

Program Guide

23 July - 1 August 2025

Wednesday, 23 July 2025

4:00am News Breakfast: Early

(CC)

As the day begins get the facts you need to stay informed. Bridget Brennan and James Glenday bring you the latest news, overnight developments and top stories, plus Catherine Murphy with sport and Emma Rebellato with weather.

7:00am ABC News Mornings

(CC)

Stay in the know with what's happening this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Gemma Veness.

10:00am ABC News At Noon

(CC)

The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.

10:30am Landline

(CC)

The competition for kill space at abattoirs; and using a sugar by-product to grow exotic mushrooms.

11:00am The Cook Up With Adam Liaw: Love At First Bite

(Repeat)

Do you believe in love at first bite? Grab a spoon and prepare to swoon as TikTok star Andy Hearnden and award-winning cookbook author Lara Lee join Adam to make food from the heart.

11:25am Four Corners: God Complex

For years, a star neurosurgeon operated inside our hospital system despite repeated allegations of sexist and inappropriate behaviour, and a string of legal claims by devastated patients. The hidden story of a toxic culture.

12:10pm Media Watch

(CC,PG)

A press picnic with the release of convicted criminal Salim Mehajer. China extends a warm welcome to Albanese, but not the journalists with him. Plus Sunrise's foot doctor with credentials that don't quite foot the bill.

12:30pm I Was Actually There: Woomera Detention Centre Breakout

(CC,Repeat,PG)

A demonstration against indefinite mandatory detention at Woomera detention centre attracted more than a thousand concerned citizens from all over the country. But the protest took an unexpected turn.

1:00pm Dream Gardens: Woodend, VIC

(CC,AD,Repeat,G)

A young family turns their back on city life for a home with a garden spacious enough to accommodate all their needs. But can they balance a myriad of ideas to delight both parents and children?

1:30pm Art Works

(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program may contain images and voices of people who have died)

We chat to artists using novel methods and materials: Safa El Samad, who uses embroidery to upcycle clothes; and Jordan Benson, who works with stained glass. We also meet comedian Gabbi Bolt and Bigambul poet Uncle Wes Marne.

2:00pm Afternoon Briefing

(CC)

After the first Question Time of the 48th Parliament, Patricia Karvelas brings you the latest in federal politics and national affairs live from Canberra, speaking with frontbenchers and newly-elected MPs on the day's issues.

3:00pm ABC News with Joe O'Brien

(CC)

Melissa Mackay brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.

4:00pm The Cook Up With Adam Liaw: Love At First Bite

(Repeat)

Do you believe in love at first bite? Grab a spoon and prepare to swoon as TikTok star Andy Hearnden and award-winning cookbook author Lara Lee join Adam to make food from the heart.

4:25pm This Place: Peter Salmon

(CC,Repeat,G)

Thiinma Country in Western Australia holds a great deal of family history for Peter Salmon. Now he takes care of the land. Peter talks about the history of Marduwan Station which is now known as Wanna.

4:30pm That Pacific Sports Show

(G)

Sam brings us the highlights from the 2025 Palau Pacific Mini Games, we visit the She Hoops basketball camp for young women, and PNG boxer John Ume joins us in the studio.

5:00pm ABC National News

(CC)

There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news with more reporters to tell you what's going on and why it matters. Presented by Melissa Mackay.

5:30pm 7.30

(CC)

Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.

6:00pm I Was Actually There: Woomera Detention Centre Breakout

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7:00pm The World

(CC)

There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.

7:55pm Four Corners: God Complex

(Repeat)

For years, a star neurosurgeon operated inside our hospital system despite repeated allegations of sexist and inappropriate behaviour, and a string of legal claims by devastated patients. The hidden story of a toxic culture.

8:40pm Media Watch

(CC,Repeat,PG)

A press picnic with the release of convicted criminal Salim Mehajer. China extends a warm welcome to Albanese, but not the journalists with him. Plus Sunrise's foot doctor with credentials that don't quite foot the bill.

9:00pm ABC Late News

(CC)

More news, more often. Wherever you are stay in touch with ABC News. We've got more reporters in more places, connecting communities and covering the stories and issues that matter to you. Presented by Michael Tetlow.

9:30pm Heywire: Abby from Coomealla, NSW

(CC,Repeat,G)

Heywire winner and cricket sensation Abby is developing the game for other up and coming girls living in rural and regional Australia.

9:35pm If You're Listening: Why France never trusted Trump

(CC, Repeat)

France has long been sceptical of how much America can be trusted. Now they may be the only safe refuge for countries looking for new security guarantees. So how did they see this about-face coming and do they have capacity?

9:50pm Beyond Awesome: Laos' Game Changer

(Repeat,G)

With rising cost of living pressures seeing more young people seek work, Loa Rugby CEO and star player, Viengsamai Souksavanh, is using this Rugby season to teach youth how to stay safe.

10:00pm ABC Late News

(CC)

Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.

10:15pm The Business

(CC)

Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.

10:30pm 7.30

(CC, Repeat)

Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.

11:00pm The World

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Thursday, 24 July 2025

0:00am ABC Late News

(CC, Repeat)

Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.

0:15am The Business

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Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.

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(Repeat)

For years, a star neurosurgeon operated inside our hospital system despite repeated allegations of sexist and inappropriate behaviour, and a string of legal claims by devastated patients. The hidden story of a toxic culture.

2:15am Media Watch

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A press picnic with the release of convicted criminal Salim Mehajer. China extends a warm welcome to Albanese, but not the journalists with him. Plus Sunrise's foot doctor with credentials that don't quite foot the bill.

2:30am Landline

(CC, Repeat)

The competition for kill space at abattoirs; and using a sugar by-product to grow exotic mushrooms.

3:00am The World

(CC, Repeat)

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4:00am News Breakfast: Early

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As the day begins get the facts you need to stay informed. Bridget Brennan and James Glenday bring you the latest news, overnight developments and top stories, plus Catherine Murphy with sport and Emma Rebellato with weather.

7:00am ABC News Mornings

(CC)

Stay in the know with what's going on this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Lorna Dunkley.

10:00am ABC News At Noon

(CC)

The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.

11:00am The Cook Up With Adam Liaw: Ferment To Be

(Repeat)

In a pickle? Let Adam and guests, acclaimed chef Matt Stone and comedy superstar Nina Oyama, help you out with food that's ferment to be.

11:25am This Place: View From The Shore: Mungurru the Rock Python and Waalumbal Birri

(CC,Repeat,G)

Long before being named the Endeavour River by Captain Cook, that body of water was referred to as Waalumbal Birri. This is the story of that life-giving water, and the clan boundaries it defines.

11:30am Beyond Awesome: The Pacific

(Repeat, PG) Final

We visit Samoa, Papua New Guinea and Fiji to meet a tech trailblazer, as well as a mobility maestro, see how art can be used to heal, and we'll train with a table tennis champ.

12:00pm Extraordinary Animals

This episode delves into surprising behaviours of some of Australia's most unlikely romantics. With some incredible connections that enhance their species' survival, these animals go above and beyond in the name of 'love'.

12:25pm How Deadly: How Dangerous are Emus, Really?

(CC,Repeat,PG)

Emus are six-foot flightless birds, with razor sharp claws. Nature nerd Ann Jones explores how these birds evolved to be so big and intimidating? And are they aggressive to humans?

12:30pm Going Places with Ernie Dingo: Dampier Peninsula, Litchfield, Menindee

(Repeat)

Ernie learns to catch crab the Kimberley way up in Dampier Peninsula, Aaron takes to the skies of Litchfield National Park and Bianca spends time on Country with a Barkindji artist.

1:20pm Beyond Awesome: The Solomon Islands' SeaSistas

(Repeat,G)

We join one of the first women to qualify as a surf instructor in the Solomon Islands as Nagarita and her team use their passion for surfing to empower girls by challenging stereotypes about men and women.

1:30pm Landline

(CC,Repeat)

The competition for kill space at abattoirs; and using a sugar by-product to grow exotic mushrooms.

2:00pm Afternoon Briefing

(CC)

In the first sitting week of the 48th Parliament, Patricia Karvelas brings you the latest in federal politics and national affairs live from Canberra, speaking with key frontbenchers and newly-elected MPs on the day's issues.

3:00pm ABC News with Joe O'Brien

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Melissa Mackay brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.

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(Repeat)

In a pickle? Let Adam and guests, acclaimed chef Matt Stone and comedy superstar Nina Oyama, help you out with food that's ferment to be.

4:25pm This Place: Baga Mountain

(CC,Repeat,G)

After years of fighting, two mountains in Central Queensland have been given back their traditional names. Aunty Sally, and Nhayla Nicky share why the Darumbal Community fought so hard for this change.

4:30pm Extraordinary Animals

(Repeat)

This episode delves into surprising behaviours of some of Australia's most unlikely romantics. With some incredible connections that enhance their species' survival, these animals go above and beyond in the name of 'love'.

4:50pm Roads Unknown India

(Repeat)

Jess and the team arrive in Mumbai, soaking in the city's vibrant culture. Split up along the way, they reunite in Jaisalmer where they experience quintessential Rajasthan riding across the iconic dunes of the Thar Desert.

5:15pm AFL Premiership Season: Round 20 - Hawthorn v Carlton

ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.

8:15pm The World

(CC)

There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.

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9:35pm How Deadly: How Dangerous are Emus, Really?

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Emus are six-foot flightless birds, with razor sharp claws. Nature nerd Ann Jones explores how these birds evolved to be so big and intimidating? And are they aggressive to humans?

9:45pm Beyond Awesome: The Pacific

(Repeat, PG) Final

We visit Samoa, Papua New Guinea and Fiji to meet a tech trailblazer, as well as a mobility maestro, see how art can be used to heal, and we'll train with a table tennis champ.

10:15pm ABC Late News

(CC)

Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Michael Tetlow.

10:30pm 7.30

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Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.

11:00pm The World

(CC,Repeat)

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Friday, 25 July 2025

0:00am ABC Late News

(CC,Repeat)

Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Michael Tetlow.

0:15am The Business

(CC)

Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, investors, employees and businesses big and small. Presented by Alicia Barry.

0:30am Going Places with Ernie Dingo: Dampier Peninsula, Litchfield, Menindee

(Repeat)

Ernie learns to catch crab the Kimberley way up in Dampier Peninsula, Aaron takes to the skies of Litchfield National Park and Bianca spends time on Country with a Barkindji artist.

1:20am Way Out Ag: Jujube We Do!

(CC,Repeat)

Jujubes have been grown in Asia for thousands of years but are relatively new to Australia. Some inventive farmers in South Australia's Riverland are now even turning it into vinegar and beer, as Landline reported in 2020.

1:30am Extraordinary Animals

(Repeat)

This episode delves into surprising behaviours of some of Australia's most unlikely romantics. With some incredible connections that enhance their species' survival, these animals go above and beyond in the name of 'love'.

1:55am How Deadly: How Dangerous are Emus, Really?

(CC,Repeat,PG)

Emus are six-foot flightless birds, with razor sharp claws. Nature nerd Ann Jones explores how these birds evolved to be so big and intimidating? And are they aggressive to humans?

2:00am Beyond Awesome: The Pacific

(Repeat, PG) Final

We visit Samoa, Papua New Guinea and Fiji to meet a tech trailblazer, as well as a mobility maestro, see how art can be used to heal, and we'll train with a table tennis champ.

2:30am The Cook Up With Adam Liaw: Ferment To Be

(Repeat)

In a pickle? Let Adam and guests, acclaimed chef Matt Stone and comedy superstar Nina Oyama, help you out with food that's ferment to be.

3:00am The World

(CC, Repeat)

There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.

4:00am News Breakfast: Early

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As the day begins get the facts you need to stay informed. James Glenday and Emma Rebellato bring you the latest news, overnight developments and top stories, joined by Catherine Murphy with sport.

7:00am ABC News Mornings

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10:00am ABC News At Noon

(CC)

The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.

11:00am Gardening Australia: A Passion for Plants: Aussie Plant People

(CC,AD,G)

Costa visits garden designer Michael Cooke, Millie meets a wildflower grower, Jerry hops on the Kuranda Scenic Rail, Jane explores a succulent wonderland, and we meet passionate collectors of irises, bromeliads, and cacti.

12:00pm Great Australian Walks

(Repeat)

It's a mecca for surfies, hippies and influencers, and Julia Zemiro is in Byron Bay to discover why this sun-kissed spot is such a magnet.

12:45pm Landline: India: Wool: Looming Future

(Repeat)

A trade deal opens up new partnerships, cotton and wool grown in Australia, made in India and exported to the world and; supplying a demand for almonds, avocadoes and wine to a new generation with a taste for new food.

1:00pm Back Roads: North East Tasmania

(CC,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)

Heather Ewart is almost blown away by the "Roaring Forties" winds when she visits the North East of Tasmania - an area rich in history, culture and crayfish.

1:30pm That Pacific Sports Show

(Repeat,G)

Sam brings us the highlights from the 2025 Palau Pacific Mini Games, we visit the She Hoops basketball camp for young women, and PNG boxer John Ume joins us in the studio.

2:00pm Afternoon Briefing

(CC)

Your daily download of everything you need to know about politics, national and global affairs. Patricia Karvelas asks politicians the tough questions and talks to key players and experts on the issues driving the news cycle.

3:00pm ABC News with Joe O'Brien

(CC)

Melissa Mackay brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.

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5:30pm AFL Premiership Season: Round 20 - GWS Giants v Sydney Swans

ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.

8:30pm The World This Week

(CC)

Girish Sawlani brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.

9:00pm Planet America: Weekend Edition

(CC)

The Epstein fallout continues, despite Trump's efforts to try and distract his supporters with other 'scandals' and stories. Plus the economic ramifications if Trump tries to fire Federal Reserve chair Jerome Powell.

9:45pm Close Of Business

(CC)

Alicia Barry presents a weekly roundup of business, finance and economic news including the latest trends on Australian and overseas markets, analysing what's going on in the local and global economy and how it affects you.

10:15pm ABC Late News

(CC)

Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.

10:30pm Asia News Week

(CC)

Yvonne Yong brings you a weekly roundup of the stories making news across the Asia region, plus what's trending on social media and making an impact on the culture and the way people live.

11:00pm Dr Ann's Secret Lives: Bull Sharks

(CC,AD,Repeat,G)

In northern Queensland, nature nerd Dr Ann Jones comes face to face with one of Australia's mightiest predators, the bull shark, and discovers there's much more to them than meets the eye.

11:30pm Gardening Australia: A Passion for Plants: Aussie Plant People

(CC,AD,Repeat,G)

Costa visits garden designer Michael Cooke, Millie meets a wildflower grower, Jerry hops on the Kuranda Scenic Rail, Jane explores a succulent wonderland, and we meet passionate collectors of irises, bromeliads, and cacti.

Saturday, 26 July 2025

0:30am Great Australian Walks

(Repeat)

It's a mecca for surfies, hippies and influencers, and Julia Zemiro is in Byron Bay to discover why this sun-kissed spot is such a magnet.

1:15am Back Roads: North East Tasmania

(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)

Heather Ewart is almost blown away by the "Roaring Forties" winds when she visits the North East of Tasmania - an area rich in history, culture and crayfish.

1:45am Planet America: Weekend Edition

(CC, Repeat)

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2:30am Asia News Week

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3:30am Close Of Business

(CC,Repeat)

Alicia Barry presents a weekly roundup of business, finance and economic news including the latest trends on Australian and overseas markets, analysing what's going on in the local and global economy and how it affects you.

4:00am Alone Australia

(Repeat)

A triumphant catch starves of the hunger of one survivalist, but as the adrenaline of the adventure fades, can the others pivot their strategies to bring in food?

5:00am Weekend Breakfast: Early

(CC)

Start your weekend informed and up-to-date. Fauziah Ibrahim and Thomas Oriti bring you the latest news, interviews, politics, culture, weather and global affairs. Plus sport with Jared Coote.

6:00am Weekend Breakfast

(CC)

Start your weekend informed and up-to-date. Johanna Nicholson and Fauziah Ibrahim bring you the latest news, interviews, politics, culture, weather and global affairs. Plus sport with Jared Coote.

9:00am ABC News

(CC)

Alex Thomas presents the latest from ABC News on the weekend bringing you today's top stories and coverage of events as they unfold. Plus original reporting, analysis and up to date news, sport, weather and information.

9:30am Aussie Mavericks: Hard Luck

(CC,Repeat,PG,Adult Themes)

On Darwin's outskirts a small community of Cambodian farmers produce food for local market stalls. Many fled the murderous Khmer Rouge regime. Meet the mango grower whose personal history is extraordinary and humbling.

9:40am Khanh Ong's Wild Food

(Repeat)

Chef Khanh Ong takes a ride on the Spirit of Tasmania to explore Northern Tasmania and tries hunting of a different kind, harvesting a local crop and gets an insight into cooking with a protein only available in Tasmania.

10:30am Roads Unknown India

Jess explores the ancient towns and iconic landmarks of Rajasthan. The crew continues to Jaipur, uncovering more cultural treasures and reunites with Pulak for the final stretch to Delhi.

11:00am AFL Premiership Season: Round 20 - Golds Coast Suns v Brisbane Lions

ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.

2:00pm AFL Premiership Season: Round 20 - Fremantle v West Coast Eagles

ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.

5:00pm ABC News

(CC)

News from where we live. ABC News Victoria brings you the day's top stories, exclusive investigations and original reporting on the issues that matter to you. Presented by Tamara Oudyn (Sun-Thu) and Iskhandar Razak (Fri-Sat).

5:30pm AFL Premiership Season: Round 20 - North Melbourne v Geelong Cats

ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.

8:20pm Beyond Awesome: Tuvalu's Land Makers - Alan

(Repeat,G)

With sea levels on the rise because of climate change, Alan Resture is on a mission to help protect his homeland and that involves making land, literally! We see how it's done.

8:30pm Roads Unknown India

(Repeat)Final

Jess explores the ancient towns and iconic landmarks of Rajasthan. The crew continues to Jaipur, uncovering more cultural treasures and reunites with Pulak for the final stretch to Delhi.

9:00pm Going Places with Ernie Dingo: Kununurra, Derwent River, Innisfail

(Repeat)

Ernie hits the dirt roads and river crossings of Kununurra, Rae catches up with a young Tasmanian marine scientist and Aaron gets a lesson on the skill of etching with a talented artist..

9:50pm Asia News Week

(CC,Repeat)

Yvonne Yong brings you a weekly roundup of the stories making news across the Asia region, plus what's trending on social media and making an impact on the culture and the way people live.

10:20pm Planet America: Weekend Edition

(CC, Repeat)

The Epstein fallout continues, despite Trump's efforts to try and distract his supporters with other 'scandals' and stories. Plus the economic ramifications if Trump tries to fire Federal Reserve chair Jerome Powell.

11:05pm The World This Week

(CC,Repeat)

Girish Sawlani brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.

11:35pm Khanh Ong's Wild Food

(Repeat)

Chef Khanh Ong takes a ride on the Spirit of Tasmania to explore Northern Tasmania and tries hunting of a different kind, harvesting a local crop and gets an insight into cooking with a protein only available in Tasmania.

Sunday, 27 July 2025

0:25am Roads Unknown India

(Repeat)

Jess explores the ancient towns and iconic landmarks of Rajasthan. The crew continues to Jaipur, uncovering more cultural treasures and reunites with Pulak for the final stretch to Delhi.

0:50am Larapinta

(Repeat)

Talia nears the end of her journey at Kati Thanda (Lake Eyre), and reflects on what she has learnt. Above all, Talia questions what role she has in creating a better future for the Larapinta River for all Australians. (Final)

1:20am Parkinson In Australia: 1980: Johnny Farnham, Bishop Howell Witt, Dennis Lillee

(CC,Repeat,PG,The following program expresses attitudes that are not consistent with current standards and may offend some viewers.)

Come on a journey back to 1980 when Michael Parkinson interviews guests Johnny Farnham, Bishop Howell Witt and Dennis Lillee.

2:25am National Press Club Address: Professor Henry Brodaty - Researcher, Clinician and Policy Advisor

(CC)

Professor Henry Brodaty, Researcher, Clinician and Policy Advisor, addresses the National Press Club on the topic "Australians need the 'slip, slop, slap' of brain health".

3:30am The World This Week

(CC, Repeat)

Girish Sawlani brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.

4:00am Black Snow: Predators

(Repeat)

After the discovery of Isabel's hair those involved with the time capsule project in 1994 are at the forefront of Cormack's investigation.

4:55am Beyond Awesome: Vietnam's Soil Saviours

(Repeat,G)

With climate change pushing rice farmers to the brink in Vietnam's Mekong Delta, we meet two soil scientists who are using an innovative technology to help farmers adapt.

5:00am Weekend Breakfast: Early

(CC)

Ease into your Sunday as Fauziah Ibrahim and Thomas Oriti present an engaging mix of the latest news, updated information, analysis, interviews, politics, global affairs, culture and weather. Plus sport with Jared Coote.

6:00am Weekend Breakfast

(CC)

Ease into your Sunday with an engaging mix of news, updated information, analysis, interviews, politics and weather. Presented by Johanna Nicholson and Fauziah Ibrahim, plus sport with Jared Coote.

7:00am Insiders

(CC)

David Speers and the panel look back at the first sitting week of the new 48th Parliament with a reduction in student debt, childcare reform, and penalty rates first up on the Albanese government's second-term agenda.

8:00am Offsiders

(CC)

Abbey Gelmi and the panel cover the week in sport including the 2nd Test between the Wallabies and the British and Irish Lions, plus World Swimming Championships, AFL, NRL, Super Netball and Australia v West Indies in T20s.

8:30am That Pacific Sports Show

(Repeat,G)

Sam brings us the highlights from the 2025 Palau Pacific Mini Games, we visit the She Hoops basketball camp for young women, and PNG boxer John Ume joins us in the studio.

9:00am ABC News

(CC)

Alex Thomas presents the latest from ABC News on the weekend bringing you today's top stories and coverage of events as they unfold. Plus original reporting, analysis and up to date news, sport, weather and information.

9:30am The Breakfast Couch

(CC)

Bridget Brennan, James Glenday, Emma Rebellato, Catherine Murphy, Charles Brice and Nate Byrne hear from some of the guests who appeared on News Breakfast. Plus film critic Zak Hepburn and resident foodie Alice Zaslavsky.

10:00am ABC News At Noon

(CC)

Alex Thomas presents the latest from ABC News on the weekend bringing you today's top stories and coverage of events as they unfold. Plus original reporting, analysis and up to date news, sport, weather and information.

10:30am The World This Week

(CC, Repeat)

Girish Sawlani brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.

11:00am Loving Gluten Free

Christina Glentis and Luke Lucas run Foddies in Camberwell, which caters to dietary requirements and low FODMAP patrons. Together they show Helen a recipe that incorporates gluten free pita bread.

11:30am Offsiders

(CC,Repeat)

Abbey Gelmi and the panel cover the week in sport including the 2nd Test between the Wallabies and the British and Irish Lions, plus World Swimming Championships, AFL, NRL, Super Netball and Australia v West Indies in T20s.

12:00pm AFL Premiership Season: Round 20 - Richmond v Collingwood

ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.

2:50pm Beyond Awesome: Timor Leste's Protein Champions

(Repeat,G)

With malnutrition rates amongst the highest in the world, we go behind the scenes of a popular cooking show in Timor Leste that demonstrates how to create delicious and affordable protein-packed meals.

3:00pm Landline

(CC)

Hosted by award-winning journalist Pip Courtney, Landline is Australia's only national agricultural television program covering stories from Australia's rural and regional heartland.

4:00pm Loving Gluten Free

(Repeat)

Christina Glentis and Luke Lucas run Foddies in Camberwell, which caters to dietary requirements and low FODMAP patrons. Together they show Helen a recipe that incorporates gluten free pita bread.

4:25pm Beyond Awesome: Laos' Game Changer

(Repeat,G)

With rising cost of living pressures seeing more young people seek work, Loa Rugby CEO and star player, Viengsamai Souksavanh, is using this Rugby season to teach youth how to stay safe.

4:30pm The Streets Hong Kong

Join Dan as he delves into the vibrant nightlife of Temple street in Kowloon. Queueing up for beloved Cantonese classics like claypot rice, he later unveils his own home-cook-friendly version.

5:00pm ABC National News

(CC)

There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news with more reporters to tell you what's going on and why it matters. Presented by Meredith Sheehan.

5:30pm Compass: DOBBY - Finding my Voice

(CC,AD,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)

DOBBY is a Filipino-Murrawarri rapper determined to use his voice to send a powerful message around climate, racism and injustice. We follow him to his childhood home and on to Brewarrina for a moving performance.

6:00pm Black Snow: Predators

(Repeat)

After the discovery of Isabel's hair those involved with the time capsule project in 1994 are at the forefront of Cormack's investigation.

6:50pm Beyond Awesome: Vanuatu's Resilience Star - Ellen

(Repeat,G)

Just before cyclone season gets underway in Vanuatu, we join disability advocate Ellen Tamata as she helps people living with disabilities and their communities to get ready. Her efforts are saving lives.

7:00pm Alone Australia

A shock medical complication threatens to remove one of the toughest participants while isolation begins to take its toll.

8:00pm ABC Late News Weekend

(CC)

When you need to know what's happening turn to ABC News for coverage you can trust. We bring you today's events from reporters across Australia, connecting communities and telling your stories. Presented by Meredith Sheehan.

8:30pm Offsiders

(CC,Repeat)

Abbey Gelmi and the panel cover the week in sport including the 2nd Test between the Wallabies and the British and Irish Lions, plus World Swimming Championships, AFL, NRL, Super Netball and Australia v West Indies in T20s.

9:00pm ABC Late News

(CC)

Live across Australia, the latest headlines and the day's top stories from ABC News. We have reporters on the ground connecting communities, telling your stories and bringing you coverage of what's happening as it unfolds.

9:30pm Compass: DOBBY - Finding my Voice

(CC,AD,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)

DOBBY is a Filipino-Murrawarri rapper determined to use his voice to send a powerful

message around climate, racism and injustice. We follow him to his childhood home and on to Brewarrina for a moving performance.

10:00pm ABC News Overnight

(CC)

The final word on the day's top stories, with the latest news and updated information from Australia's most trusted source of independent news. Presented by Meredith Sheehan.

10:15pm Extraordinary Animals

(Repeat)

This episode delves into surprising behaviours of some of Australia's most unlikely romantics. With some incredible connections that enhance their species' survival, these animals go above and beyond in the name of 'love'.

10:40pm Wide Open Spaces: Outback Chefs

(CC,Repeat)

The gourmet chefs turned station cooks. In 2018 two retired chefs fulfilled their dream to cook for the hungry crew of an outback cattle station. But for staff used to plain food, there were a few changes needed to the menu.

10:55pm Black Snow: Predators

(Repeat)

After the discovery of Isabel's hair those involved with the time capsule project in 1994 are at the forefront of Cormack's investigation.

11:50pm Living With Fire: Firestorm

(CC,Repeat)

In 2017 the Australian state of New South Wales was battling fires. Some of the worst conditions were around a place called Dunedoo. Tens of thousands of hectares of land were burnt. But could it have been handled better?

Monday, 28 July 2025

0:00am Alone Australia

(Repeat)

A shock medical complication threatens to remove one of the toughest participants while isolation begins to take its toll.

0:55am Loving Gluten Free

(Repeat)

Christina Glentis and Luke Lucas run Foddies in Camberwell, which caters to dietary requirements and low FODMAP patrons. Together they show Helen a recipe that incorporates gluten free pita bread.

1:25am The Streets Hong Kong

(Repeat)

Join Dan as he delves into the vibrant nightlife of Temple street in Kowloon. Queueing up for beloved Cantonese classics like claypot rice, he later unveils his own home-cook-friendly version.

1:50am Fancy Fruit: Jujube Expansion

(CC,Repeat,G)

They're a mystery to many, but jujubes have been around for thousands of years. Like a small apple or date, they can be eaten fresh or dried. One Australian producer is investing in a big way with plans for export.

2:00am Landline

(CC,Repeat)

Hosted by award-winning journalist Pip Courtney, Landline is Australia's only national agricultural television program covering stories from Australia's rural and regional heartland.

2:55am Offsiders

(CC, Repeat)

Abbey Gelmi and the panel cover the week in sport including the 2nd Test between the Wallabies and the British and Irish Lions, plus World Swimming Championships, AFL, NRL, Super Netball and Australia v West Indies in T20s.

3:30am That Pacific Sports Show

(Repeat,G)

Sam brings us the highlights from the 2025 Palau Pacific Mini Games, we visit the She Hoops basketball camp for young women, and PNG boxer John Ume joins us in the studio.

4:00am News Breakfast: Early

(CC)

As the day begins get the facts you need to stay informed. James Glenday and Bridget Brennan bring you the latest news, overnight developments and top stories, plus Catherine Murphy with sport and Emma Rebellato with weather.

7:00am ABC News Mornings

(CC)

Stay in the know with what's happening this morning. ABC News brings you up-to-theminute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Gemma Veness.

10:00am ABC News At Noon

(CC)

The leading news at lunchtime. Kathryn Robinson brings you today's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter most.

11:00am The Cook Up With Adam Liaw: Supper Club

(Repeat)

It's Easy Entertaining, and you're invited to Adam's supper club with world renowned chef Asma Khan and Gourmet Traveller's head honcho, Joanna Hunkin.

11:25am This Place: Mugincoble: An Ancient Gathering Place

(CC,Repeat,G)

Mugincoble is a sacred meeting place for the Wiradjuri nation but is now private property. Wiradjuri language teacher Lionel Lovett explains how various landmarks in town act as signposts towards the ancient gathering spot.

11:30am Foreign Correspondent: Russia's Shadow - Georgia

(CC)

The former Soviet republic of Georgia is fighting for its very existence as a democracy. With dissenters being jailed and a raft of draconian laws passed, opposition figures claim neighbouring Russia is pulling the strings.

12:00pm First Weapons: Amerr

(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died) Host Phil Breslin observes senior weapon makers as they craft the Amerr. Experts reveal the scientific principles, followed by a challenge of speed and skill highlighting how the weapon was once one of the fastest on earth.

12:30pm Culture By Design: Community

(CC,AD,Repeat,G)

Design has the power to bring people together, solve local challenges, and foster shared experiences. Discover how community influences design with stories from Mumbai, Central Java and Yogyakarta.

1:00pm Grand Designs Australia: Kevin McCloud Special

(CC,AD,Repeat,PG)

New host of Grand Designs Australia Anthony Burke is joined by Grand Designs UK icon Kevin McCloud on a road trip to see the best contemporary Australian architecture.

2:00pm Afternoon Briefing

(CC)

Your daily download of everything you need to know about politics, national and global affairs. Patricia Karvelas asks politicians the tough questions and talks to key players and experts on the issues driving the news cycle.

3:00pm ABC News with Joe O'Brien

(CC)

Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.

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5:00pm ABC National News

(CC)

There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news, with more reporters to tell you what's going on and why it matters. Presented by Joe O'Brien.

5:30pm 7.30

(CC)

Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.

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9:00pm ABC Late News

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Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.

10:15pm The Business

(CC)

Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.

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Tuesday, 29 July 2025

0:00am ABC Late News

(CC, Repeat)

Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.

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New host of Grand Designs Australia Anthony Burke is joined by Grand Designs UK icon Kevin McCloud on a road trip to see the best contemporary Australian architecture.

2:30am Foreign Correspondent: Russia's Shadow - Georgia

(CC,Repeat)

The former Soviet republic of Georgia is fighting for its very existence as a democracy. With dissenters being jailed and a raft of draconian laws passed, opposition figures claim neighbouring Russia is pulling the strings.

3:00am The World

(CC, Repeat)

There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.

4:00am News Breakfast: Early

(CC)

As the day begins get the facts you need to stay informed. James Glenday and Bridget Brennan bring you the latest news, overnight developments and top stories, plus Catherine Murphy with sport and Emma Rebellato with weather.

7:00am ABC News Mornings

(CC)

Stay in the know with what's happening this morning. ABC News brings you up-to-theminute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Gemma Veness.

10:00am ABC News At Noon

(CC)

The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.

11:00am The Cook Up With Adam Liaw: Legendary Veggies

(Repeat)

Two legends cooking with legendary veggies? Yes please! Presenter, podcaster and author Linda Marigliano and champion community leader Amar Singh join Adam in the kitchen.

11:25am Heywire: Abby from Coomealla, NSW

(CC,Repeat,G)

Heywire winner and cricket sensation Abby is developing the game for other up and coming girls living in rural and regional Australia.

11:30am Australian Story: Making a Scene - Claudia Karvan

(CC,This program contains coarse language)

Actor and producer Claudia Karvan speaks openly about how an unconventional childhood fuelled her brilliant career. An encore screening of one of our most popular episodes.

12:00pm Australia Remastered: Drought

(CC,AD,Repeat,G)

Australia is the driest inhabited continent on earth, and severe droughts grip the nation regularly. Aaron Pedersen explains how over millions of years of evolution, Australian life is uniquely prepared for these challenges.

1:00pm Dr Ann's Secret Lives: Sea Snakes

(CC,AD,G)

Dr Ann Jones joins a team of intrepid scientists on a daring expedition off the Pilbara coast to study one of Australia's most mysterious and lethal predators: sea snakes.

1:30pm Dr Karl's How Things Work: Chocolate

(CC,Repeat,G)

At the Haigh's chocolate factory, Dr Karl gets the full Willy Wonka experience of how this sweet treat is made. Following it from bean to bar he discovers that the future of chocolate is in jeopardy.

2:00pm Afternoon Briefing

(CC)

Your daily download of everything you need to know about politics, national and global affairs. Patricia Karvelas asks politicians the tough questions and talks to key players and experts on the issues driving the news cycle.

3:00pm ABC News with Joe O'Brien

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Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.

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11:00pm The World

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Wednesday, 30 July 2025

0:00am ABC Late News

(CC,Repeat)

Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.

0:15am The Business

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(CC, Repeat)

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4:00am News Breakfast: Early

(CC)

As the day begins get the facts you need to stay informed. James Glenday and Emma Rebellato bring you the latest news, overnight developments and interviews plus Catherine Murphy with sport and Stephanie Ferrier with weather.

7:00am ABC News Mornings

(CC)

Stay in the know with what's happening this morning. ABC News brings you up-to-theminute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Gemma Veness.

10:00am ABC News At Noon

(CC)

The leading news at lunchtime. Kathryn Robinson brings you today's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter most.

10:30am Landline

(CC)

A tasty sampler of stories from the land - covering food, agriculture, crops, climate, business and innovation - as we meet the fascinating people who make our rural and regional communities unique. Presented by Pip Courtney.

11:00am The Cook Up With Adam Liaw: Doorstep Deliveries

(Repeat)

Scrap your apps! It's doorstep deliveries courtesy of Adam and guests, chef and photographer Joel Bennetts and Hope St Radio's Ellie Bouhadana.

11:25am Four Corners

(CC)

Four Corners is the home of Australian investigative journalism. These fearless and forensic documentaries expose scandals, trigger inquiries, fire debate and confront taboos.

12:10pm Media Watch

(CC)

Australia's leading forum for media analysis and comment. Host Linton Besser, a four-time Walkley award-winning investigative reporter and former foreign correspondent, brings you a fearless critique of the week's journalism.

12:30pm I Was Actually There: Beaconsfield Mine Rescue

(CC,Repeat,PG)Final

The small Tasmanian mining village of Beaconsfield became the centre of a global media storm when a mine collapse a kilometre underground killed Larry Knight and trapped two others. Todd Russell and Brant Webb survived.

1:00pm Dream Gardens: Annandale, NSW

(CC,AD,Repeat,G)

After renovating their converted factory home with a nod to its warehouse heritage, a Sydney couple crave their own green space. But how do you balance a lush garden with an edgy, industrial home?

1:30pm Art Works

(CC,Repeat,PG,Discretion is advised for viewers with photosensitive epilepsy.) We visit the Venice Biennale to catch up with Marco Fusinato, and Parrtjima in Alice Springs. Artist Deborah Kelly invites us to join her religion, and artist Christopher Zanko shares how he combines woodcarving and painting.

2:00pm Afternoon Briefing

(CC)

Your daily download of everything you need to know about politics, national and global affairs. Patricia Karvelas asks politicians the tough questions and talks to key players and experts on the issues driving the news cycle.

3:00pm ABC News with Joe O'Brien

(CC)

Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.

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(Repeat)

Scrap your apps! It's doorstep deliveries courtesy of Adam and guests, chef and photographer Joel Bennetts and Hope St Radio's Ellie Bouhadana.

4:25pm This Place: Bobbinawarra

(CC,Repeat,G)

Bobbinawarra is Bangerang for pelican, and you are almost guaranteed to see one in the lakes, ponds and rivers that surround this tiny locale. Bangerang elder uncle Freddie Dowling tells how inland pelicans came to be.

4:30pm That Pacific Sports Show

Join Tiana Penitani and Sam Wykes for your weekly hit of Pacific joy, as they share inspiring stories and incredible sporting prowess of athletes with Pacific Island heritage, from Australia and around the world.

5:00pm ABC National News

(CC)

There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news, with more reporters to tell you what's going on and why it matters. Presented by Joe O'Brien.

5:30pm

7.30

(CC)

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6:00pm

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7:05pm

The World

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8:50pm

Media Watch

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Australia's leading forum for media analysis and comment. Host Linton Besser, a four-time Walkley award-winning investigative reporter and former foreign correspondent, brings you a fearless critique of the week's journalism.

9:05pm

ABC Late News

(CC)

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9:35pm

If You're Listening: Israel's not-so-secret nuclear weapons

(CC)

It's widely accepted that Israel has nuclear weapons but the Israeli government has never officially confirmed it has a nuclear arsenal. How does Israel hide its nukes, and why does the global community seems fine with it.

10:00pm ABC Late News

(CC)

Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.

10:15pm The Business

(CC)

Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.

10:30pm 7.30

(CC,Repeat)

Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.

11:00pm The World

(CC,Repeat)

There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.

Thursday, 31 July 2025

0:00am ABC Late News

(CC, Repeat)

Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.

0:15am The Business

(CC, Repeat)

Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.

0:30am I Was Actually There: Beaconsfield Mine Rescue

(CC,Repeat,PG)Final

The small Tasmanian mining village of Beaconsfield became the centre of a global media storm when a mine collapse a kilometre underground killed Larry Knight and trapped two others. Todd Russell and Brant Webb survived.

1:00am Dream Gardens: Annandale, NSW

(CC,AD,Repeat,G)

After renovating their converted factory home with a nod to its warehouse heritage, a Sydney couple crave their own green space. But how do you balance a lush garden with an edgy, industrial home?

1:30am Four Corners

(CC, Repeat)

Four Corners is the home of Australian investigative journalism. These fearless and forensic documentaries expose scandals, trigger inquiries, fire debate and confront taboos.

2:15am Media Watch

(CC,Repeat)

Australia's leading forum for media analysis and comment. Host Linton Besser, a four-time Walkley award-winning investigative reporter and former foreign correspondent, brings you a fearless critique of the week's journalism.

2:30am Landline

(CC,Repeat)

A tasty sampler of stories from the land - covering food, agriculture, crops, climate, business and innovation - as we meet the fascinating people who make our rural and regional communities unique. Presented by Pip Courtney.

3:00am The World

(CC, Repeat)

There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.

4:00am News Breakfast: Early

(CC)

As the day begins get the facts you need to stay informed. James Glenday and Emma Rebellato bring you the latest news, overnight developments and interviews plus Catherine Murphy with sport and Stephanie Ferrier with weather.

7:00am ABC News Mornings

(CC)

Stay in the know with what's happening this morning. ABC News brings you up-to-theminute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Melissa Mackay.

10:00am ABC News At Noon

(CC)

The leading news at lunchtime. Kathryn Robinson brings you today's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter most.

11:00am The Cook Up With Adam Liaw: Everyday Eats

(Repeat)

You're in for a treat as the very funny Jennifer Wong and the very foodie Tony Ton join Adam to take everyday eats from run of the mill to totally brill.

11:25am This Place: Barrulin: The Big Stones of Bundaberg

(CC,Repeat,G)

Along the coastline in Taribelang country, large rocks lie scattered. It's from these rocks that a street in Bundaberg has its name, Barolin. It's a misspelling of the word "barrulin" which means "big stone".

11:30am Heywire

(CC,Repeat,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)

Young people from all across the country share their personal stories of growing up in regional Australia, as we bring you the best short films from the 2024 Heywire project. Presented by Isaac Muller.

12:00pm Extraordinary Animals

Many scientists believe curiousity is a key driving force in evolution - leading to both physical and behavioural adaptations. This episode features some surprisingly intelligent and uniquely curious animals.

12:30pm Going Places with Ernie Dingo: Kununurra, Derwent River, Innisfail

(Repeat)

Ernie hits the dirt roads and river crossings of Kununurra, Rae catches up with a young Tasmanian marine scientist and Aaron gets a lesson on the skill of etching with a talented artist..

1:30pm Landline

(CC,Repeat)

A tasty sampler of stories from the land - covering food, agriculture, crops, climate, business and innovation - as we meet the fascinating people who make our rural and regional communities unique. Presented by Pip Courtney.

2:00pm Afternoon Briefing

(CC)

Your daily download of everything you need to know about politics, national and global affairs. Patricia Karvelas asks politicians the tough questions and talks to key players and experts on the issues driving the news cycle.

3:00pm ABC News with Joe O'Brien

(CC)

Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.

4:00pm The Cook Up With Adam Liaw: Everyday Eats

(Repeat)

You're in for a treat as the very funny Jennifer Wong and the very foodie Tony Ton join Adam to take everyday eats from run of the mill to totally brill.

4:25pm This Place: Gujiragun

(CC,Repeat,G)

Under the world's oldest picture garden in Broome, WA, sits a jila, or waterhole. Yawuru man Jimmy Edgar remembers the dream time stories of this important meeting place for people from many cultures over thousands of years.

4:30pm Extraordinary Animals

(Repeat)Final

Many scientists believe curiousity is a key driving force in evolution - leading to both physical and behavioural adaptations. This episode features some surprisingly intelligent and uniquely curious animals.

5:15pm AFL Premiership Season: Round 21 - Western Bulldogs v GWS Giants

ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.

8:15pm The World

(CC)

There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.

9:15pm Extraordinary Animals

(Repeat)

Many scientists believe curiousity is a key driving force in evolution - leading to both physical and behavioural adaptations. This episode features some surprisingly intelligent and uniquely curious animals.

9:45pm Heywire

(CC,Repeat,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)

Young people from all across the country share their personal stories of growing up in regional Australia, as we bring you the best short films from the 2024 Heywire project. Presented by Isaac Muller.

10:15pm ABC Late News

(CC)

Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.

10:30pm 7.30

(CC, Repeat)

Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.

11:00pm The World

(CC,Repeat)

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Friday, 1 August 2025

0:00am ABC Late News

(CC, Repeat)

Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.

0:15am The Business

(CC, Repeat)

Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, investors, employees and businesses big and small. Presented by Alicia Barry.

0:30am Going Places with Ernie Dingo: Kununurra, Derwent River, Innisfail

(Repeat)

Ernie hits the dirt roads and river crossings of Kununurra, Rae catches up with a young Tasmanian marine scientist and Aaron gets a lesson on the skill of etching with a talented artist..

1:30am Extraordinary Animals

(Repeat)

Many scientists believe curiousity is a key driving force in evolution - leading to both physical and behavioural adaptations. This episode features some surprisingly intelligent and uniquely curious animals.

2:00am Heywire

(CC,Repeat,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)

Young people from all across the country share their personal stories of growing up in regional Australia, as we bring you the best short films from the 2024 Heywire project. Presented by Isaac Muller.

2:30am The Cook Up With Adam Liaw: Everyday Eats

(Repeat)

You're in for a treat as the very funny Jennifer Wong and the very foodie Tony Ton join Adam to take everyday eats from run of the mill to totally brill.

3:00am The World

(CC, Repeat)

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4:00am News Breakfast: Early

(CC)

As the day begins get the facts you need to stay informed. James Glenday and Emma Rebellato bring you the latest news, overnight developments and interviews plus Catherine Murphy with sport and Stephanie Ferrier with weather.

7:00am ABC News Mornings

(CC)

Stay in the know with what's happening this morning. ABC News brings you up-to-theminute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Melissa Mackay.

10:00am ABC News At Noon

(CC)

The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.

11:00am Gardening Australia: Winter: Habitat Gardens & Plastic Free July

(CC,AD,G)

Jane escapes to a tropical conservatory, Hannah visits a bird-friendly native garden, Tammy harvests ginger with a productive gardener, Josh explores a yard full of local species, and we meet the founder of Plastic Free July.

12:00pm Great Australian Walks

(Repeat)

Julia Zemiro gets a unique perspective on Melbourne, via its famous waterway - the Yarra River.

12:50pm Landline: India: Wool: Looming Future

(Repeat)

A trade deal opens up new partnerships, cotton and wool grown in Australia, made in India and exported to the world and; supplying a demand for almonds, avocadoes and wine to a new generation with a taste for new food.

1:00pm Back Roads: 10 Years of Back Roads: Heather's Farewell

(CC,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program may contain images and voices of people who have died)

After 10 fun-filled years of hitting the Back Roads, Heather Ewart is saying goodbye. In her final episode, Heather relives some of the unforgettable moments from her time on the road and returns to her hometown of Murchison.

1:30pm That Pacific Sports Show

(Repeat)

Join Tiana Penitani and Sam Wykes for your weekly hit of Pacific joy, as they share inspiring stories and incredible sporting prowess of athletes with Pacific Island heritage, from Australia and around the world.

2:00pm Afternoon Briefing

(CC)

Your daily download of everything you need to know about politics, national and global affairs. Patricia Karvelas asks politicians the tough questions and talks to key players and experts on the issues driving the news cycle.

3:00pm ABC News with Joe O'Brien

(CC)

Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.

4:00pm Gardening Australia: Winter: Habitat Gardens & Plastic Free July

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4:55pm Back Roads: 10 Years of Back Roads: Heather's Farewell

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5:25pm AFL Premiership Season: Round 21 - Adelaide Crows v Hawthorn

ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.

8:30pm The World

(CC)

There's never been a more important time to stay in touch with what's going on in our world. At 9pm AEST, Manny Tsigas brings you the latest international news and interviews with correspondents and guests.

9:00pm Planet America: Weekend Edition

(CC)

Chas and John discuss the week in America and global politics including the latest on Gaza, Ukraine and Iran, tariffs, migration, birthright citizenship and Trump's One Big Beautiful Bill.

9:45pm Close Of Business

(CC)

Alicia Barry presents a weekly roundup of business, finance and economic news including the latest trends on Australian and overseas markets, analysing what's going on in the local and global economy and how it affects you.

10:15pm ABC Late News

(CC)

Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.

10:30pm Asia News Week

(CC)

Yvonne Yong brings you a weekly roundup of the stories making news across the Asia region, plus what's trending on social media and making an impact on the culture and the way people live.

11:00pm The World

(CC,Repeat)

There's never been a more important time to stay in touch with what's going on in our world. At 9pm AEST, Manny Tsigas brings you the latest international news and interviews with correspondents and guests.

11:30pm Gardening Australia: Winter: Habitat Gardens & Plastic Free July

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