



Teacher Resource

Smoking Age Ban

Focus Questions

Discuss the BTN High story as a class and record the main points of discussion. Students will then respond to the following:

1. Why is the UK bringing in a ban on the sale of tobacco products for anyone born after 2008?
2. Do you think it's a good idea? Why or why not?
3. Should Australian consider bringing in the same rules? Explain.
4. What other actions could be taken to lower smoking rates?
5. What are the dangers of smoking?

Activities

- In small groups, discuss the UK's new smoking age rules and whether you agree or disagree with it.
- Research the laws around smoking in other countries. Make a comparison by creating a timeline of when their laws came into effect.
- Research smoking (both cigarette and vaping) rates in Australia. Have they increased or decreased over the years? Present your information as a graph and include reasons why statistics may have changed.
- Investigate the short and long term effects of smoking. Design a campaign to warn young Australians about the health risks involved, as well as the social and financial impacts.
- Create a graphic, poster or short video about what's in a cigarette and cigarette smoke, and how it can impact our health.

EPISODE 23

13th May 2026

KEY LEARNING

Students will discuss the UK's new laws around the purchase of cigarettes, and debate whether Australia should follow.

CURRICULUM

[Health and PE – Years 7 and 8 \(v8.4\)](#)

[Health and PE – Years 9 and 10 \(v8.4\) - 1](#)

[Health and PE – Years 9 and 10 \(v8.4\) - 2](#)

[Health and PE – Years 9 and 10 \(v8.4\) - 3](#)

[Health and PE – Years 7 and 8 \(v9.0\)](#)

[Health and PE – Years 7 and 8 \(v9.0\)](#)