



Series 317: Communication

Communication



Join the Play School presenters as they look at the many ways we communicate with each other.

Sometimes we might speak to each other. Other times we might use our bodies by nodding our head 'yes', shaking our head 'no' or pointing in different directions. Our facial expressions also help us to communicate and let others know if we are feeling happy, excited or confused. A treasure map might tell us where to look for a surprise with pictures and symbols, and a text message might tell us that our friends are ready to meet at the park.

We can also communicate in different languages, and with animals too. As a special treat this week on Play School, our presenters are joined by a special guest visitor with a wagging tail!



Series 317: Communication

Episode 1



PRESENTERS

Leah Vandenberg & Teo Gebert

PIANIST

Peter Dasent

BOOK STORY Where's Bear?

Author & Illustrator: Emily Gravett
Publisher: Macmillan Children's Books

FILM

Surf Life Saving

(Play School, ABC)

IDEAS FOR LATER

- Practice making faces in a mirror.
 What facial expressions can you make?
 Try looking happy, surprised, angry, confused and excited!
- Play a game of hide and seek with your family or with your toys.
- Gather nine of your favourite toys to play 'Ten in the Bed'. Be careful that you don't roll out!

SONGS Who's In The Mirror

Composer: Kylie Montague

Publisher: Control

If You're Happy and You Know It

Composer: Traditional

Publisher: ABC Music Publishing

Peek-A-Boo

Composer: Traditional

Publisher: ABC Music Publishing

Twinkle Twinkle Little Star

Composer: Traditional

Publisher: ABC Music Publishing

I Jump Out Of Bed In The Morning

Composer: Traditional

Publisher: ABC Music Publishing

Friends All Together

Composer: Sophie Emtage & Peter Dasent

Publisher: Control / Origin

I Like Swimming

Composer: Phil Barton, Ben O'Hara & Kirsty

Gentz

Publisher: ABC Music Publishing





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How to Make People Pictures

You will need:

- Different shaped leaves
- Sticks
- Paper
- Round piece of wood
- Crayons
- Tape

Collect a range of leaves and sticks from your garden or local park.

Tape the sticks onto the paper to form the shape of a body.

Place the paper over the wood and use a crayon to rub, making a head shape.

Use different shaped leaves to make a face then stick them on with tape.

Give each face a different expression, one could be happy and another could be surprised.

Tell a story with your picture. What adventures will your People Pictures get up to?





Episode 2



PRESENTERS

Michelle Lim & Alex Papps

PIANIST

Peter Dasent

BOOK STORY Hop Up! Wriggle Over!

Author & Illustrator: Elizabeth Honey

Publisher: Allen & Unwin

FILM

Water Police

(Play School, ABC)

IDEAS FOR LATER

- Host a tea party and invite all your toys as guests. Don't forget to put the kettle on to make a cup of tea.
- Play follow the arrow by hiding a surprise.
 Make paper arrows and use them as directions to locate your hidden surprise.

 Ask a friend or family member to follow the arrows. Will they find the surprise at the end?
- Sit quietly for one minute and listen carefully to all the sounds around you. Are some sounds loud and some sounds quiet?

SONGS

We're Going Up

Composer: Ron Gamack Publisher: ABC Music Publishing

Animals Wake Up

Composer: Satis Coleman &

Alice Thorn

Publisher: ABC Music Publishing

Shake Your Bells

Composer: Traditional

Publisher: ABC Music Publishing

Come On and Shake

Composer: Louie Suthers

Publisher: control

Would You Like a Cup of Tea

Composer: Arthur Baysting &

Peter Dasent Publisher: Origin

I Like Peace, I Like Quiet

Composer: Michael Cole &

Peter Gosling

Publisher: EMI Music / Control







MAKE AND DO



How to Make Percussion Instruments

Rice Shaker

You will need:

- Plastic container
- Rice

To make a rice shaker, put half a cup of rice in a plastic container.

Put the lid on and make sure it is secure. Shake your container. Does the sound make you feel like dancing?

Bell

- Metal container
- Two metal spoons
- Two pegs
- Elastic band

Peg an elastic band on one side of your metal container.

Twist the elastic band a few times and then attach the other end on the opposite side of the container with another peg.

Slide two metal spoons between the twisted elastic band.

Try ringing your bell loudly and then softly.

Box Drum

- Cardboard box
- Wooden spoon

Use the wooden spoon to hit the box. Listen to the sound it makes.

Can you beat a slow even rhythm to walk to, or a faster even rhythm to run to?





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Episode 3



PRESENTERS

Alex Papps & Zindzi Okenyo

PIANIST

Peter Dasent

TOLD STORY

Marvellous Road Trip

(A story told by the Play School Team)

FILM

Indonesian Dancing

(Play School, ABC)

IDEAS FOR LATER

- Play a blindfold game with someone in your family or a friend. Take turns to guess a mystery object placed in your hands. What does it feel like? Is it hard or soft? Bumpy or smooth?
- Try naming all the colours of the rainbow.
 How many can you name?
- Make a treasure map. Where will you hide your treasure? Make sure you mark a cross on the map to show where to find the treasure.

SONGS

What Can You Feel

Composer: Kylie Montague

Publisher: Control

Row, Row, Row Your Boat

Composer: Traditional

Publisher: ABC Music Publishing

All the Colours of the Rainbow

Composer: Colin Buchanan &

Keith Robert Publisher: Rondor

Hey Hey Hey

Composer: Judith Keyzer &

Peter Dasent

Publisher: Control / Origin & ABC Music Publishing

Walk and We Stop

Composer: Traditional

Publisher: ABC Music Publishing

Off in the Car

Composer: Kylie Montague

Publisher: Control

Everybody Get Together

Composer: Sophie Emtage & Peter Dasent

Publisher: Control / Origin

Driving in the Car

Composer: Sophie Emtage & Peter Dasent

Publisher: Control / Origin





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MAKE AND DO



How to Make Footprint and Handprint Signs

You will need:

- 2 colours of paint
- 2 large flat paint trays
- 4 paper plates
- Stool
- Bucket with water
- Towel
- 2 cardboard tubes
- Tape
- Stapler

Sit on a stool and put one foot in the paint tray and move it around so the bottom of your foot is covered in paint.

Press your foot onto a paper plate to leave a coloured footprint. Repeat, but this time do both of your feet at once.

Leave the paper plates to dry and make sure to wash your feet

Next, put a different colour of paint in a clean paint tray and place your hand in the paint.

Make a print on another paper plate and repeat this again so that you have two. Don't forget to wash your hands!

When the paint is dry, attach one of your footprint plates to the cardboard tube with some tape.

Put one of your handprint plates on the other side and staple together. Do this again for the two feet print and the other hand print.

Use these signs to play a game where you hop and jump and stop when the sign says to!



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Episode 4



PRESENTERS

Zindzi Okenyo & Andrew McFarlane

PIANIST

Stuart Hunter

BOOK STORY

Perfect

Author: Danny Parker Illustrator: Freya Blackwood Publisher: Little Hare Books

FILM

Horses

(Play School, ABC)

IDEAS FOR LATER

- Use a timer to play a game. How many times can you jump, clap or hop before the timer rings?
- Do you have a pet at home? Think about all the ways that you communicate with them. Do you talk to them or give them signals with your hands? How do you know how your pet is feeling? Does your pet wag their tail? Does your pet purr or move their ears?
- Create your own Pick-A-Drawer by sticking paper ticks and crosses on a set of drawers you have in your home. Hide a surprise in the drawer that is labelled with a tick.

SONGS

Happy Dog

Composer: Jane Lindsay /

Peter Dasent Publisher: Origin

Round and Round

Composer: Colin Buchanan

Publisher: Rondor

A Little Bit of This

Composer: Gordon Sneddon

Publisher: Control

Watermelon

Composer: Arthur Baysting &

Peter Dasent Publisher: Origin

The Black Cat

Composer: Mary Britton-Miller & M Barthlomew

Publisher: Silver Burdett

The Hippopotamus Song

Composer: M Flanders & D Swann

Publisher: Warner Chappell

The Little Grey Ponies

Composer: Laura Pendleton MacCartney

Publisher: Allans Music

What Can We Do While We're Waiting

Composer: Sophie Emtage &

Peter Dasent

Publisher: Control / Origin







MAKE AND DO



How to Make Fruity Pillows

You will need:

- 1 cup of fresh fruit
- Puff pastry
- Honey
- Water
- Pastry brush
- Oven tray
- Baking paper
- Oven mitt

Wash and dry your hands.

Cut up your fresh fruit – you could use raspberries, blueberries, pears, peaches, or bananas.

Put one cup of fruit on top of the sheet of puff pastry.

Fold two opposite corners towards the centre and overlap them. Push down so that they stick together.

Do the same with the other two corners to make a pillow shape.

Mix one tablespoon of honey with three tablespoons of water.

Using the pastry brush, gently brush all over the pastry.

Put a sheet of baking paper on an oven tray.

Transfer your fruit pillow onto the oven tray.

Put into the oven for 20 minutes.

Remove with an oven mitt, allow to cool and enjoy your delicious Fruity Pillows!



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Episode 5



PRESENTERS

Teo Gebert, Justine Clarke & Sofya Gollan

PIANIST

Peter Dasent

TOLD STORY Friends in Space

(A story told by the Play School team)

FILM Bike Track Traffic Signs

(Play School, ABC)

IDEAS FOR LATER

- Write some letters to your friends and family. You could include some drawings too. Be your own postie and deliver them to each person. If a friend or someone in your family lives far away ask a grown-up if you can have a stamp for your letter. Next time you are out and with a grown-up ask if you can post your letter in the post box.
- Create your own planet from squashed up newspaper. Give it a space sounding name, and think about what alien creatures might live there. Tell a story about your planet.
- Next time you're on the bus, in the car or walking down the street, take a look at all the different traffic signs and signals on the road. Can you figure out what they all mean?

SONGS

Bonjour, Mes Amis

Composer: Traditional (French) Publisher: ABC Music Publishing

Looking

Composer: Kylie Montague &

Peter Dasent

Publisher: Control / Origin

Swipe, Tap, Click, Squeeze

Composer: Sophie Emtage & Peter Dasent

Publisher: Control / Origin

I'm The Postie

Composer: Kylie Montague

Publisher: Control

Round and Round

Composer: Colin Buchanan

Publisher: Rondor

Mixing Song

Composer: Arthur Baysting &

Peter Dasent

Publisher: Origin / ABC Music Publishing

Round We Go

Composer: Kylie Montague & Peter Dasent

Publisher: Control / Origin

Alien Song

Composer: Kylie Montague &

Peter Dasent

Publisher: Control / Origin





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MAKE AND DO



How to Make a Wobbly Alien

You will need:

- Coloured paper
- Tape
- Scissors
- Small cardboard box
- Pipe cleaners
- Egg carton
- Marker

Using scissors, make two small holes in the top of the box and in each of the sides.

Thread a pipe cleaner through each of the holes.

Cut out two egg carton segments and draw on alien eyes.

Attach your alien eyes to the pipe cleaners on the top of the box.

Roll up a few pieces of coloured paper into tubes and secure the length of the edge with tape.

Using scissors cut the tubes up into 2cm segments to make paper beads.

Thread these paper beads onto the pipe cleaners to make colourful wobbly arms and legs for your alien.

Play with your wobbly alien and don't forget to make lots of wibbly wobbly alien noises!