

Dig



Young children are both physical and sensory explorers and so love to dig. Digging in sand and soil, gravel and even sticky mud provides lots of opportunities for energetic action.

It also offers encounters with all the different materials and textures that digging reveals. The young child's interest is also captured by different animals that dig and digging machines. The range of machinery such as graders, backhoes and excavators that can dig up roads and dig deep holes for houses, dams and city buildings can be a special fascination.

In this series of Play School we have lots of fun as we explore digging in all sorts of places and situations. We uncover new items each episode by digging in the sand pit, while through the windows, we see children engaging with the world of digging around them - at the beach, a community garden, a wildlife park, a puppet workshop and a construction site.

Episode 1



PRESENTERS

Emma Palmer & Alex Papps

PIANIST

Peter Dasent

STORY

These Are My Hands

Author/Illustrator: Judy Horacek

Publisher: Puffin Books by the Penguin Group

FILM

Treasure Hunt

(Play School, ABC)

IDEAS FOR LATER

- Ask if you can have a spot in the garden for digging or some dirt in a large tray.
- Place your hand flat on a piece of paper and trace around the edge with a pencil. Ask other people in your family to trace their hands as well. Who has the biggest hand? Who has the smallest?
- Hide an object under a pile of pillows and ask someone to dig through the pile of pillows to find the hidden treasure.

SONGS

Digging Around

Composer: Kylie Montague

Publisher: Control

Let's Go Walking

Composer: Satis Coleman and Alice Thorn

Publisher: The Willis Music Co./ Campbell

Connelly (Aust)

Here Is The Sea

Composer: John Fox

Publisher: ABC Music Publishing

Playing Ball

Composer: Edna G Buttolph

Publisher: The Willis Music Co.

The Mixing Song

Composer: Arthur Baysting / Peter Dasent

Publisher: Origin / ABC Music Publishing

Watermelon

Composer: Arthur Baysting / Peter Dasent

Publisher: Origin

Ring a Ring A Rosie

Composer: Traditional

Publisher: ABC Music Publishing

Open Shut Them

Composer: Traditional

Publisher: ABC Music Publishing

Footnotes

Composer: Peter Charlton / Bill Le Sage

Publisher: ABC Music Publishing / EMI Music

MAKE AND DO



How to Make Melon Ball Treats

You will need:

- 1 segment of watermelon
- ½ Rockmelon
- ½ Honeydew melon
- Vanilla yoghurt
- Bowl
- Chopping board
- Melon ball scoop
- Two tall glasses
- Two long handled spoons

Remove seeds from each of the melon pieces.

Use the melon ball scoop to scoop balls of watermelon, rockmelon and honeydew melon.

Place the melon balls in layers in each glass.

Add dollops of yoghurt between each layer of melon balls.

When finished dip in your long spoon and dig in to find all sorts of different coloured melon balls.



How to Make a Sand Garden

You will need:

- Leaves
- Twigs, pieces of fallen bark
- Pebbles, stones
- Old containers

Collect items to make your sand garden.

In a sand pit, or at a spot at the beach, arrange pieces of bark and sticks to make a house.

Use pebbles as stepping stones.

Use leaves as trees.

Fill a container with water to make a pond for your sand garden!

Episode 2



PRESENTERS

Eddie Perfect & Justine Clarke

PIANIST

Peter Dasent

TOLD STORY

Farmer Fran's Dam

(A story told by the Play School team)

FILM

Digger

(Play School, ABC)

IDEAS FOR LATER

- Go for a walk in the garden or the park to look for insects. Can you see any ants, bees, or butterflies?
- When you go for a drive in the car or ride on the bus look out for construction signs. Did you see any big diggers fixing the road?
- Ask if you can help to sift the flour for making some biscuits in the kitchen. Use an old sieve outside to sift some sand.

SONGS

The Wheels On The Bus

Composer: Traditional

Publisher: ABC Music Publishing

Digging Around

Composer: Kylie Montague

Publisher: Control

Come On And...

Composer: Louie Suthers

Publisher: Control

Wiggerly Woo

Composer: Don Spencer & Moira Cochrane

Publisher: Mushroom/Control

Doin' It

Composer: Arthur Baysting & Peter Dasent

Publisher: Origin

Stuck In Mud

Composer: Ruth Craft

Publisher: Control



MAKE AND DO



How to Make a Dingly Dangly Liddy Ribbon

You will need:

- Length of wide ribbon
- Masking tape
- Assorted lids of various sizes
- Scissors

Play with the lids on the table top. You may like to sort them in a particular way or from largest to smallest.

Place the lids flat side down in row.

Place the ribbon along the top of the lids and tape each one on to the ribbon.

Pick up the end of the ribbon and give your ribbon lid a shake!

Episode 3



PRESENTERS

Justine Clarke & Eddie Perfect

PIANIST

Peter Dasent

STORY

Diary of a Wombat

Author: Jackie French

Illustrator: Bruce Whatley

Publisher: Angus & Robertson/Harper Collins

FILM

Wombat Wildlife Park

(Play School, ABC)

IDEAS FOR LATER

- Pretend you are a wombat and create a burrow from pillows and blankets.
- Ask a parent or carer to take you for an evening walk with a torch. Can you see any birds or animals out in the dark?
- Walk along a beach and see the foot prints you leave behind. Can you see footprints that someone else has left behind?

SONGS

My Hands Are Clapping

Composer: Traditional

Publisher: ABC Music Publishing

Hop Little Bunny

Composer: Traditional

Publisher: ABC Music Publishing

The Wombat Wobble

Composer: Val Donlon

Publisher: ABC Music Publishing/Mushroom

Run A Little

Composer: Satis Coleman & Alice Thorn

Publisher: The Willis Music Co./ Campbell

Connelly (Aust)

A Jump

Composer: Tune traditional/ lyrics Lucille Wood

Publisher: Chambers Harrap Publishing

Cuddle Up

Composer: Peter Dasent & Sophie Emtage

Publisher: Origin/Control

Shoo Fly

Composer: Traditional

Publisher: ABC Music Publishing

Little Peter Rabbit

Composer: Traditional

Publisher: ABC Music Publishing



MAKE AND DO



How to Make Glove and Sock Rabbits

You will need:

- 5 or 6 odd socks
- 3 or 4 gloves
- Hair ties
- Rubber bands

Select a glove and stuff the glove with some socks. Secure a hair tie around the middle.

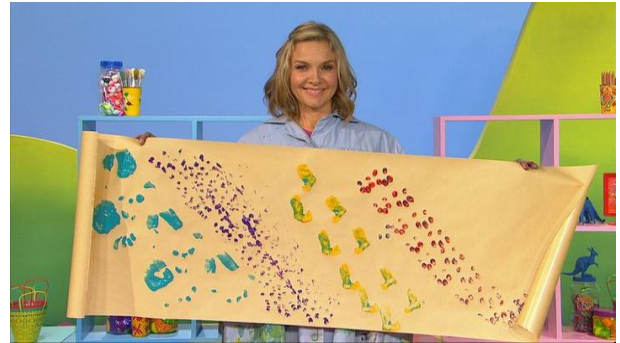
Put another hair tie around the cuff of the glove to make a tail.

Tuck two glove fingers and the thumb into the hair tie and use the remaining two fingers for flippy, floppy ears.

Select a sock, fold it over and tuck in the end.

Put an elastic band around the middle to form a head and then use two rubber bands to create ears.

Take your rabbits for a hop!



How to Make an Animal Footprint Painting

You will need:

- Different coloured finger paints
- Plastic plates
- Large piece of paper
- Bowl of water and towel for washing hands

Dip fingers into paint.

Think of different animals and their footprints. What kinds of footprints would an elephant make? A wombat? A mouse?

Choose an animal and press fingers onto the page in the shape of the animal's footprint.

Move fingers across like paper as though the animal is walking.

Wash fingers and try with a different colour and with a different set of animal footprints.

Episode 4



PRESENTERS

Takaya Honda & Zindzi Okenyo

PIANIST

Peter Dasent

STORY

Snail Trail

Author: Ruth Brown

Publisher: Anderson Press UK

FILM

Community Garden

(Play School, ABC)

IDEAS FOR LATER

- Have a pretend picnic with your toys. What Do you think your toys would like to eat?
- Take a walk to the fruit and veggie shop with a parent or carer. What colours can you see? What shapes? Which vegetable is the biggest of all? Maybe you can choose a piece of fruit to buy and take home.
- Play a hiding game! Use a ball or small toy and 3 x cups of the same size and colour. Place the ball under one of the cups and then move them around. Ask someone to guess which cup the ball is underneath now!

SONGS

Hey There, What Do You Wear?

Composer: Helen Martin

Publisher: Control

Time To Go Out

Composer: Kylie Montague

Publisher: Control

Dig Dig Dig

Composer: Julian Gough, Monica Trapaga & David Bagden

Publisher: ABC Music Publishing

What Shall We Do?

Composer: Peter Dasent & Mark Barnard

Publisher: Origin/Control

Slowly Slowly Very Slowly

Composer: Traditional

Publisher: ABC Music Publishing

Running To The Corner

Composer: Ann North / Martin Wesley-Smith

Publisher: Control

Digging Around

Composer: Kylie Montague

Publisher: Control



MAKE AND DO



How to Make Salad Pocket Breads

You will need:

- Chopping board
- Salad bowl
- Grater
- Kitchen knife
- Vegetable peeler
- Apple
- Lemon
- Carrot
- Beetroot
- Parsley
- Wooden spoon
- Mini Pocket Bread

Peel, chop and grate each of the fruits and vegetables.

Place in salad bowl.

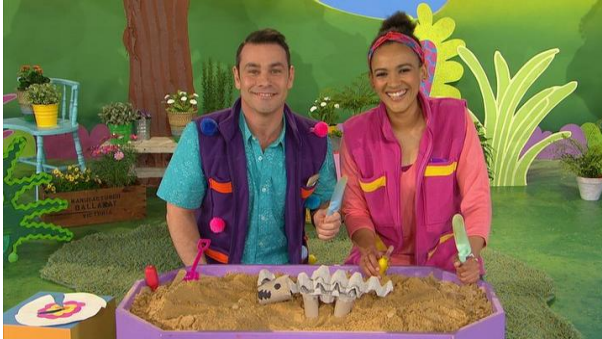
Add the chopped parsley and a squeeze of lemon juice.

Mix with the wooden spoon.

Tear or cut open the mini pocket breads and spoon the salad inside.

Enjoy your crunchy, munchy lunch!

Episode 5



PRESENTERS

Zindzi Okenyo & Teo Gebert

PIANIST

Peter Dasent

TOLD STORY

Little Ted's Night At The Museum

(A story told by the Play School team)

FILM

Dinosaur Workshop

(Play School, ABC)

IDEAS FOR LATER

- Make your own instruments from recycled materials - a plastic bottle rice shaker, a tin lid tambourine and an ice-cream container drum.
- Feel the bones in your hands and feet. Lots of little bones! Feel the bigger bones in your arms and legs. There are so many bones that help you move.
- Have you ever been to the museum? Or looked at a museum on the internet? Ask if you could try and find some bones at a museum or on the internet.

SONGS

Digging Around

Composer: Kylie Montague

Publisher: Control

Dry Bones

Composer: Traditional

Publisher: ABC Music Publishing

Bumpa-Deedle

Composer: Malvina Reynolds

Publisher: Schroder Music Co.

Dinosaur Roar

Composer: Arthur Baysting, Peter Dasent & Justine Clarke

Publisher: Origin/Control

It's Fun To Make Things

Composer: Scott Alpin/Phil Barton

Publisher: ABC Music Publishing

Walk And Stop

Composer: Traditional

Publisher: ABC Music Publishing

Cleaning

Composer: M.Sullivan & C. Adams

Publisher: ABC Music Publishing

Have You Heard The Cat At Night

Composer: Ron Gamack

Publisher: ABC Music Publishing

Let's Play Together

Composer: Arthur Baysting & Peter Dasent

Publisher: ABC Music Publishing/Mushroom

MAKE AND DO



How to Make a Bones Puppet

You will need:

- Cardboard cylinders
- Pipe cleaners
- Colander/strainer
- Wool
- Scissors
- Masking tape
- Marker pen

Use wool to attach cylinders together to form arms and legs.

Attach the arms and legs to a large cylinder for body.

Tie the body to the colander/strainer head with another piece of wool.

Add eyes to the face using rolled up pipe cleaners pushed through the colander/strainer.

Attach wool to each of the arms and legs and to the head of your puppet.

Attach the wool to another large cylinder so you can move it like a puppet.

Make your wibbly, wobbly bones puppet dance!



How to Make a Clay Dinosaur

You will need:

- Several soft balls of clay about the size of an orange
- Interesting leaves of different shapes
- Twigs
- Seed pods

Work the clay until it is soft and malleable.

Use your hands to create a dinosaur body and head.

Attach the two pieces together. Use four small twigs to create legs.

Push them into the base of the body.

Look at the shapes of the leaves and see what you can find that would be good for a tail, spikes, wings or horns.

What sort of dinosaur have you made?