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how do you give a child the best chance in life?





## Life at 3

### how do you give a child the best chance in life?

The story continues for the children of *The Life Series*—now they are three—as they reveal what it takes to give a child the best chance at life.

Over two episodes *Life at 3* measures our group of children against the latest scientific findings on two of the hottest topics in child development—obesity and bad behaviour.

*The Life Series* is made in conjunction with a long-term study—*Growing Up in Australia*—in which 10,000 children have been placed under a sociological and scientific microscope.

Combining powerful and intimate stories with cutting edge science, the series aims to reveal the secrets of child development.

The longitudinal study has found that 25 per cent of toddlers are already overweight or obese—the most significant health issue facing Australian children. *Life at 3* seeks answers to the problem using the latest biological and behavioural science. Research also shows that children must start to learn how to control their behaviour at three if they are to perform well at school.

As the lives of these children unfold, we see whether the hopes of their parents and the predictions of the scientists match reality.

Join us on the greatest journey of all—life.

Narrator **Colin Friels**

Writer/Director **Catherine Marciniak**

Producer **Jennifer Cummins**

Executive Producer **Penny Robins**

Duration **2 x 55 minutes**

Year **2008**

A Film Australia National Interest Program in association with Heiress Films. Developed and produced in association with the Australian Broadcasting Corporation.

Also in *The Life Series: Life at 1 (2006)*

Photographs by Suzanne Brown © Film Australia

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