



Teacher Resource

Teen Drinking

Focus Questions

Discuss the BTN High story as a class and record the main points of discussion. Students will then respond to the following:

1. How does alcohol affect a person's *body*?
2. What impact does alcohol have on the *brain*?
3. How can alcohol affect a person's *behaviour*?
4. What factors do experts say have contributed to a drop in young people consuming alcohol?
5. What could be done to further reduce that drop in alcohol consumption?

Activities

- Investigate the parts of the brain and body that are affected by alcohol. Draw and label a diagram and share your findings with the class.
- In small groups, students will discuss the following:
 - *What have you learned about the effects of alcohol?*
 - *Have your views about alcohol changed? Explain your answer.*
- Design an informative and engaging public health campaign about the effects of alcohol. You may choose to create a poster, short video, or article for your school newsletter.

EPISODE 25

21st May 2025

KEY LEARNING

Students will explore how Australia's drinking culture is changing, and learn about the effects of alcohol on the human body.

CURRICULUM

[Health and PE – Years 7 and 8 \(v8.4\)](#)

[Health and PE – Years 7 and 8 \(v9.0\)](#)

[Health and PE – Years 9 and 10 \(v9.0\)](#)

[Health and PE – Year 10 \(v9.0\)](#)