

Series 284: All Aboard!

All Aboard!





This week in our All Aboard! series we create many opportunities for children to extend their knowledge about trains as a form of transport. We achieve this through role play, painting, singing and cooking activities. Each episode features our "film of the week" *Train Montage*, with lots of different types of trains chugging and chuffing on journeys to and from all sorts of places! We hope you and your children enjoy this series of All Aboard!



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Episode 1



PRESENTERS

Rachael Coopes - Teo Gebert

PIANIST

Peter Dasent

STORY

The Train Ride

Author: June Crebbin Illustrator: Stephen Lambert Publisher: Walker Books

FILM

Train Montage

(Play School, ABC)

Adelaide Tram

(Play School, ABC)

IDEAS FOR LATER

- Go for a ride on an electric train or a steam train.
- Go for a walk and see how many different types of transport you can find
- Make a picture of somewhere you'd like to go on holiday

SONGS

Clickety Clack

Composer: Jay Laga'aia Publisher: ABC Music Publishing

The Wheels on the Bus

Composer: Traditional

Publisher: Origin/ABC Music Publishing

A Jump

Composer: Traditional/Lucille Wood

Munch an Apple

Composers: Peter Dasent & Sophie Emtage

Publisher: Origin/Control

Morning Town Ride

Composer: Malvina Reynolds

Publisher: Associated Music Pty. Ltd.



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MAKE AND DO





You will need:

- Coloured paper
- Safety scissors
- Coloured crayons, pencils and/or markers
- Tape
- An empty lunch box

Cut a piece of paper to the size of your lunch box lid.

Use crayons, pencils and/or markers to draw a special picture.

Tape the picture to the lid of the lunch box.

Now pack the lunch box with some snacks for lunch!



How to Make Paper Cup "Hoppers"

You will need:

- Two paper cups
- Two elastic bands
- Safety scissors
- Tape
- Coloured paper
- Markers

Make a zooming rocket, a jumping frog and a hopping rabbit with two paper cups!

Use scissors to make four, evenly spaced, 2cm slits in the bottom of one paper cup.

Make one cut in each elastic band.

Tie a small knot at either end of each elastic band.

Place either end of one elastic band in two of the slits in the paper cup, so the band crosses the bottom of the cup. Pull the band until it is just taut. Place a piece of tape over each slit to keep the band in place. Repeat this process with the other elastic band, so you have an elastic band cross at the bottom of your paper cup.

Draw a picture on a piece of coloured cardboard and cut it out. You might like to decorate your picture with coloured markers. Tape your picture to the cup with elastic.

Gently place the cup with elastic on top of the other paper cup. When you push the top cup down on top of the other cup and release it, your picture will shoot up into the air!



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How to Make a Box Train

You will need:

- A selection of shoe boxes
- Pipe cleaners
- Cardboard circles, paper plates or plastic bottle lids for wheels
- Tape
- Cardboard rolls or toys for passengers
- Two long strips of cardboard
- Paddle pop sticks

To make an engine, take the lid of a shoe box and stand it inside the box, at one end.

To make train carriages, attach two or three additional shoe boxes to your engine by taping and twisting pipe cleaners to join them.

Add wheels by taping on cardboard circles, paper plates or milk bottle lids.

Make some passengers with cardboard rolls, or have your toys be passengers.

A train track can be made with strips of cardboard and paddle pop sticks.

You might also like to make a box train station, where passengers can wait for the box train, and a box town for the train to travel past.



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Episode 2



PRESENTERS

Michelle Lim Davidson - Andrew McFarlane

PIANIST

Peter Dasent

TOLD STORY

The Very Surprising Journey

(A story told by the Play School team)

FILM

Train Montage

(Play School, ABC)

Kindergarten Dress Up

(Play School, ABC)

IDEAS FOR LATER

- Pretend to be a snail! Use a washing basket as a shell.
- Put some ice cubes into a plastic tub to create an ice landscape! Make some craft penguins, such as those described below, to play in it.
- Pretend to be a chuffing train and sing a train song.

SONGS

She'll Be Coming Round the Mountain

Composer: Traditional

Publisher: Origin/ABC Music Publishing

The Little Red Engine

Composer: Traditional

Publisher: Origin/ABC Music Publishing

P-P-Penguins

Composer: June Tillman

Choo, Choo Ch'boogie

Composers: Denver Darling, Milton Gabler &

Vaughn Horton

Publisher: Warner/Chappel Music Ltd.

Let's Dress Up

Composers: Peter Dasent & Garth Frost

Publisher: Origin/Control





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MAKE AND DO



How to Make a Baby and Mother Penguin

You will need:

- A small clean, empty soap dispenser for a baby penguin
- A large clean, empty soap dispenser for a mother penguin
- Black and white paper or felt
- Orange craft foam or paper
- Safety scissors
- Sticker dots

Cut two pieces of white felt – one large enough to wrap around the small soap dispenser and one large enough to wrap around the large soap dispenser. Wrap each dispenser in white felt and tape to secure.

Cut two wings for each penguin from black felt. Tape on.

Cut feet for your penguins from orange foam or paper and tape them to the bottom of each soap dispenser.

Stick some sticker dot eyes on each penguin.

Take mother penguin and baby penguin for a waddle!



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How to Play a Laundry Basket Dress Up Game

You will need:

- A laundry basket
- A collection of clothes, shoes, hats and material

This is a fun game to play with friends or family members.

Fill the laundry basket with dress up clothes.

Dress up as someone or something using the clothes in the laundry basket and ask your friends or family members to guess who or what you are.

You might like to mime clues to help them guess! For example, put a tea cosy on your head and pretend to be a teapot! Or, drape a green towel over your shoulders and pretend to be a green dragon or crocodile.



How to Make a Laundry Basket Train

You will need:

- Two or three laundry baskets for an engine and some carriages
- Ribbon, rope, string or pipe cleaners to tie the laundry baskets together
- Your toys

Tie two or three laundry baskets together at the handles with ribbon, rope, string or pipe cleaners.

Put your toys inside and ride the "Washing Basket Express" around your home! You might like to visit "Kitchen Town", a pile of plastic containers stacked to make buildings; or "Lounge-ville", with cushion mountains and a table turned into a tunnel or bridge.

Pick up more toys along the way!



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Episode 3



PRESENTERS

Rachael Coopes - Luke Carroll

PIANIST

Peter Dasent

PIANIST

Peter Dasent

STORY

My Country,

Ezekiel Kwaymullina, Sally Morgan, Fremantle Press, 2011

FILM

Train Montage

(Play School, ABC)

Car Ferry Trip

(Play School, ABC)

IDEAS FOR LATER

- Paint a picture of a train or a sunny field with a tree, grass, the sun and lots of colourful flowers. You might like to use an easel or tape your paper onto your backyard fence.
- Next time you go on a holiday, keep a holiday diary! Fill it with drawings of the things you do each day.
- Make a train stencil from two ice cream container lids. Cut an engine from one lid and a carriage from the other. Place the stencils on a piece of paper or cardboard and paint over them using a roller or paintbrush. Use a cotton reel as a stamp to make wheels – dip the cotton reel in paint and press it onto your paper to make circle prints.

SONGS

Spots Are Great

Composers: Peter Dasent & Mark Barnard Publisher: Origin/Control

I'm a Train

Composers: M. Hazlewood & A. Hammond

Publisher: Chrysalis

Going on a Holiday

Composers: Peter Dasent & Judith Keyzer

Publisher: Origin/Control

Who Can?

Composer: Bob Randall Publisher: Daki Budtcha

Choo, Choo Vamos a Pasear

Composer: Traditional Spanish

Publisher: Origin / ABC Music Publishing

The Farmer in the Dell

Composer: Traditional

Publisher: Origin/ABC Music Publishing





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MAKE AND DO



How to Set Up a Pretend Travel Agency

You will need:

- Paper or cardboard
- Coloured paint, pencils, crayons and/or markers
- Tac
- A small table to sit behind and some chairs for you and your customers

Draw some pictures of the mountains, the beach, the desert and the countryside with coloured paints, pencils crayons and/or markers. Use tac to stick up your pictures and decorate your travel agency.

Set out a table for a desk, and a chair to sit in. Set out some chairs for your customers as well.

Make some paper tickets to sell to your customers.

Now, you're ready for some customers! They can be toys or family and friends. Ask what destination they would like to travel to, using your pictures as a guide. Ask how they would like to travel - by train, plane, boat, bus or car – and sell them a ticket.



How to Make a Concertina Book

You will need:

- A collection of your paintings and drawings, all of a similar size (such as A4)
- A large strip of cardboard this should be big enough in both width and height to fit all of your paintings, when placed side by side
- A pencil

Lay the strip of cardboard down on a flat workspace.

Place one of your paintings or drawings at the end of the strip of cardboard and use a pencil to mark out its width.

Fold the strip of cardboard, concertina style (like a fan), using the mark you have made as a guide to ensure each folded area is large enough to fit one of your paintings.

Stick your paintings and drawings to the concertina strip.

Use your concertina book to tell a story with toys or puppets. Your paintings and drawings can be the backdrop of your story.



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Episode 4



PRESENTERS

Karen Pang – Sofya Gollan – Andrew McFarlane

PIANIST

Peter Dasent

TOLD STORY

Waiting for Grandpa

(A story told by the Play School team)

FILM

Train Montage

(Play School, ABC)

Flower Markets

(Play School, ABC)

IDEAS FOR LATER

- Look out for coal trains when you are out and about.
- Make a bottle town and bottle people from clean, recycled bottles.
- Make a train birthday cake for a friend.

SONGS

Rumble, Rumble Clickety Clack

Composers: Peter Dasent & Judith Keyzer Publisher: Origin/Control

Five Currant Buns

Composer: Traditional

Publisher: Origin/ABC Music Publishing

What Shall We Do?

Composers: Peter Dasent & Mark Barnard

Publisher: Origin/Control

Walking Through the Jungle

Composer: Max Lambert Publisher: ABC Music Publishing

Riding in a Helicopter

Composer: Sean O'Boyle Publisher: ABC Music Publishing

The Little Red Wagon

Composer: Traditional

Publisher: Origin/ABC Music Publishing





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MAKE AND DO



How to Make a Bottle Flower Stamp Painting

You will need:

- Paper
- Different coloured paint poured into recycled plastic containers or onto plastic plates
- A recycled plastic bottle, such as drink bottle, with the lid glued on using craft glue

Please note: the lid of the bottle should be glued on for safety. Please allow to dry before use.

Set a piece of paper down on a covered workspace.

Dip the bottom of the plastic bottle into one colour of paint. Press the bottom of the bottle down onto the paper to make a print. You should be left with five "petals", as pictured above. You might like to make a few sets of petal prints.

Dip the other end of the bottle, the lid, into a different colour of paint. Use the lid to make a small circle "bud" print in the centre of each set of petals.

Paint a garden of colourful flowers!



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Episode 5



PRESENTERS

Michelle Lim Davidson - Teo Gebert

PIANIST

Peter Dasent

STORY

Choo Choo Clickety-Clack,

Margaret Mayo and Alex Ayliffe, Hachette Children's Books 2004

FILM

Train Montage

(Play School, ABC)

Kids Skiing

(Play School, ABC)

IDEAS FOR LATER

- Make pretend snow in the bath with soap bubbles.
- Make a snowman! If you live in the snow, build a real snowman, if not, make one from craft materials.
- Make your own "Music Express" train! Tie some old boxes together with pipe cleaners. Sing "Old McDonald Had a Train" and take your toy animals for a train ride to McDonald's Farm!

SONGS

Ride the Train

Composer: Kylie Montague

Old MacDonald Had a Farm

Composer: Traditional

Publisher: Origin/ABC Music Publishing

A Jump

Composer: Traditional/Lucille Wood

Down to the Bottom

Composers: Chris Harriott & Simon Hopkinson Publisher: ABC Music Publishing/Music Sales

Run a Little

Composers: Satis Coleman & Alice Thorn

Publisher: The Willis Music Co.

Choo, Choo Vamos a Pasear

Composer: Traditional Spanish Publisher: ABC Music Publishing





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MAKE AND DO



How to Make a Sandwich Train

You can make a "sandwich train" using any toppings you have in your kitchen. Below is an example.

You will need:

- A chopping board
- Celery sticks and a celery stalk with the leaves left on
- Carrot sticks
- Sliced bread
- Half an avocado
- A couple of slices of cheese
- Strawberry jam
- Yellow capsicum strips
- Hummus
- A cucumber, sliced

Set some train tracks at the bottom of your chopping board, using celery sticks for rails and carrot sticks for sleepers.

Cut an L-shaped engine from a slice of bread and place it on the tracks.

Cut a piece of sliced bread in half to create two carriages. Place the carriages behind the engine.

Use yellow capsicum strips to connect the carriages and the engine.

Spread your engine with half an avocado. Add a celery stalk with leaves for a smoke stack. Spread some hummus above the celery stalk for smoke.

Cover one carriage in sliced cheese and the other in strawberry jam. Add some sliced cucumber wheels to the carriages and the engine.



How to Make Spatter Paintings

You will need:

- One piece of black cardboard for a "winter" painting
- One piece of white cardboard for a "summer" painting
- Green paper
- Paste
- White, red, yellow and blue paint poured into recycled plastic containers
- An old toothbrush
- Some water to clean your toothbrush with
- A paintbrush

This activity can get messy, so cover your workspace in some old newspaper or a plastic worksheet and put on an old shirt or painting smock.

Paste some torn green paper "mountains" onto each piece of cardboard.

To make a winter painting, set the black piece of cardboard on your covered workspace. Dip a toothbrush in white paint and use your fingers to flick the bristles, spattering the paint all over the cardboard. The white spattered paint will look like falling snowflakes!

To make a summer painting, first clean your toothbrush and then use it to spatter red and yellow "flowers" over the mountain on the white piece of cardboard. Use a paintbrush and some blue paint to add a clear, blue summer sky.