stir Up the Pudding***

Composer: Traditional  
Publisher: Origin/ABC Music Publishing

#### ***Twinkle, Twinkle Little Star***

Composer: Traditional  
Publisher: Origin/ABC Music Publishing

#### ***Put a Spot Over Here***

Composers: John Fox & Warren Carr  
Publisher: ABC Music Publishing

#### ***What Shall We Do?***

Composers: Peter Dasent & Mark Barnard  
Publisher: Origin/Control

#### ***If You Want to Know How***

Composers: Peter Dasent & Sophie Emtage  
Publisher: Origin/Control

#### ***Living in the Country***

Composer: Val Donlon  
Publisher: ABC Music Publishing c/o Mushroom Music



## MAKE AND DO



### How to Make Zucchini and Cheese Pies

You will need:

- Vegetable oil spray or butter to grease muffin tray
- 1 zucchini, grated
- 6 slices of wholemeal bread
- 1 cup grated cheddar cheese
- 2 eggs

Makes 6 pies.

Preheat oven to 180°C.

Grease a 6 cup muffin tray with vegetable oil spray or butter.

Squeeze the grated zucchini to remove excess liquid.

Use a wooden spoon to combine zucchini and cheese in a large bowl.

Crack both eggs into the zucchini and cheese mixture and stir to combine.

Remove the crusts from each slice of bread.

Place one slice of bread into each muffin cup. Use your hands to mould the bread slices into the muffin cups.

Spoon the mixture into the muffin cups.

Cook for 15-20 minutes or until golden brown. Cooking times may vary.



### How to Make Star and Stripe Pictures

You will need:

- 2 large pieces of black cardboard or paper
- A star stencil, which can be made by cutting star shapes from a piece of paper
- A stripe stencil, which can be made by cutting long, thin rectangles from a piece of paper
- White paint and other assorted colours

Place the star stencil on the black cardboard or paper.

Paint white paint over the surface of the stencil. Remove the stencil to reveal white stars.

Use the stencil to make lots of stars all over the black cardboard or paper - a starry night sky!

Repeat this process on a new piece of black cardboard or paper, using a stripe stencil and assorted paint colours.

## Episode 2



### PRESENTERS

Alex Papps – Zindzi Okenyo

### PIANIST

Peter Dasent

### TOLD STORY

#### **Jemima's Camping Trip**

(A story told by the Play School team)

### FILM

#### **Horse Riding**

(Play School, ABC)

### PERCUSSION PERFORMANCE

#### **Kookaburra Sits in the Old Gum Tree**

(Claire Edwardes, Bree van Reyk & Evan Mannell for Play School, ABC)

### IDEAS FOR LATER

- Place some clean, recycled containers in the bath. Tap and shake them to make different sounds for your own water orchestra!
- Do a wobbly dance in front of a mirror or with a friend.
- Use a broom for a hobby horse and go for a gallop around the house. Don't forget to give your horse a drink afterwards!

### SONGS

#### **Rain**

Composer: Jay Laga'aia

Publisher: ABC Music Publishing

#### **Wobbly Walk**

Composers: George Spartels & F. Burgo

#### **Singing a Cowboy Song**

Composers: Margaret Dennison & Margaret Fletcher

Publisher: EMI Allans Music Australia Pty. Ltd.

#### **Moon, Moon**

Composer: Lucy Sprague Mitchell

Traditional German folk tune

#### **Would You Like to Be a Tree?**

Composers: Peter Casey & Carissa Campbell

#### **Kookaburra Sits in the Old Gum Tree**

Composer: Marion Sinclair

Publisher: Larrikin Music

#### **Birdy, Birdy**

Composers: Rochelle Wright & Rob Shannon



## MAKE AND DO



### How to Make Your Own Sound Effects

You can use any objects you like, some ideas are:

- An empty, halved coconut shell
- A pair of rubber gloves
- Cellophane

Explore and discover the different sounds you can make with each object. For example, clap the two halves of an empty coconut shell together to mimic the sound of a horse walking, trotting and cantering; shake a pair of gloves to mimic the sound of a bird flapping its wings; and gently rustle a piece of cellophane to mimic the sound of a fire, crackling as it burns.

Use the different sound effects to tell a story.



### How to Make Bird Dress-ups

You will need:

- Brightly coloured towels, sheets or feather boas for wings
- Baseball caps and visors for beaks

Dress-up as different types of birds using wing and beak dress-ups. You might like to dress up as a parrot, a cockatoo or a magpie. Make different sounds for each bird.

## Episode 3



### PRESENTERS

Justine Clarke – Alex Papps

### SPECIAL GUEST

Walangari Karntawarra

### PIANIST

Peter Dasent

### STORY

**Kangaroos Hop**, Ros Moriarty (author), Balarinji (illustrator), Allen and Unwin, Crows Nest, 2012

### FILM

**Painting a Didgeridoo**  
(Play School, ABC)

### PERCUSSION PERFORMANCE

#### *Inanay*

(Claire Edwardes, Bree van Reyk & Evan Mannell for Play School, ABC)

### IDEAS FOR LATER

- Make a pattern in the sand using sticks and stones. Make a sound to represent your pattern.
- Make a didgeridoo from a cardboard cylinder.
- Create a bed for your toys using a shoe box and some tea towels. Sing a lullaby to help them fall asleep, or wake them up with a pretend alarm clock or the sound of a rooster singing "cock-a-doodle-do!"

### SONGS

#### ***How Are You Feeling Today?***

Composers: Peter Dasent & Sophie Emtage  
Publisher: Origin/Control

#### ***Rolling Waves***

Composer: Kylie Montague  
Publisher: Control

#### ***Five in the Bed***

Composer: Traditional  
Publisher: Origin/ABC Music Publishing

#### ***Inanay***

Composer: Traditional Aboriginal song  
Publisher: Origin/ABC Music Publishing

#### ***Morning Town Ride***

Composer: Malvina Reynolds  
Publisher: Associated Music Pty. Ltd.



## MAKE AND DO



### How to Make a Wave Drum

You will need:

- A clean, empty pizza box
- Masking tape
- A funnel
- 1 cup of pebbly sand

Tape the pizza box closed, securing all edges. Leave the pre-punched air hole uncovered.

Place the funnel into the hole.

Pour a cup of pebbly sand through the funnel and into the pizza box.

Seal the hole with masking tape.

Gently tilt the pizza box to create the sound of waves at the ocean.

## Episode 4



### PRESENTERS

Justine Clarke – Jay Laga'aia

### PIANIST

Peter Dasent

### TOLD STORY

#### **Humpty's Delivery Basket**

(A story told by the Play School team)

### FILM

#### **Flower Montage**

(Play School, ABC)

### PERCUSSION PERFORMANCE

#### **Dance of the Sugar Plum Fairy**

(Claire Edwardes, Bree van Reyk & Evan Mannell for Play School, ABC)

### IDEAS FOR LATER

- Take a walk in your neighbourhood with a parent or guardian and listen for different sounds. Can you hear birds, cars, or insects? Can you copy the sounds that you hear with your voice and body?
- Visit a pet shop. Is there a mouse, a goldfish or a bird?
- Dress up as a fairy and do a fairy dance.

### SONGS

#### **Miss Mary Mac**

Composer: Traditional

Publisher: Origin/ABC Music Publishing

#### **My Body Makes Music**

Composer: Traditional

Publisher: Origin/ABC Music Publishing

#### **Little by Little**

Composers: Peter & Robyn Mapleson

#### **I Got Rhythm**

Composers: G. Gershwin I. Gershwin

Publisher: WB Music Corp.

#### **Boom Ti-a-ra**

Composer: Traditional

Publisher: Origin/ABC Music Publishing

#### **A-Tisket, A-Tasket**

Composer: Traditional

Publisher: Origin/ABC Music Publishing

#### **Bikeling**

Composer: Jay Laga'aia

Publisher: ABC Music Publishing

#### **Round and Round**

Composer: Colin Buchanan

Publisher: Rondor

#### **Dance of the Sugar Plum Fairy**

Composer: Pyotr Ilich Tchaikovsky





## MAKE AND DO



### How to Make a Wind Chime

You will need:

- A small wooden ring or hoop
- Lengths of ribbon (approx 50cm long)
- Pegs
- Old metal cutlery, kitchen utensils or other small, metal household objects

Tie a length of ribbon to the end of each of your various metal objects.

Peg each object/ribbon to the wooden ring or hoop.

Attach additional lengths of ribbon to the hoop to hang it from a tree or veranda.

Listen as the wind blows the metal objects and makes them chime.



### How to Make a Garden Orchestra

You will need:

- An assortment of old buckets, tins, a watering can and plant pots
- A small spade or stick

Arrange your assorted garden containers to create a drum set.

Tap each container with a small spade or stick. Listen to the different sound each container makes. Play your garden container drum set, experimenting with the various sounds. You might like to tap the beat of your favourite song and sing along!

## Episode 5



### PRESENTERS

Zindzi Okenyo – Teo Gebert

### SPECIAL GUEST

Katie Noonan

### PIANIST

Peter Dasent

### STORY

#### **Boom Bah!**

Author: Phil Cummings

Illustrator: Nina Rycroft

Publisher: Working Title Press

### FILM

#### **Irish Dancing**

(Play School, ABC)

### PERCUSSION PERFORMANCE

#### **Marimba Dances No 1**

Composer: Ross Edwards

(Claire Edwardes for Play School, ABC)

### IDEAS FOR LATER

- Create a rainbow painting with all the colours from the rainbow song - red, yellow, pink, green, purple, orange and blue.
- Look for clouds in the sky. Are they white, or grey and black? Can you hear the wind? Or the sounds of a storm approaching?

### SONGS

#### **Mary Had a Little Lamb**

Composer: Traditional

Publisher: Origin/ABC Music Publishing

#### **We're Going Up**

Composer: Ron Gamack

Publisher: ABC Music Publishing

#### **Bassez Down**

Composer: Traditional

Publisher: Origin/ABC Music Publishing

#### **Dancing Pants**

Composers: Peter Dasent, Arthur Baysting & Justine Clarke

Publisher: Origin/Control

#### **Sing a Rainbow**

Composer: Arthur Hamilton

Publisher: Edward H. Morris

#### **Ain't Nobody Here But Us Chickens**

Composers: Joan Whitney & Alex Kramer

Publisher: Bourne Music

#### **I Hear Thunder**

Composer: Traditional

Publisher: Origin/ABC Music Publishing



## MAKE AND DO



### How to Make a Musical Picture

You will need:

- A large piece of cardboard
- Paints and brushes or large textas

Experiment with your voice, making different sounds using pitch, tempo and rhythm. For example, you could make a siren sound; sing a continuous note which goes up very high and then comes back down again; sing separate notes going up and down ("do, ray, mi, fa, so, la, ti"); and/or, sing a wobbly or vibrato note.

Paint different coloured lines and spots on a large piece of cardboard to represent the different sounds you are making.

Share your musical picture with someone else and see if they can sing the sounds in your picture.

### How to Make a Wobble board

You will need:

- A large rectangular piece of strong cardboard (you might like to use the musical picture described opposite)

Using two hands, hold one of the short sides of the cardboard.

Wobble the cardboard and listen to the thundery sound it makes.