

Changes Everywhere



Childhood is a time of change. It's a time of enormous growth and development - limbs lengthen, body shape changes, baby teeth disappear and new teeth come through.

This week in Play School, we explore changes in the weather, seasons, plants, animals, food and objects, in the company of familiar Play School presenters and the toys.

We meet a new friend, Floppy, turn the Changes Kerchinger, greet some frogs and tadpoles and look more closely at changes through the windows: changes in the park, changes with colour, changes with insects, changes with food and changes with twins.

Episode 1



PRESENTERS

Rachael Coopes & Teo Gebert

PIANIST

Peter Dasent

STORY

How To Be A Cat

Author: Nikki McClure

Publisher: Abrams Appleseed

FILM

Changes With Twins

(Play School, ABC)

IDEAS FOR LATER

- Make a wig using a bathing cap with paper hair attached with tape.
- Go for a walk in the neighbourhood taking photos of neighbourhood cats. Make a photo album
- Play a game of musical chairs with friends or family. Play music find a chair when music stops.

SONGS

Heads and Shoulders Knees and Toes

Composer: Traditional

Publisher: ABC Music Publishing

Going Shopping

Composer: Jane Fulford

Publisher: Control

Hair

Composer: Jill Darby

Publisher: Longman Group UK Ltd

Jonny Get Your Hair Cut

Composer: Traditional

Publisher: ABC Music Publishing

I Know A Hairy Bear

Composer: Val Donlon

Publisher: ABC Music Publishing

The Black Cat Yawns

Composer: Mary Britton-Miller &

M. Bartholomew

Publisher: Silver Burdett (US)

You Can Stamp Your Feet

Composer: Judy Whitfield & Paul Reade

Publisher: Essex Music

MAKE AND DO



How to Make a Floppy Friend

You will need:

- Recycled pillow (body)
- Recycled cushion (head)
- Old stockings filled with old fabric (arms and legs)
- Clothes - an old t-shirt, hat, shorts and odd socks
- Paper plate
- Black and coloured marker pens
- Pegs, hair clips as ears

Draw face on a paper plate with marker pens.

Attach cushion head to pillow body using clothes pegs.

Attach arms and legs with pegs.

Dress floppy doll in hat, t-shirt, shorts and socks.

Play a game with your new floppy friend!



How to Make Egg Heads

You will need:

- Egg cups
- Empty egg shells (with top removed)
- Cotton wool
- Black marker pen
- Cress/Mustard seeds
- Small jug of water

Boil eggs, cut off top of egg. Remove cooked egg.

Place empty egg shells into egg cups.

Place dry cotton wool in each egg shell.

Add cress/mustard seeds on top of cotton wool.

Pour small amount of water on seeds.

Watch the hair grow, over a few days.

Give your egg heads a hair cut when they need one!

Episode 2



PRESENTERS

Justine Clarke & Alex Papps

PIANIST

Peter Dasent

TOLD STORY

Change Your Mind Charlie

(A story told by the Play School team)

FILM

Changes At The Park

(Play School, ABC)

IDEAS FOR LATER

- Go on a bush walk with a parent or carer and discover bird nests in trees.
- Make a cardboard aeroplane with a shoebox and cardboard wings and take your favourite toys on a plane ride!
- Use some kitchen utensils to make musical instruments.

SONGS

Mixing Song

Composer: Peter Dasent & Arthur Baysting

Publisher: Origin

Five Currant Buns

Composer: Traditional

Publisher: ABC Music Publishing

When Someone Smiles at Me

Composer: Val Donlon

Publisher: ABC Music Publishing

Wobbly Walk

Composer: George Spartels & F. Burgo

Publisher: Control

I Have Made a Pretty Nest

Composer: Ann Elliott

Publisher: Steiner & Bell

Going On a Holiday

Composer: Peter Dasent & Judith Keyzer

Publisher: Origin/Control/ABC Music Publishing

I Like Peace, I Like Quiet

Composer: Michael Cole & Peter Gosling

Publisher: EMI Music/Control

The Big Bass Drum

Composer: Traditional

Publisher: ABC Music Publishing



MAKE AND DO



How to Make Play Dough Currant Buns

You will need:

- 2 x cups plain flour
- 1 cup salt
- 1 tbs oil
- 1 cup cold water
- 2 drops liquid food colouring
- Bottle top

Combine flour and salt, Add oil, water and colouring. Mix well.

Mould dough into muffin shapes.

Add bottle tops to the currant buns, or roll red play dough into a small balls and use as the currants.

Episode 3



PRESENTERS

Teo Gebert & Justine Clarke

PIANIST

Peter Dasent

STORY

Yellow Dress Day

Author: Michelle Worthington

Illustrator: Sophie Norsa

Publisher: New Frontier Publishing

FILM

Changes With Insects (Mini-Beasts)

(Play School, ABC)

IDEAS FOR LATER

- Peg a large piece of paper on fence or clothes line, fill spray bottles with water paint. Spray paper to create a surprise colour picture.
- Decorate an old laundry basket and fill with items to use in dress ups.
- What kind of day is it? Is it sunny, cloudy or rainy? Dress a favourite toy (or floppy friend) for the weather!

SONGS

What Shall We Do?

Composer: Peter Dasent & Mark Barnard

Publisher: Origin/Control

Rags (My Little Puppy)

Composer: Elizabeth Deutsch & Elizabeth Atwater

Publisher: Sing'n Do Co

When the Daffodils Dance in the Sun and the Rain

Composer: Traditional

Publisher: ABC Music Publishing

There Is Someone Who Is Hiding

Composer: Henrietta Clark

Publisher: ABC Music Publishing

Jump or Jiggle

Composer: Edna G. Buttolph & Evelyn Beyer

Publisher: Willis Music Co.

I Like to Sing

Composer: Peter Dasent & Garth Frost

Publisher: Origin



MAKE AND DO



How to Make a Hand Painting

You will need:

- Large piece paper
- Red, yellow, blue paint in plastic plates
- Water (for washing hands)
- Towel (for drying hands)

Mix different paints to create different colours.

Place palm of hand in plate of paint.

Press onto paper and make different shapes out of your hand prints, maybe a sun, tree or a bird.

Dip fingers into paint and draw other shapes or animals.



How to Make Paper Daffodils

You will need:

- Egg carton garden bed
- Small and large orange and yellow patty pans
- Pipe cleaners

Place small patty pans inside large patty pans.

Poke pipe cleaner stem through the patty pans, and bend slightly to attach.

Make a loop with the stems and place in egg carton to make a garden bed of lovely daffodils!

You could also put a bunch of paper daffodils in a cup or vase to brighten up the home.

Episode 4



PRESENTERS

Michelle Lim Davidson & Teo Gebert

PIANIST

Peter Dasent

TOLD STORY

The Owl and the Pussy Cat

(A story told by the Play School team)

FILM

Changes With Food

(Play School, ABC)

Additional footage courtesy Shutterstock

IDEAS FOR LATER

- Put on a show! Make a starry backdrop by adding large silver stars to black fabric. Sing Twinkle Twinkle.
- How many different kinds of eggs can you make? Try cooking scrambled eggs, sunny side up eggs or boiled eggs with a parent or carer.
- Sing a lullaby to a favourite toy and tuck them in to bed.

SONGS

A Little Bit of This

Composer: Gordon Sneddon

Publisher: ABC Music Publishing

Twinkle Twinkle

Composer: Traditional

Publisher: ABC Music Publishing

The Owl and the Pussycat

Composer: Edward Lear (words)

Publisher: ABC Music Publishing

Have You Heard the Cat at Night

Composer: Ron Gamack

Publisher: ABC Music Publishing

Fa La Nana

Composer: Traditional Italian

Publisher: ABC Music Publishing

Eggs

Composer: Don Spencer

Publisher: Control

Stir Up The Pudding

Composer: Traditional

Publisher: ABC Music Publishing

Leo the Lion

Composer: Henry Snyder & Herman Renner

Publisher: Prentice-Hall Inc.



MAKE AND DO



How to Make a Meringue Lion Faces

You will need:

- Mixing bowl
- Spoon
- 4 eggs (egg whites)
- 1 cup castor sugar
- Strawberry yoghurt
- 6 x chocolate sticks
- 2 x slices kiwi fruit
- 1 x piece orange

Separate eggs. Place egg whites in clean bowl and, using electric mixer, whisk until soft peaks form.

Gradually add sugar until sugar dissolves.

Continue beating for 2 mins until mixture is thick and glossy.

Cook in a preheated oven (100 degrees Celcius) for 2-2.5 hours.

When cool, spoon on yoghurt, add chocolate stick whiskers, orange nose and kiwi fruit eyes to form a lion face!



How to Make a Bling Tree

You will need:

- Cardboard rolls – long and short
- Masking tape
- Large plastic container
- Sand
- Green paper
- Tinsel
- Recycled baubles
- Silver foil
- White doilies

Use longest cardboard roll as tree trunk. Attach shorter cardboard rolls as branches.

Place tree trunk in container of sand.

Cut out green paper leaves. Attach to tree.

Decorate tree with bling! Weave tinsel around branches, add recycled baubles, pieces of doilies and silver foil.

Episode 5



PRESENTERS

Teo Gebert & Rachael Coopes

PIANIST

Peter Dasent

STORY

Snail and Turtle Are Friends

Author: Stephen Michael King

Publisher: Scholastic Australia

FILM

Changes With Colour

(Play School, ABC)

IDEAS FOR LATER

- Look for caterpillars in the garden (but don't touch!). Ask a parent or carer to explain the change from egg to caterpillar to chrysalis to butterfly.
- Make a dinosaur garden outdoors! Add toy dinosaurs, be sure to hide some fossils to uncover on an archaeological dig!
- Make an invitation and attach it to a balloon. What is the theme? Maybe a frog party!

SONGS

Mr Frog

Composer: Traditional

Publisher: ABC Music Publishing

One Foot In Front of the Other

Composer: Peter Dasent & Garth Frost

Publisher: Origin

Come On And...

Composer: Louie Suthers

Publisher: Control

I Have A Little Garden

Composer: June Epstein

Publisher: Whitcombe & Tombs

Zip-A-Dee-Doo-Dah

Composer: Ray Gilbert & Allie Wrubel

Publisher: J.Albert & Sons

Dino Stomp

Composer: Judith Simpson & Max Lambert

Publisher: ABC Music Publishing

Going On a Bear Hunt

Composer: Traditional

Publisher: ABC Music Publishing



MAKE AND DO



How to Make a Balloon Frog

You will need:

- Green balloon
- Thick black marker pen
- Crepe paper – green and blue
- Masking tape
- Curling ribbon - red

Blow up green balloon.

Cut out long strips from green crepe paper as legs.

Attach legs to balloon using making tape.

Draw mouth and nose with black marker pen.

Attach red curling ribbon as frog tongue.

Use some blue crepe paper as the frog pond.

Play with your frog in the pond!



How to Make a Big Sponge Painting

You will need:

- Large piece of paper
- Different coloured paints
- Plastic/paper plates
- Large sponges

Dip sponges into paint in plates. Cover liberally with paint.

Use sponges to paint a picture on your large paper.

Cover with blue for the sky, add a sun, some flowers – anything you like!