



A BITE TO EAT

with Alice

S1 RECIPES

RECIPE	ATTRIBUTION
70's sprouts	Recipe from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Amaretto almon cake	ABC Licensed
Anchovy and lemon butter	ABC Licensed
Apple and honey fritters	ABC Licensed
Aquafaba 'mini pavs' with raspberries, passionfruit coulis and cream	ABC Licensed
Avo & mukimame cold soba noodle salad	ABC Licensed
Avocado & broad bean bessara with poached egg & crispy pita	ABC Licensed
Baked octopus salad with potatoes and paprika	ABC Licensed
Baked spiced pumpkin pudding	ABC Licensed
Banana Cupcakes with whipped miso butter	Recipe from Mary Ann's Gilligan's Island Cookbook by Dawn Wells, Ken Beck, Jim Clark, Bob Denver
Banoffee glass pie	ABC Licensed
Bazarek ice cream sandwiches	ABC Licensed
Beef and black bean stir fry	ABC Licensed
Bistro salad boquet with anchovy aioli	ABC Licensed
Blender beetroot brownie	Recipe from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Box grater broccoli pasta	Recipe adapted from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Braised red cabbage with apple	ABC Licensed
Bubbly baked camembert	ABC Licensed
Butter carrot curry	Recipe from The Joy of Better Cooking (Murdoch Books) by Alice Zaslavsky
Cacio e pepe devilled eggs with crispy pancetta	ABC Licensed
Cauli chicken rissoles	ABC Licensed
Cayenne sweet potato chips	Recipe adapted from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Charred Marinated artichokes with lemon	ABC Licensed
Cheat's chilli sambal	ABC Licensed
Cheat's garlic roti	ABC Licensed
Cheerio cherry log	Recipe from The Joy of Better Cooking (Murdoch Books) by Alice Zaslavsky
Cheese toastie	ABC Licensed
Chicken and pineapple yakitori with chilli salt	ABC Licensed
Chilli baked warm olives and almonds	ABC Licensed
Coconut chicken laksa with prawn dumplings	ABC Licensed
Coconut fish betel leaves	ABC Licensed
Coconut sago pudding with a quandong jam	ABC Licensed
Coriander tabouli with salted kale	ABC Licensed
Corination chicken satsivi	ABC Licensed
Corn tostada with chicken and avocado	ABC Licensed
Corned beef bonanza	ABC Licensed
Cornflake florentine bark	ABC Licensed
Crab cakes with lemon zest and cheeks of lemon	ABC Licensed
Crispy sprouty leeky lentils	ABC Licensed
Crumbed asparagus with secret herbs & spices (crunchy peanut taste taste)	ABC Licensed
Cucumber whack salad with crispy shallots	ABC Licensed
Early Bird Bircher	ABC Licensed
Easy seedy crackers	ABC Licensed
Eggplant rolls with a walnut stuffing	Recipe adapted from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Five spice salt and pepper tofu	ABC Licensed
Flatchat chicken & silverbeet & feta	ABC Licensed
FODMAP friendly green borscht	ABC Licensed
Four ginger parsnip sticky date	Recipe from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
French mustard buttered leeks	Recipe adapted from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Fuzzy basil cheesesticks	Recipe from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Garlic Pampushki	ABC Licensed
Georgian Kharcho rice soup wih eggplant	Recipe adapted from The Joy of Better Cooking (Murdoch Books) by Alice Zaslavsky
Green eggs and spam fried rice	ABC Licensed
Hot chipatta	ABC Licensed
Hunters chicken	ABC Licensed
Jam and butter bread pudding	ABC Licensed
Kale chips	ABC Licensed
Keralan fried cauliflower	Recipe from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Khachapuri - Georgian Cheese Boats	ABC Licensed
Lamb shank and tarragon stew	ABC Licensed

Lau's family veg	Recipe from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Leafy salad with seeded mustard vinaigrette	ABC Licensed
Lemon and ricotta cake with lemon drizzle	ABC Licensed
Lemon chicken	ABC Licensed
Lemon drop mocktail	ABC Licensed
Lemon verbena cordial	Recipe adapted from The Joy of Better Cooking (Murdoch Books) by Alice Zaslavsky
Lemongrass and makrut lime coconut jelly	ABC Licensed
Mammas Sicilian Meat balls	Recipe from Santina Callea
Matcha lamington cake	ABC Licensed
Matzah ball soup	ABC Licensed
Midweek bol with spaghetti and zucchini noodles	Recipe from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Mushroom wet fry fettucini	ABC Licensed
No sweat chicken pho	ABC Licensed
No tears onion soup	Recipe from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
No wrap prawn and spinach dumplings	Recipe from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Oladiki hotcakes with passionfruit curd	Recipe adapted from The Joy of Better Cooking (Murdoch Books) by Alice Zaslavsky
One pan cauli pilaf	ABC Licensed
Onion and pea bhaaji bites	Recipe from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Onion tarte tartin	Recipe from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Pea and bean tempeh stir fry	ABC Licensed
Peanut chilli oil	ABC Licensed
Porcupine sausage polpette with tomato soup	Recipe from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Pork and cabbage dimmies	ABC Licensed
Pork and fennel sausage pasta with ridicchio	Recipe adapted from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Prawn & broccolini stir fry & prawn crackers	Recipe adapted from The Joy of Better Cooking (Murdoch Books) by Alice Zaslavsky
Prawn head chilli oil	ABC Owned
Puffy plum muffins	Recipe from The Joy of Better Cooking (Murdoch Books) by Alice Zaslavsky
Pumpkin, sage and ricotta lasagne	ABC Licensed
Rainbow veg	ABC Licensed
Red curry breakky beans	ABC Licensed
Red Veg reomescos with garlicky toasts	Recipe adapted from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Rice paper crackers with furikake/khmel suneli	Recipe adapted from The Joy of Better Cooking (Murdoch Books) by Alice Zaslavsky
Roasted cauli harissa and yoghurt garlic sauce	ABC Licensed
Roasted fennel and spiced chickpea agrodolce salad	ABC Licensed
Rocky road	ABC Licensed
Salmon poke bowl	ABC Licensed
Salt baked celeriac with oozy cheese	Recipe adapted from In Praise of Veg (Murdoch Books) by Alice Zaslavsky
Scallops with saltbush and mountain pepper butter	ABC Licensed
Silken tofu chocolate cheesecake	ABC Licensed
Silken tofu corn chowder dip	ABC Licensed
Sour cherry and cottage cheese vareniks	ABC Licensed
Soy spiked mushroom noodles	Recipe adapted from The Joy of Better Cooking (Murdoch Books) by Alice Zaslavsky
Spinach and cheese pan pies	Recipe adapted from The Guardian 'You've Got This' column by Alice Zaslavsky
Standing rib roast with pan jus	ABC Licensed
Steamed artichoke with lemon emulsion	ABC Licensed
Steamed chicken drumsticks with sizzled spring onion oil	ABC Licensed
Stockmans chuck steak pie	ABC Licensed
Sweet potato dahl	Recipe adapted from The Joy of Better Cooking (Murdoch Books) by Alice Zaslavsky
Tempeh larb with chilli, toasted rice and herbs	ABC Licensed
Tempura flathead with sweet potato chips	ABC Licensed
Tempura mushroom tacos with purple slaw	ABC Licensed
Thai coleslaw herb and beef skirt salad	ABC Licensed
Tomato and eggplant kasundi	ABC Licensed
Tomato omurice	ABC Licensed
Tuna mornay	ABC Licensed
Tuna tapenade with croissant	ABC Licensed
Veg sugo & gnocchi a la romana	ABC Licensed
Vietnamese cold noodle salad with prawn and mango	ABC Licensed
Vietnamese egg net omelette	ABC Licensed
Wattleseed tiramisu	ABC Licensed
Zucchini involtini	ABC Licensed