



Program Guide

9 July – 18 July 2025

Wednesday, 9 July 2025**4:00am News Breakfast: Early**

(CC)

As the day begins get the facts you need to stay informed. Bridget Brennan and Emma Rebellato present the latest news, overnight developments and top stories, joined by Catherine Murphy with sport and Nate Byrne with weather.

7:00am ABC News Mornings

(CC)

Stay in the know with what's going on this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Meredith Sheehan.

10:00am ABC News At Noon

(CC)

The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.

10:30am Landline

(CC)

Swapping life in the city for farming free-range ducks: and celebrating 150 years of historical Toganmain woolshed.

11:00am The Cook Up With Adam Liaw: Pizza!

(Repeat)

It's Easy Entertaining with The Cook Up. Adam is joined by two pizza crust-dough-dians, Luke Powell from Bella Brutta and Jess Smith from City Oltra, for a pizza party.

11:25am Four Corners: Generation Cancer

Australians in their 30s and 40s are facing an alarming surge in cancer diagnoses. From bowel and breast to liver and kidney, aggressive cancers are hitting younger people - often detected late, with devastating outcomes.

12:10pm Media Watch

Outrage over the racy treatment of a tragic killing. The automotive journalists who engaged in a financial engagement with a carmaker they were reviewing. An AFR article's anti-red tape screed that left out an important fact.

12:30pm I Was Actually There: Nicky Winmar's Stand Against Racism

(CC,Repeat,PG)

It's a day etched into Australian sporting folklore for all the wrong reasons. A moment on a footy field where Nicky Winmar, a proud Noongar man, called out racism.

- 1:00pm Dream Gardens: Kyneton, VIC**
(CC,Repeat,G)
A couple ask their son and daughter-in-law to create a unique garden in Kyneton in Victoria. But do they have the courage to embrace a design that will transform their bland backyard into a striking sculptural showcase?
- 1:30pm Art Works**
(CC,Repeat,PG)
We check out Somali Australian art and culture exhibition AQAL and Indigenous drone art event Sky Song. Plus, we learn about award-winning comedian David Quirk's unexpected day job and meet screen composer Caitlin Yeo.
- 2:00pm Afternoon Briefing**
(CC)
Patricia Karvelas brings you the latest reaction and fallout from the Reserve Bank's interest rate decision. Plus with parliament set to resume in less than two weeks, we bring you the latest in politics and national affairs.
- 3:00pm ABC News with Joe O'Brien**
(CC)
Alex Thomas brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
- 4:00pm The Cook Up With Adam Liaw: Pizza!**
(Repeat)
It's Easy Entertaining with The Cook Up. Adam is joined by two pizza crust-dough-dians, Luke Powell from Bella Brutta and Jess Smith from City Oltra, for a pizza party.
- 4:25pm This Place: The Journey of the Bogong Moths**
(CC,Repeat,G)
In Wiradjuri Country, Mungabareena means a 'special meeting place'. Mt Bogong was a special meeting place because many people, not just the Wiradjuri, would come to feast when the bogong moths arrived.
- 4:30pm That Pacific Sports Show**
(G)
NRL star Tino Fa'asuamaleaui returns to Samoa to reconnect with his roots, we head to Vanuatu to meet para-athletes breaking barriers, and Wise Kativerata joins us on the couch to talk sport and social change.
- 5:00pm ABC National News**
(CC)
There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news with more reporters to tell you what's going on and why it matters. Presented by Alex Thomas.

- 5:30pm 7.30**
(CC)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
- 6:00pm I Was Actually There: Nicky Winmar's Stand Against Racism**
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A couple ask their son and daughter-in-law to create a unique garden in Kyneton in Victoria. But do they have the courage to embrace a design that will transform their bland backyard into a striking sculptural showcase?
- 7:00pm The World**
(CC)
There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.
- 7:55pm Four Corners: Generation Cancer**
(Repeat)
Australians in their 30s and 40s are facing an alarming surge in cancer diagnoses. From bowel and breast to liver and kidney, aggressive cancers are hitting younger people - often detected late, with devastating outcomes.
- 8:40pm Media Watch**
(Repeat)
Outrage over the racy treatment of a tragic killing. The automotive journalists who engaged in a financial engagement with a carmaker they were reviewing. An AFR article's anti-red tape screed that left out an important fact.
- 9:00pm The Breakfast Couch**
(CC,Repeat)
Bridget, James, Emma and the team chat with Scarlett Johansson, Jonathan Bailey and Mahershala Ali about Jurassic World Rebirth with a review from Zak Hepburn. Plus Andy Lee, Ernie Dingo and a new exhibition on Mr Squiggle.

- 9:30pm If You're Listening: Has the US busted Iran's nuclear bomb plans?**
(CC)
The Israel-Iran war ended with the US dropping bombs on Iran's nuclear facilities, then quickly brokering a ceasefire. But has Iran really been months away from building a nuke for the last fifteen years, as Israel claims?
- 9:50pm Beyond Awesome: Tuvalu's Land Makers - Alan**
(Repeat,G)
With sea levels on the rise because of climate change, Alan Resture is on a mission to help protect his homeland and that involves making land, literally! We see how it's done.
- 10:00pm ABC Late News**
(CC)
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Craig Smart in Perth.
- 10:15pm The Business**
(CC)
How have the markets, economists, borrowers and consumers responded to the Reserve Bank's July decision on interest rates? Kirsten Aiken and the team break down RBA Governor Michele Bullock's statement on monetary policy.
- 10:30pm 7.30**
(CC,Repeat)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
- 11:00pm The World**
(CC,Repeat)
There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.

Thursday, 10 July 2025

- 0:00am** **ABC Late News**
(CC,Repeat)
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 0:15am** **The Business**
(CC,Repeat)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 0:30am** **I Was Actually There: Boxing Day Tsunami**
(CC,Repeat,PG,This program contains content that may be confronting to some viewers)
A massive earthquake below the Indian Ocean unleashed the deadliest tsunami in history, killing 230,000 people. Those who were swept up in the wave had no idea of its scale, only of the devastation that unfolded before them.
- 1:00am** **Dream Gardens: Alexandria, NSW**
(CC,Repeat,G)
Young professionals Stuart and Monique Cormack are desperate to reinvent their tiny, neglected backyard. Will their big dreams fit their pint-sized, terrace garden?
- 1:30am** **Four Corners: Trading In Chaos**
(CC,Repeat)
We examine the chaos, confusion, uncertainty and fear generated by Trump's so-called reciprocal tariffs, which experts say will increase the cost of living, make the US poorer and the world a less prosperous and secure place.
- 2:15am** **Media Watch**
(CC,Repeat,G)
Journalist Antoinette Lattouf has won her legal showdown, so what does it mean for trust in your ABC? Plus from Donut Day to Free Chicken Day the proliferation of 'National Food Days' helps sneak food ads into our news diets.
- 2:30am** **The Breakfast Couch**
(CC,Repeat)
Bridget, James, Emma and the team chat with Killing Heidi's Ella and Jesse Hooper, world-renowned pianist Lang Lang, Movie news from Zak Hepburn plus pastry chef Christy Tania and winter tray bake ideas from Alice Zaslavsky.

- 3:00am** **The World**
(CC,Repeat)
There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.
- 4:00am** **News Breakfast: Early**
(CC)
As each day begins get the facts you need to stay informed. Bridget Brennan and James Glenday present the latest news, overnight developments and today's top stories, joined by Emma Rebellato, Catherine Murphy and Nate Byrne.
- 7:00am** **ABC News Mornings**
(CC)
Stay in the know with what's going on this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Lorna Dunkley.
- 10:00am** **ABC News At Noon**
(CC)
The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 11:00am** **The Cook Up With Adam Liaw: Make It My Own**
(Repeat)
Adam and his guests, performer Michelle Law and philanthropist Kon Karapanagiotidis, pay tribute to the recipes they've made their own.
- 11:25am** **This Place: Gujiragun**
(CC,Repeat,G)
Under the world's oldest picture garden in Broome, WA, sits a jila, or waterhole. Yawuru man Jimmy Edgar remembers the dream time stories of this important meeting place for people from many cultures over thousands of years.
- 11:30am** **Project Wild: Cambodia**
(CC,Repeat,PG)
Dr Ann Jones travels through the Indo-Pacific region to find the dedicated people bringing our planet's amazing animals, plants and ecosystems back from the brink. This time she visits biodiversity-rich Cambodia.
- 12:00pm** **Extraordinary Animals**
In nature, being flamboyant can mean anything from using extravagant behaviour to entice a mate or warn off predators - to camouflaging yourself when hunting. Standing out can be the ultimate strategy for survival.

- 12:30pm** **Going Places with Ernie Dingo: Bungle Bungles, Coranderrk, Cairns**
(Repeat)
Ernie experiences the breathtaking Bungle Bungles in the heart of the Kimberley, Narelda visits Coranderrk with a Wurundjeri elder and Aaron steps into the studio with didge-legend Dave Hudson.
- 1:20pm** **Beyond Awesome: The Solomon Islands' SeaSistas**
(Repeat,G)
We join one of the first women to qualify as a surf instructor in the Solomon Islands as Nagarita and her team use their passion for surfing to empower girls by challenging stereotypes about men and women.
- 1:30pm** **Running Dry**
(Repeat,G)
The world is running out of water. Climate change, mismanagement and geopolitics are a drying up our reservoirs. The ripple effect is leaving millions struggling - there is hope but we must make every drop count.
- 2:00pm** **Afternoon Briefing**
(CC)
Your daily download of everything you need to know about politics, national and global affairs. Patricia Karvelas asks politicians the tough questions and talks to key players and experts on the issues driving the news cycle.
- 3:00pm** **ABC News with Joe O'Brien**
(CC)
Melissa Mackay brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
- 4:00pm** **The Cook Up With Adam Liaw: Make It My Own**
(Repeat)
Adam and his guests, performer Michelle Law and philanthropist Kon Karapanagiotidis, pay tribute to the recipes they've made their own.
- 4:25pm** **Heywire: Jack from Shepparton, VIC**
(CC,Repeat,G)
Once a year, Heywire winner Jack comes together with his Italian family to make Nona's famous tomato sauce.
- 4:30pm** **Extraordinary Animals**
(Repeat)
In nature, being flamboyant can mean anything from using extravagant behaviour to entice a mate or warn off predators - to camouflaging yourself when hunting. Standing out can be the ultimate strategy for survival.

- 4:55pm** **If You're Listening: Why Israel's drones have changed the future of war**
(CC,Repeat)
Historically, Defence spending is used to protect your country from big threats: ships on the horizon, submarine warfare, stealth bombers. But drone attacks which are pretty cheap and incredibly effective are changing that.
- 5:15pm** **AFL Premiership Season: Round 17 - North Melbourne v Western Bulldogs**
ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.
- 8:15pm** **The World**
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There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.
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- 9:40pm** **Project Wild: Cambodia**
(CC,Repeat,PG)
Dr Ann Jones travels through the Indo-Pacific region to find the dedicated people bringing our planet's amazing animals, plants and ecosystems back from the brink. This time she visits biodiversity-rich Cambodia.
- 10:15pm** **ABC Late News**
(CC)
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:30pm** **7.30**
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Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting public affairs journalism and interviews that hold the powerful to account.
- 11:00pm** **The World**
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Friday, 11 July 2025

- 0:00am** **ABC Late News**
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Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Craig Smart in Perth.
- 0:15am** **The Business**
(CC)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, investors, employees and businesses big and small. Presented by Alicia Barry.
- 0:30am** **Going Places with Ernie Dingo: Sunday Island, Atherton Tablelands, Hobart**
(Repeat)
Ernie traverses the blue waters and tidal passages to Sunday Island, Aaron experiences the magic and culture of the Atherton Tablelands and Rae hears the history of Hobart from a palawa perspective.
- 1:25am** **Beyond Awesome: Timor Leste's Protein Champions**
(Repeat,G)
With malnutrition rates amongst the highest in the world, we go behind the scenes of a popular cooking show in Timor Leste that demonstrates how to create delicious and affordable protein-packed meals.
- 1:30am** **Extraordinary Animals**
(Repeat)
Australia is a "hot spot" for deceitful animal behaviour but sometimes being deceptive isn't all about lying or cheating - it can assist in risk-taking and doing whatever it takes to get ahead in the wild.
- 1:55am** **Camel Capers: Camel Visionary**
(CC,Repeat,G)
Max Bergmann is a Paralympian, a scientist, and a passionate camel farmer. He's also legally blind but, as he says, he has a vision for developing Australia's camel industry.
- 2:05am** **Project Wild: Tonga**
(CC,Repeat,G)**Final**
Nature nerd, Dr Ann Jones travels through the Indo-Pacific region to find the dedicated people bringing our planet's amazing animals, plants and ecosystems back from the brink. This time Ann explores the Kingdom of Tonga.

- 2:35am The Cook Up With Adam Liaw: Toast of the Town**
(Repeat)
Join Adam and guests, TikTok sensation Daen Lia and award-winning restaurateur Somer Sivrioglu, as they raise a toast to the toast of the town... toast!
- 3:00am The World**
(CC,Repeat)
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(CC)
The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 11:00am Gardening Australia: Winter: Community Composting & Coastal Garden**
(CC,AD,G)
Costa joins a dedicated community of composters, Clarence explores a native cliff top garden, Jane finds an incredible fern collection, Millie does a strategic garden refresh, and we meet contemporary artist Janet Laurence.
- 12:00pm Great Australian Walks**
(Repeat)
Julia Zemiro heads up the mountain from Sydney, rides the scenic cable car and walks the Grand Clifftops Walk.
- 12:45pm Wide Open Spaces: Dog Fence**
(CC,Repeat)
Australia's dog fence is the longest continuous fence in the world, built to keep wild dogs out of sheep farms. But it's seen better days. In 2016 Prue Adams was there for the rebuilding of a 1600 kilometre stretch.

- 1:00pm** **Back Roads: Bibbulmun Track, WA**
(CC,G)
Back Roads explores Western Australia's beloved Bibbulmun Track - a 1000 kilometre walk through mighty forests and a rugged coastline. Guest Presenter Rae Johnston meets people transformed by the experience. (Midseason Final)
- 1:30pm** **That Pacific Sports Show**
(Repeat,G)
NRL star Tino Fa'asuamaleaui returns to Samoa to reconnect with his roots, we head to Vanuatu to meet para-athletes breaking barriers, and Wise Kativerata joins us on the couch to talk sport and social change.
- 2:00pm** **Afternoon Briefing**
(CC)
Live from Canberra, Olivia Caisley brings you everything you need to know about politics, national and global affairs. We ask politicians the tough questions and speak with key players and experts on topics making news.
- 3:00pm** **ABC News with Joe O'Brien**
(CC)
Alex Thomas brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
- 4:00pm** **Gardening Australia: Winter: Community Composting & Coastal Garden**
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Back Roads explores Western Australia's beloved Bibbulmun Track - a 1000 kilometre walk through mighty forests and a rugged coastline. Guest Presenter Rae Johnston meets people transformed by the experience. (Midseason Final)
- 5:25pm** **AFL Premiership Season: Round 18 - Gold Coast Suns v Collingwood**
ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.
- 8:30pm** **The World**
(CC)
There's never been a more important time to stay in touch with what's going on in our world. At 9pm AEST, Manny Tsigas brings you the latest international news and interviews with correspondents and guests.

- 9:00pm ABC Late News**
(CC)
More news, more often. Wherever you are stay in touch with ABC News. We've got more reporters in more places, connecting communities and covering the stories and issues that matter to you. Presented by Craig Smart.
- 9:30pm Close Of Business**
(CC)
The Reserve Bank surprised many economists, markets and borrowers to keep rates on hold in July, with uncertainty over a tight labour market, wage growth and global outlook, despite inflation remaining within its target band.
- 10:00pm ABC Late News**
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Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Craig Smart in Perth.
- 10:15pm If You're Listening: How Israel's drones changed the future of war**
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Historically, Defence spending is used to protect your country from big threats: ships on the horizon, submarine warfare, stealth bombers. But drone attacks which are pretty cheap and incredibly effective are changing that.
- 10:30pm Asia News Week**
(CC)
Yvonne Yong brings you a weekly roundup of the stories making news across the Asia region, plus what's trending on social media and making an impact on the culture and the way people live.
- 11:00pm The World**
(CC,Repeat)
There's never been a more important time to stay in touch with what's going on in our world. At 9pm AEST, Manny Tsigas brings you the latest international news and interviews with correspondents and guests.
- 11:30pm Gardening Australia: Winter: Community Composting & Coastal Garden**
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Saturday, 12 July 2025

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- 1:15am Back Roads: Bibbulmun Track, WA**
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- 1:45am Four Corners: Generation Cancer**
(Repeat)
Australians in their 30s and 40s are facing an alarming surge in cancer diagnoses. From bowel and breast to liver and kidney, aggressive cancers are hitting younger people - often detected late, with devastating outcomes.
- 2:30am Asia News Week**
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Yvonne Yong brings you a weekly roundup of the stories making news across the Asia region, plus what's trending on social media and making an impact on the culture and the way people live.
- 3:00am The World**
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There's never been a more important time to stay in touch with what's going on in our world. At 9pm AEST, Manny Tsigas brings you the latest international news and interviews with correspondents and guests.
- 3:30am Close Of Business**
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The Reserve Bank surprised many economists, markets and borrowers to keep rates on hold in July, with uncertainty over a tight labour market, wage growth and global outlook, despite inflation remaining within its target band.
- 4:00am Alone Australia**
(Repeat)
Ten survivalists are dropped into the West Coast Ranges of Tasmania for the challenge of a lifetime: to survive in the wild without any human contact. Only the last one standing can win \$250,000.

- 5:00am** **Weekend Breakfast: Early**
(CC)
Start your weekend informed and up-to-date. Thomas Oriti and Kathryn Robinson bring you the latest news, interviews, politics, culture, weather and global affairs. Plus sport with Daniela Intili.
- 6:00am** **Weekend Breakfast**
(CC)
Start your weekend informed and up-to-date. Johanna Nicholson and Fauziah Ibrahim bring you the latest news, interviews, politics, culture, weather and global affairs. Plus sport with Jared Coote.
- 9:00am** **ABC News**
(CC)
Lorna Dunkley presents the latest from ABC News on the weekend bringing you today's top stories and coverage of events as they unfold. Plus original reporting, analysis and updated news, sport, weather and information.
- 9:30am** **Aussie Mavericks: Self-Made Woman**
(CC,Repeat,G)
From sheep breeder to shearer, grain trader to truck driver. She was raised to be a wife and mother. Instead, this woman has set up more businesses and tackled more jobs than many people do in a lifetime.
- 9:45am** **Khanh Ong's Wild Food**
(Repeat)
Chef Khanh Ong continues his road trip through Central Gippsland, Victoria. From locals he learns how to catch European carp for an ancient recipe for fish sauce and how to hunt and butcher wild deer.
- 10:35am** **Roads Unknown India**
Jess and her ride crew navigate the stunning but rugged Konkan Coast, switching between bikes and boats. The team race toward Mumbai, determined to get Pulak to the city in time to visit his family.
- 11:00am** **AFL Premiership Season: Round 18 - Western Bulldogs v Adelaide Crows**
ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.
- 2:00pm** **AFL Premiership Season: Round 18 - GWS Giants v Geelong Cats**
ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.

- 5:00pm ABC News**
(CC)
News from where we live. ABC News Victoria brings you the day's top stories, exclusive investigations and original reporting on the issues that matter to you. Presented by Danny Tran.
- 5:30pm AFL Premiership Season: Round 18 - Richmond v Essendon**
ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.
- 8:30pm Roads Unknown India**
(Repeat)
Jess and her ride crew navigate the stunning but rugged Konkan Coast, switching between bikes and boats. The team race toward Mumbai, determined to get Pulak to the city in time to visit his family.
- 8:55pm This Place: Big Rock: Walga**
(CC,Repeat,G)
Walga Rock has one of the largest galleries of Aboriginal rock paintings in Western Australia. Walga, meaning blood, is one of the largest monoliths in Australia and maintained by the Wajarri Elders and community.
- 9:00pm Going Places with Ernie Dingo: Mallacoota, Bibra Lake, Narrandera**
(Repeat)
Narelda soaks up the beauty of Mallacoota with a pair of proud locals, Ernie gets a tour of the Bibra Lake wetlands and Bianca meets a fashion designer making a splash with her cultural designs..
- 9:50pm Asia News Week**
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Yvonne Yong brings you a weekly roundup of the stories making news across the Asia region, plus what's trending on social media and making an impact on the culture and the way people live.
- 10:20pm Four Corners: Generation Cancer**
(Repeat)
Australians in their 30s and 40s are facing an alarming surge in cancer diagnoses. From bowel and breast to liver and kidney, aggressive cancers are hitting younger people - often detected late, with devastating outcomes.
- 11:05pm The World This Week**
(CC)
Girish Sawlani brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.

11:35pm**Khanh Ong's Wild Food**

(Repeat)

Chef Khanh Ong continues his road trip through Central Gippsland, Victoria. From locals he learns how to catch European carp for an ancient recipe for fish sauce and how to hunt and butcher wild deer.

Sunday, 13 July 2025

- 0:20am Roads Unknown India**
(Repeat)
Jess and her ride crew navigate the stunning but rugged Konkan Coast, switching between bikes and boats. The team race toward Mumbai, determined to get Pulak to the city in time to visit his family.
- 0:50am Larapinta**
(Repeat)
Talia visits Ntaria, birthplace of renowned artist, Albert Namatjira. Uncle Conrad Ratara shares a dreaming story about Palm Valley, an oasis deep in the heart of the desert. What is the mystery behind its existence?
- 1:15am Parkinson In Australia: 1980: Joh Bjelke-Petersen, Reg Livermore, Rich Neville**
(CC,Repeat,PG,Sexual References)
Michael Parkinson interviews guests Joh Bjelke-Petersen, Reg Livermore and Richard Neville.
- 2:25am National Press Club Address: John Grimes - Chief Executive of the Smart Energy Council**
(CC)
John Grimes, Chief Executive of the Smart Energy Council, addresses the National Press Club on the topic of "Power politics: The political power of Australia's renewable energy industry".
- 3:30am The World This Week**
(CC,Repeat)
Girish Sawlani brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.
- 4:00am Tom Gleeson's Secrets of the Australian Museum**
(Repeat)
For the first time, cameras go behind the scenes at the Australian Museum. Join Gold Logie winner Tom Gleeson as he discovers the labs, treasures and action leading up to their biggest exhibition ever.
- 5:00am Weekend Breakfast: Early**
(CC)
Ease into your Sunday as Thomas Oriti and Kathryn Robinson present an engaging mix of the latest news, updated information, analysis, interviews, politics, global affairs, culture and weather. Plus sport with Daniela Intili.

- 6:00am Weekend Breakfast**
(CC)
Ease into your Sunday with an engaging mix of news, updated information, analysis, interviews, politics and weather. Presented by Johanna Nicholson and Fauziah Ibrahim, plus sport with Jared Coote.
- 7:00am Insiders**
(CC)
Prime Minister Anthony Albanese set to visit China for talks on trade and bolstering economic ties. Guest host Patricia Karvelas and the panel discuss the week including the RBA keep interest rates on hold and Trump tariffs.
- 8:00am Offsiders**
(CC)
Abbey Gelmi and the panel cover the latest from the AFL, NRL, NRLW, Wimbledon, plus the Third Cricket Test between Australia and the West Indies, the World Swimming Championships and the Wallabies prepare for the Lions Tour.
- 8:30am That Pacific Sports Show**
(Repeat,G)
NRL star Tino Fa'asuamaleaui returns to Samoa to reconnect with his roots, we head to Vanuatu to meet para-athletes breaking barriers, and Wise Kativerata joins us on the couch to talk sport and social change.
- 9:00am ABC News**
(CC)
Lorna Dunkley presents the latest from ABC News on the weekend bringing you today's top stories and coverage of events as they unfold. Plus original reporting, analysis and updated news, sport, weather and information.
- 9:30am The Breakfast Couch**
(CC)
Bridget Brennan, Emma Rebellato, Catherine Murphy and the team hear from some of the guests who appeared on News Breakfast this week. Plus regulars including film critic Zak Hepburn and resident foodie Alice Zaslavsky.
- 10:00am ABC News At Noon**
(CC)
Lorna Dunkley presents the latest from ABC News on the weekend bringing you today's top stories and coverage of events as they unfold. Plus original reporting, analysis and updated news, sport, weather and information.

- 10:30am The World This Week**
(CC,Repeat)
Girish Sawlani brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.
- 11:00am Loving Gluten Free**
Helen swaps out breadcrumbs for quinoa to make a favourite, crisby gluten free crumbed chicken. Helen then heads to 'Saba's Ethiopian Restaurant' in Fitzroy to learn about gluten free options in Ethiopian cooking.
- 11:30am The Cook Up With Adam Liaw: Simple Seafood**
(Repeat)
It's simply the best as Adam, Hope St Radio Head Chef Ellie Bouhadana and photographer and chef Joel Bennetts make magic with simple seafood.
- 11:55am WINHANGANHA**
WINHANGANHA is a journey of archival footage, sound, poetry and original composition examining how legacies of collection affect First Nations people and wider Australia. Told through the lens of Wiradjuri artist, Jazz Money.
- 1:00pm AFL Premiership Season: Round 18 - St Kilda v Sydney Swans**
ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.
- 4:00pm Loving Gluten Free**
(Repeat)
Helen swaps out breadcrumbs for quinoa to make a favourite, crisby gluten free crumbed chicken. Helen then heads to 'Saba's Ethiopian Restaurant' in Fitzroy to learn about gluten free options in Ethiopian cooking.
- 4:25pm This Place: Bung Yarnda: Camping Waters**
(CC,Repeat,G)
Bung Yarnda, also known as Lake Tyers, has a rich history as a fishing, feasting and camping place for Gunai clans in East Victoria. In recent years, tourism, development, pollution and drought has affected the ecosystem.
- 4:30pm A Song For My Father**
(G)
When his father passes away, Chris kamu'ana Rohoimae is left with more than just memories, he's left with a song. Written in the days before his father's death, this deeply personal track leads Chris to win Pacific Break 2024

- 5:00pm ABC National News**
(CC)
There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news with more reporters to tell you what's going on and why it matters. Presented by Meredith Sheehan.
- 5:30pm WINHANGANHA**
(Repeat)
WINHANGANHA is a journey of archival footage, sound, poetry and original composition examining how legacies of collection affect First Nations people and wider Australia. Told through the lens of Wiradjuri artist, Jazz Money.
- 7:00pm Alone Australia**
In a battle against time, the survivalists hurry to establish shelters or catch food before their energy reserves run out.
- 8:00pm ABC Late News Weekend**
(CC)
When you need to know what's happening turn to ABC News for coverage you can trust. We bring you today's events from reporters across Australia, connecting communities and telling your stories. Presented by Meredith Sheehan.
- 8:30pm Offsiders**
(CC,Repeat)
Abbey Gelmi and the panel cover the latest from the AFL, NRL, NRLW, Wimbledon, plus the Third Cricket Test between Australia and the West Indies, the World Swimming Championships and the Wallabies prepare for the Lions Tour.
- 9:00pm ABC Late News**
(CC)
Live across Australia, the latest headlines and the day's top stories from ABC News. We have reporters on the ground connecting communities, telling your stories and bringing you coverage of what's happening as it unfolds.
- 9:30pm A Song For My Father**
(Repeat,G)
When his father passes away, Chris kamu'ana Rohoimae is left with more than just memories, he's left with a song. Written in the days before his father's death, this deeply personal track leads Chris to win Pacific Break 2024
- 10:00pm ABC News Overnight**
(CC)
The final word on the day's top stories, with the latest news and updated information from Australia's most trusted source of independent news. Presented by Meredith Sheehan.

10:15pm**Extraordinary Animals**

(Repeat)

Australia is a "hot spot" for deceitful animal behaviour but sometimes being deceptive isn't all about lying or cheating - it can assist in risk-taking and doing whatever it takes to get ahead in the wild.

10:45pm**WINHANGANHA**

(Repeat)

WINHANGANHA is a journey of archival footage, sound, poetry and original composition examining how legacies of collection affect First Nations people and wider Australia. Told through the lens of Wiradjuri artist, Jazz Money.

Monday, 14 July 2025

- 0:05am** **Alone Australia**
(Repeat)
In a battle against time, the survivalists hurry to establish shelters or catch food before their energy reserves run out.
- 1:00am** **Loving Gluten Free**
(Repeat)
Helen swaps out breadcrumbs for quinoa to make a favourite, crispy gluten free crumbed chicken. Helen then heads to 'Saba's Ethiopian Restaurant' in Fitzroy to learn about gluten free options in Ethiopian cooking.
- 1:30am** **A Song For My Father**
(Repeat,G)
When his father passes away, Chris kamu'ana Rohoimae is left with more than just memories, he's left with a song. Written in the days before his father's death, this deeply personal track leads Chris to win Pacific Break 2024
- 2:00am** **Landline**
(CC)
Hosted by award-winning journalist Pip Courtney, Landline is Australia's only national agricultural television program covering stories from Australia's rural and regional heartland.
- 2:55am** **Offsiders**
(CC,Repeat)
Abbey Gelmi and the panel cover the latest from the AFL, NRL, NRLW, Wimbledon, plus the Third Cricket Test between Australia and the West Indies, the World Swimming Championships and the Wallabies prepare for the Lions Tour.
- 3:30am** **That Pacific Sports Show**
(Repeat,G)
NRL star Tino Fa'asuamaleaui returns to Samoa to reconnect with his roots, we head to Vanuatu to meet para-athletes breaking barriers, and Wise Kativerata joins us on the couch to talk sport and social change.
- 4:00am** **News Breakfast: Early**
(CC)
As the day begins get the facts you need to stay informed. James Glenday and Emma Rebellato bring you the latest news, overnight developments and top stories, joined by Catherine Murphy with sport and Nate Byrne with weather.

- 7:00am ABC News Mornings**
(CC)
Stay in the know with what's happening this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Gemma Veness.
- 10:00am ABC News At Noon**
(CC)
The leading news at lunchtime. Kathryn Robinson brings you today's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter most.
- 11:00am The Cook Up With Adam Liaw: Bean There, Done That**
(Repeat)
Time to spill the beans: Adam, Australia's sweetheart Osher Guunsberg and acclaimed chef Tom Walton are saying "bean there, done that" to a few bean recipes.
- 11:25am This Place: Little Wave Rock**
(CC,Repeat,G)
Little Wave Rock is a gathering place that harbours the history and secrets of Gamilaraay ancestors. Gamilaraay woman Loren Ryan discusses her connection to Country and the importance of paying respects at this sacred place.
- 11:30am ABC News Regional**
(CC,Repeat)Final
Take a closer look at what's making headlines in regional and rural Australia. ABC News reporters uncover the news and unique stories about what's really going on outside the big cities. Presented by Amy Culpitt.
- 12:00pm Designing A Legacy (2023): Community**
(CC,AD,Repeat,PG)Final
Tim Ross looks at how architecture can help bring us together in a world where we increasingly seem divided. He uncovers a number of fascinating stories of Australians forming communities around good design. (Final)
- 1:00pm Grand Designs Transformations: St Kilda and Blackwall Tiny**
(CC,AD,Repeat,PG)
In two challenging transformations, a Melbourne couple turn a drab duplex into a spacious Miami-inspired home, while a NSW couple on a shoe-string budget create a tiny guest pavilion for visiting family and friends.
- 2:00pm Afternoon Briefing**
(CC)
Your daily download of everything you need to know about politics, national and global affairs. Patricia Karvelas asks politicians the tough questions and talks to key players and experts on the issues driving the news cycle.

- 3:00pm ABC News with Joe O'Brien**
(CC)
Melissa Mackay brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
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- 5:00pm ABC National News**
(CC)
There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news with more reporters to tell you what's going on and why it matters. Presented by Melissa Mackay.
- 5:30pm 7.30**
(CC)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
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Tim Ross looks at how architecture can help bring us together in a world where we increasingly seem divided. He uncovers a number of fascinating stories of Australians forming communities around good design. (Final)
- 7:00pm The World**
(CC)
There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.

- 8:00pm** **Grand Designs Transformations: St Kilda and Blackwall Tiny**
(CC,AD,Repeat,PG)
In two challenging transformations, a Melbourne couple turn a drab duplex into a spacious Miami-inspired home, while a NSW couple on a shoe-string budget create a tiny guest pavilion for visiting family and friends.
- 9:00pm** **ABC Late News**
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More news, more often. Wherever you are stay in touch with ABC News. We've got more reporters in more places, connecting communities and covering the stories and issues that matter to you. Presented by Michael Tetlow.
- 9:30pm** **ABC News Regional**
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Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:15pm** **The Business**
(CC)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 10:30pm** **7.30**
(CC,Repeat)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
- 11:00pm** **The World**
(CC,Repeat)
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Tuesday, 15 July 2025

- 0:00am ABC Late News**
(CC,Repeat)
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 0:15am The Business**
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Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 0:30am Designing A Legacy (2023): Community**
(CC,AD,Repeat,PG)**Final**
Tim Ross looks at how architecture can help bring us together in a world where we increasingly seem divided. He uncovers a number of fascinating stories of Australians forming communities around good design. (Final)
- 1:30am Grand Designs Transformations: St Kilda and Blackwall Tiny**
(CC,AD,Repeat,PG)
In two challenging transformations, a Melbourne couple turn a drab duplex into a spacious Miami-inspired home, while a NSW couple on a shoe-string budget create a tiny guest pavilion for visiting family and friends.
- 2:30am ABC News Regional**
(CC,Repeat)
Take a closer look at what's making headlines in regional and rural Australia. ABC News reporters uncover the news and unique stories about what's really going on outside the big cities. Presented by Amy Culpitt.
- 3:00am The World**
(CC,Repeat)
There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.
- 4:00am News Breakfast: Early**
(CC)
As the day begins get the facts you need to stay informed. James Glenday and Emma Rebellato bring you the latest news, overnight developments and top stories, joined by Catherine Murphy with sport and Nate Byrne with weather.

- 7:00am ABC News Mornings**
(CC)
Stay in the know with what's happening this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Gemma Veness.
- 10:00am ABC News At Noon**
(CC)
The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 11:00am The Cook Up With Adam Liaw: Fraction of the Cost**
(Repeat)
Want fabulous food for a fraction of the cost? Comedian Adam Spencer and Every Night Of The Week's Lucy Tweed are with Adam to run the numbers.
- 11:25am Heywire: Ceobahn from Renmark, SA**
(CC,Repeat,G)
Heywire winner Ceobahn has always felt a deep connection with the outback. Now she's part of a team of Indigenous rangers and ecologists managing land at Calperum Station.
- 11:30am Australian Story: The River (Part 2) Franklin River Rescue**
(CC)
The dramatic conclusion to Australian Story's two-part account of the extraordinary 24-hour rescue effort to save Lithuanian rafter Valdas Bieliauskas from rapids on Tasmania's Franklin River.
- 12:00pm Australia Remastered: Tasmania**
(CC,AD,Repeat,G)**Final**
Tasmania is a world lost in time, an isolated pocket of Gondwana-era forests and Jurassic mountains sheltering animals that live nowhere else on the planet. Even in its isolation, the island is under threat. (Final)
- 12:55pm Tom Gleeson's Secrets of the Australian Museum**
(Repeat)
For the first time, cameras go behind the scenes at the Australian Museum. Join Gold Logie winner Tom Gleeson as he discovers the labs, treasures and action leading up to their biggest exhibition ever.
- 2:00pm Afternoon Briefing**
(CC)
Your daily download of everything you need to know about politics, national and global affairs. Patricia Karvelas asks politicians the tough questions and talks to key players and experts on the issues driving the news cycle.

- 3:00pm ABC News with Joe O'Brien**
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Melissa Mackay brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
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- 5:00pm ABC National News**
(CC)
There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news with more reporters to tell you what's going on and why it matters. Presented by Melissa Mackay.
- 5:30pm 7.30**
(CC)
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For the first time, cameras go behind the scenes at the Australian Museum. Join Gold Logie winner Tom Gleeson as he discovers the labs, treasures and action leading up to their biggest exhibition ever.
- 9:00pm ABC Late News**
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More news, more often. Wherever you are stay in touch with ABC News. We've got more reporters in more places, connecting communities and covering the stories and issues that matter to you. Presented by Michael Tetlow.
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- 10:00pm ABC Late News**
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Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:15pm The Business**
(CC)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 10:30pm 7.30**
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- 11:00pm The World**
(CC,Repeat)
There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.

Wednesday, 16 July 2025

- 0:00am ABC Late News**
(CC,Repeat)
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 0:15am The Business**
(CC,Repeat)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 0:30am Australia Remastered: Tasmania**
(CC,AD,Repeat,G)**Final**
Tasmania is a world lost in time, an isolated pocket of Gondwana-era forests and Jurassic mountains sheltering animals that live nowhere else on the planet. Even in its isolation, the island is under threat. (Final)
- 1:25am This Place: Barrulin: The Big Stones of Bundaberg**
(CC,Repeat,G)
Along the coastline in Taribelang country, large rocks lie scattered. It's from these rocks that a street in Bundaberg has its name, Barolin. It's a misspelling of the word "barrulin" which means "big stone".
- 1:30am Tom Gleeson's Secrets of the Australian Museum**
(Repeat)
For the first time, cameras go behind the scenes at the Australian Museum. Join Gold Logie winner Tom Gleeson as he discovers the labs, treasures and action leading up to their biggest exhibition ever.
- 2:30am Australian Story: The River (Part 2) Franklin River Rescue**
(CC,Repeat)
The dramatic conclusion to Australian Story's two-part account of the extraordinary 24-hour rescue effort to save Lithuanian rafter Valdas Bieliauskas from rapids on Tasmania's Franklin River.
- 3:00am The World**
(CC,Repeat)
There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.

- 4:00am News Breakfast: Early**
(CC)
As the day begins get the facts you need to stay informed. James Glenday and Emma Rebellato bring you the latest news, overnight developments and top stories, joined by Catherine Murphy with sport and Nate Byrne with weather.
- 7:00am ABC News Mornings**
(CC)
Stay in the know with what's happening this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Gemma Veness.
- 10:00am ABC News At Noon**
(CC)
The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 10:30am Landline**
(CC)
A tasty sampler of stories from the land - covering food, agriculture, crops, climate, business and innovation - as we meet the fascinating people who make our rural and regional communities unique. Presented by Pip Courtney.
- 11:00am The Cook Up With Adam Liaw: Five in Fifteen**
(Repeat)
Adam gives his guests, chefs Gunjan Aylawadi and Nagesh Seethiah, the mission of five dollar per-head dinners in fifteen minutes or less.
- 11:25am Four Corners**
(CC)
Four Corners is the home of Australian investigative journalism. These fearless and forensic documentaries expose scandals, trigger inquiries, fire debate and confront taboos.
- 12:10pm Media Watch**
(CC)
It's the show everybody loves until they're on it. Media Watch returns with a new host. Sitting in the hot seat will be four-time Walkley award-winner Linton Besser, an investigative reporter and former foreign correspondent.
- 12:30pm I Was Actually There: The Beatles' World Record Adelaide Visit**
(CC,Repeat,PG)
When The Beatles flew into Adelaide, they had no idea that the biggest crowd they would ever witness was waiting for them. Fans describe the life-changing experience of seeing the biggest band in the world arrive.

- 12:55pm Dream Gardens: Strath Creek, VIC**
(CC,Repeat,G)
Michael McCoy revisits a garden built after the owners lost their original property in a horror bushfire. (Season Final)
- 1:25pm Art Works**
(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)
We head to the National Indigenous Art Triennial in Canberra, this year titled Ceremony. Then we meet artist and film photographer Sammy Hawker, and get the lowdown on the latest in film and TV from critic Keva York.
- 2:00pm Afternoon Briefing**
(CC)
Your daily download of everything you need to know about politics, national and global affairs. Patricia Karvelas asks politicians the tough questions and talks to key players and experts on the issues driving the news cycle.
- 3:00pm ABC News with Joe O'Brien**
(CC)
Melissa Mackay brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
- 4:00pm The Cook Up With Adam Liaw: Five in Fifteen**
(Repeat)
Adam gives his guests, chefs Gunjan Aylawadi and Nagesh Seethiah, the mission of five dollar per-head dinners in fifteen minutes or less.
- 4:25pm This Place: Wiradjuri: Why we see Shooting Stars**
(CC,Repeat,G)
When Wiradjuri woman Jody Chester looks up at the Milky Way, she sees the stars of her ancestors. She uses her elders' stories to explain why the stars are clustered so closely, and why others appear all alone.
- 4:30pm That Pacific Sports Show**
Join Tiana Penitani and Sam Wykes for your weekly hit of Pacific joy, as they share inspiring stories and incredible sporting prowess of athletes with Pacific Island heritage, from Australia and around the world.
- 5:00pm ABC National News**
(CC)
There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news with more reporters to tell you what's going on and why it matters. Presented by Melissa Mackay.

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- 7:00pm The World**
(CC)
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- 7:55pm Four Corners**
(CC,Repeat)
Four Corners is the home of Australian investigative journalism. These fearless and forensic documentaries expose scandals, trigger inquiries, fire debate and confront taboos.
- 8:40pm Media Watch**
(CC,Repeat)
It's the show everybody loves until they're on it. Media Watch returns with a new host. Sitting in the hot seat will be four-time Walkley award-winner Linton Besser, an investigative reporter and former foreign correspondent.
- 9:00pm Planet America**
(CC,Repeat)
On a new night as part of the ABC's powerhouse Monday Night Lineup, John and Chas deliver a unique and insightful perspective on US politics, with the latest news and expert analysis through a sharp satirical lens. (Return)
- 9:30pm If You're Listening**
(CC)
The world is on fire. Inflation is through the roof, and AI is taking our jobs. What does it all mean? Matt Bevan explains the biggest story in world news while hiding in his basement from assassins and authoritarian regimes.

- 9:50pm** **Beyond Awesome: Vietnam's Soil Saviours**
(Repeat,G)
With climate change pushing rice farmers to the brink in Vietnam's Mekong Delta, we meet two soil scientists who are using an innovative technology to help farmers adapt.
- 10:00pm** **ABC Late News**
(CC)
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:15pm** **The Business**
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Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 10:30pm** **7.30**
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- 11:00pm** **The World**
(CC,Repeat)
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Thursday, 17 July 2025

- 0:00am ABC Late News**
(CC,Repeat)
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 0:15am The Business**
(CC,Repeat)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 0:30am I Was Actually There: The Beatles' World Record Adelaide Visit**
(CC,Repeat,PG)
When The Beatles flew into Adelaide, they had no idea that the biggest crowd they would ever witness was waiting for them. Fans describe the life-changing experience of seeing the biggest band in the world arrive.
- 1:00am Dream Gardens: Strath Creek, VIC**
(CC,Repeat,G)
Michael McCoy revisits a garden built after the owners lost their original property in a horror bushfire. (Season Final)
- 1:30am Four Corners**
(CC,Repeat)
Four Corners is the home of Australian investigative journalism. These fearless and forensic documentaries expose scandals, trigger inquiries, fire debate and confront taboos.
- 2:15am Media Watch**
(CC,Repeat)
It's the show everybody loves until they're on it. Media Watch returns with a new host. Sitting in the hot seat will be four-time Walkley award-winner Linton Besser, an investigative reporter and former foreign correspondent.
- 2:30am Planet America**
(CC,Repeat)
On a new night as part of the ABC's powerhouse Monday Night Lineup, John and Chas deliver a unique and insightful perspective on US politics, with the latest news and expert analysis through a sharp satirical lens. (Return)

- 3:00am** **The World**
(CC,Repeat)
There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.
- 4:00am** **News Breakfast: Early**
(CC)
As the day begins get the facts you need to stay informed. James Glenday and Emma Rebellato bring you the latest news, overnight developments and top stories, joined by Catherine Murphy with sport and Nate Byrne with weather.
- 7:00am** **ABC News Mornings**
(CC)
Stay in the know with what's going on this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Kathryn Robinson.
- 10:00am** **ABC News At Noon**
(CC)
The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 11:00am** **The Cook Up With Adam Liaw: Star of the Show**
(Repeat)
It's Easy Entertaining, and Adam has lined up two stars, Opera Australia Principal Singers Esther Song and Christian Qi, to make food that's bound to be the star of the show.
- 11:25am** **Beyond Awesome: The Solomon Islands' SeaSistas**
(Repeat,G)
We join one of the first women to qualify as a surf instructor in the Solomon Islands as Nagarita and her team use their passion for surfing to empower girls by challenging stereotypes about men and women.
- 11:30am** **Beyond Awesome: Asia**
(Repeat,PG)
We visit Sri Lanka and Indonesia to meet scientists saving some of our amazing animals, go behind the scenes with a plastic pollution warrior, and hit the stage with a fearless woman using humour to make a positive impact.
- 12:00pm** **Extraordinary Animals**
Eccentricity abounds in one of the planet's most isolated and unique ecosystems. This episode examines some of the most eccentric Australian animals showing that being a bit odd works out for these creatures.

- 12:30pm** **Going Places with Ernie Dingo: Mallacoota, Bibra Lake, Narrandera**
(Repeat)
Narelda soaks up the beauty of Mallacoota with a pair of proud locals, Ernie gets a tour of the Bibra Lake wetlands and Bianca meets a fashion designer making a splash with her cultural designs..
- 1:20pm** **Fancy Fruit: Jujube Expansion**
(CC,Repeat,G)
They're a mystery to many, but jujubes have been around for thousands of years. Like a small apple or date, they can be eaten fresh or dried. One Australian producer is investing in a big way with plans for export.
- 1:30pm** **Planet America**
(CC,Repeat)
On a new night as part of the ABC's powerhouse Monday Night Lineup, John and Chas deliver a unique and insightful perspective on US politics, with the latest news and expert analysis through a sharp satirical lens. (Return)
- 2:00pm** **Afternoon Briefing**
(CC)
Live from Parliament House in Canberra we bring you everything you need to know about politics, national and global affairs. We ask politicians the tough questions and speak with key players and experts on topics making news.
- 3:00pm** **ABC News with Joe O'Brien**
(CC)
Melissa Mackay brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
- 4:00pm** **The Cook Up With Adam Liaw: Star of the Show**
(Repeat)
It's Easy Entertaining, and Adam has lined up two stars, Opera Australia Principal Singers Esther Song and Christian Qi, to make food that's bound to be the star of the show.
- 4:25pm** **This Place: The Yiwarra of the Ancestors**
(CC,Repeat,G,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)
Ngalia man, Kado Muir takes us down the yiwarra to the Patapuka. He reveals the hidden secrets of the land, the same ones his mother passed down to him.
- 4:30pm** **Extraordinary Animals**
(Repeat)
Eccentricity abounds in one of the planet's most isolated and unique ecosystems. This episode examines some of the most eccentric Australian animals showing that being a bit odd works out for these creatures.

- 5:00pm** **If You're Listening**
(CC,Repeat)
The world is on fire. Inflation is through the roof, and AI is taking our jobs. What does it all mean? Matt Bevan explains the biggest story in world news while hiding in his basement from assassins and authoritarian regimes.
- 5:15pm** **AFL Premiership Season: Round 19 - Essendon v GWS Giants**
ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.
- 8:15pm** **The World**
(CC)
There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.
- 9:15pm** **Extraordinary Animals**
(Repeat)
Eccentricity abounds in one of the planet's most isolated and unique ecosystems. This episode examines some of the most eccentric Australian animals showing that being a bit odd works out for these creatures.
- 9:45pm** **Beyond Awesome: Asia**
(Repeat,PG)
We visit Sri Lanka and Indonesia to meet scientists saving some of our amazing animals, go behind the scenes with a plastic pollution warrior, and hit the stage with a fearless woman using humour to make a positive impact.
- 10:15pm** **ABC Late News**
(CC)
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:30pm** **7.30**
(CC,Repeat)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
- 11:00pm** **The World**
(CC,Repeat)
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Friday, 18 July 2025

- 0:00am ABC Late News**
(CC,Repeat)
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 0:15am The Business**
(CC,Repeat)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, investors, employees and businesses big and small. Presented by Alicia Barry.
- 0:30am Going Places with Ernie Dingo: Mallacoota, Bibra Lake, Narrandera**
(Repeat)
Narelda soaks up the beauty of Mallacoota with a pair of proud locals, Ernie gets a tour of the Bibra Lake wetlands and Bianca meets a fashion designer making a splash with her cultural designs..
- 1:20am Beyond Awesome: Vanuatu's Resilience Star - Ellen**
(Repeat,G)
Just before cyclone season gets underway in Vanuatu, we join disability advocate Ellen Tamata as she helps people living with disabilities and their communities to get ready. Her efforts are saving lives.
- 1:30am Extraordinary Animals**
(Repeat)
Eccentricity abounds in one of the planet's most isolated and unique ecosystems. This episode examines some of the most eccentric Australian animals showing that being a bit odd works out for these creatures.
- 2:00am Beyond Awesome: Asia**
(Repeat,PG)
We visit Sri Lanka and Indonesia to meet scientists saving some of our amazing animals, go behind the scenes with a plastic pollution warrior, and hit the stage with a fearless woman using humour to make a positive impact.
- 2:30am The Cook Up With Adam Liaw: Star of the Show**
(Repeat)
It's Easy Entertaining, and Adam has lined up two stars, Opera Australia Principal Singers Esther Song and Christian Qi, to make food that's bound to be the star of the show.

- 2:55am This Place: Big Rock: Walga**
(CC,Repeat,G)
Walga Rock has one of the largest galleries of Aboriginal rock paintings in Western Australia. Walga, meaning blood, is one of the largest monoliths in Australia and maintained by the Wajarri Elders and community.
- 3:00am The World**
(CC,Repeat)
There's never been a more important time to stay in touch with what's happening in our world. Weeknights at 9pm AEST, Girish Sawlani presents the latest international news from correspondents and interviews with guests.
- 4:00am News Breakfast: Early**
(CC)
As the day begins get the facts you need to stay informed. James Glenday and Emma Rebellato bring you the latest news, overnight developments and top stories, joined by Catherine Murphy with sport and Nate Byrne with weather.
- 7:00am ABC News Mornings**
(CC)
Stay in the know with what's going on this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Meredith Sheehan.
- 10:00am ABC News At Noon**
(CC)
The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 11:00am Gardening Australia: NAIDOC Week: Kakadu Kitchen & Noongar Seasons**
(CC,AD,G,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)
Costa gets a taste of Kakadu cooking, Clarence leads us through his gardening journey, Josh learns to identify Noongar seasons, Jerry celebrates the Bunya Pine, and we visit a team passing on Arrernte language through plants.
- 12:00pm Great Australian Walks**
(Repeat)
Julia Zemiro crosses Bass Strait to walk Hobart's cobbled streets before embarking up Kunanyi/Mount Wellington to reveal a breathtaking and blustery view.

- 12:45pm** **Things That Made Australia: Magic Merinos**
(CC,Repeat)
No other breed of livestock has shaped the Australian continent as profoundly as the merino sheep with its fine valuable. Tim Lee looks at how far the merino breed has come.
- 1:00pm** **Back Roads: Outback Dressmakers, NSW**
(CC,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)
Back Roads is off to a wedding, as Heather Ewart discovers the world of made-to-measure couture dressmaking in outback New South Wales. (Return)
- 1:30pm** **That Pacific Sports Show**
(Repeat)
Join Tiana Penitani and Sam Wykes for your weekly hit of Pacific joy, as they share inspiring stories and incredible sporting prowess of athletes with Pacific Island heritage, from Australia and around the world.
- 2:00pm** **Afternoon Briefing**
(CC)
Live from Parliament House in Canberra we bring you everything you need to know about politics, national and global affairs. We ask politicians the tough questions and speak with key players and experts on topics making news.
- 3:00pm** **ABC News with Joe O'Brien**
(CC)
Melissa Mackay brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
- 4:00pm** **Gardening Australia: NAIDOC Week: Kakadu Kitchen & Noongar Seasons**
(CC,AD,Repeat,G,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)
Costa gets a taste of Kakadu cooking, Clarence leads us through his gardening journey, Josh learns to identify Noongar seasons, Jerry celebrates the Bunya Pine, and we visit a team passing on Arrernte language through plants.
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- 5:25pm** **AFL Premiership Season: Round 19 - Brisbane Lions v Western Bulldogs**
ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.
- 8:25pm** **The World**
(CC)
There's never been a more important time to stay in touch with what's going on in our world. At 9pm AEST, Manny Tsigas brings you the latest international news and interviews with correspondents and guests.
- 8:55pm** **Beyond Awesome: The Solomon Islands' SeaSistas**
(Repeat,G)
We join one of the first women to qualify as a surf instructor in the Solomon Islands as Nagarita and her team use their passion for surfing to empower girls by challenging stereotypes about men and women.
- 9:00pm** **Planet America: Weekend Edition**
(CC)
Chas and John return to discuss the week in America and global politics including the latest on Gaza, Ukraine and Iran, 'reciprocal' tariffs, migration, birthright citizenship, AUKUS and Trump's One Big Beautiful Bill.
- 9:45pm** **Close Of Business**
(CC)
Alicia Barry presents a weekly roundup of business, finance and economic news including the latest trends on Australian and overseas markets, analysing what's going on in the local and global economy and how it affects you.
- 10:15pm** **ABC Late News**
(CC)
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:30pm** **Asia News Week**
(CC)
Yvonne Yong brings you a weekly roundup of the stories making news across the Asia region, plus what's trending on social media and making an impact on the culture and the way people live.
- 11:00pm** **The World**
(CC,Repeat)
There's never been a more important time to stay in touch with what's going on in our world. At 9pm AEST, Manny Tsigas brings you the latest international news and interviews with correspondents and guests.

11:30pm**Gardening Australia: NAIDOC Week: Kakadu Kitchen & Noongar Seasons**

(CC,AD,Repeat,G,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)

Costa gets a taste of Kakadu cooking, Clarence leads us through his gardening journey, Josh learns to identify Noongar seasons, Jerry celebrates the Bunya Pine, and we visit a team passing on Arrernte language through plants.