

(Supplied: Dark Mofo/Jesse Hunniford)

Spiced Seafood Broth

Recipe by Niyati Rao, Chef of Ekaa & special guest chef at Dark Mofo's Winter Feast

INGREDIENTS

Makes 80 portions:

• Tomato: 300gms

 Crab/shrimp/lobster shells (all mixed will do): 800 gms

• Rice bran Oil: 100

• Celery: 100 gms

• Onion: 160 gms

Bayleaf: 2 pcs

Peppercorn: 3 gms

• Coriander seeds: 3 gms

• Kashmiri chilli powder :10 gms

Madras curry powder: 5 gms

• Curry leaves: 5 gms

• Garam masala: 2 gms

 Coconut milk powder: add only while finishing: 100 gms (can increase to balance it)

White wine: 70 gms

Water: 2 litres

• Tomatoes: 100 gms

DIRECTIONS

- 1. Heat the oil, sauté the roughly chopped celery, chopped onion, peppercorns, bay leaf, curry leaves, add the shells and keep cooking for 10-15 mins on low medium heat. Add the malvani masala/powder, madras curry powder and the kashmiri chilli powder and sauté for another 5-7 mins.
- 2. Add the white wine and deglaze the pan, add the chopped tomato and keep stirring, add water till everything is covered and keep on a slow simmer overnight or for at least 12 hours refilling the water once. Reduce till half, allow to cool and vacuum pack and freeze the bags.
- 3. When ready to use, thaw the bags, heat the broth, add seasonings and add the coconut milk powder to finish.



Sundayswith Lucie Cutting
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