



Teacher Resource

Hand Washing

Focus Questions

Discuss the BTN story as a class and record the main points of the discussion. Students will then respond to the following:

1. Before you watch the BTN Hand Washing story, record what you know about hand hygiene.
2. A recent study found that not all Australians are washing their hands as often as they should. True or false?
3. When is it important to wash your hands?
4. How many seconds should you wash your hands for?
5. What are good hand washing practices? Write step-by-step instructions.

Activity: Note Taking

Students will practise their note-taking skills while watching the BTN Hand Washing story. After watching the story, ask students to reflect on and organise the information into three categories. What information in the story was positive, negative, or interesting?



Activity: Vocabulary

Students will brainstorm a list of key words that relate to the BTN Hand Washing story. Here are some words to get them started.

HYGIENE

BACTERIA

MICROSCOPIC

PUBLIC HEALTH

CONTAMINATION

GERMS

EPISODE 28

28 October 2025

KEY LEARNING

Students will plan and practise strategies to promote good hand hygiene in their community

CURRICULUM

Health – Year 3-4

Identify and practise strategies to promote health, safety and wellbeing.

Describe strategies to make the classroom and playground healthy, safe and active spaces.

Discuss and interpret health information and messages in the media and internet.

Health – Year 5-6

Plan and practise strategies to promote health, safety and wellbeing.

Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities.

Health – Year 7-8

Investigate and select strategies to promote health, safety and wellbeing.

Plan and use health practices, behaviours and resources to enhance health, safety and wellbeing of their communities.

Activity: Campaign

Students will design a public education campaign to raise awareness about good hand hygiene and the importance of hand washing. Students will need to think about their campaign's aim, target audience, and the value of raising awareness at their school. Use [Canva](#) to design a poster to put up around your school and the wider community.

To create a school awareness campaign, students will need to identify the following:

- When should you wash your hands? Make a list.
- What are good hand washing practices? Write step-by-step instructions.
- Why is hand washing so important?
- How can you teach other kids about good hand hygiene? Think of creative ways you can teach kids your message about hand washing.

Some questions to consider when designing your campaign:

- What is the campaign's main aim?
- Do you have a slogan or message? What is it?
- Who is your target audience?
- What is the best way to communicate the message?

Discuss with students how they will get their message out there to help raise public awareness. Some possibilities include:

- Short film or animation
- Community service announcement (for television or radio).
- Press release (create posters to be put up around the school or brochures to give to all students).

Useful Websites

- [Handwashing](#) - BTN
- [Handwashing](#) – Health Direct
- [Global Handwashing Day](#)
- [Handwashing: why it's important](#) – Better Health