

Global Sports ~ Global Learning



***Blind Tennis with the South Australian School for
Vision Impaired***

Acknowledgements

During the Autumn term of 2015, students from the South Australian School for Vision Impaired in Adelaide, South Australia worked with Rick Shrowder from Global Community Sports to produce this Blind Tennis sports manual. This manual shares their understanding and experiences of learning to play Blind Tennis!

The students involved in this project were all in the Year 3/4 Class at SASVI.

**All ideas, words and
artwork are by the
students at:

The South
Australian School
for Vision Impaired**



**This project is part of a wider
educational initiative developed by:**



Global Community Sports

**GCS specialises in developing innovative
educational projects that enable young
people from different contexts to
facilitate each other's learning
regardless of location, background and
access to resources.**

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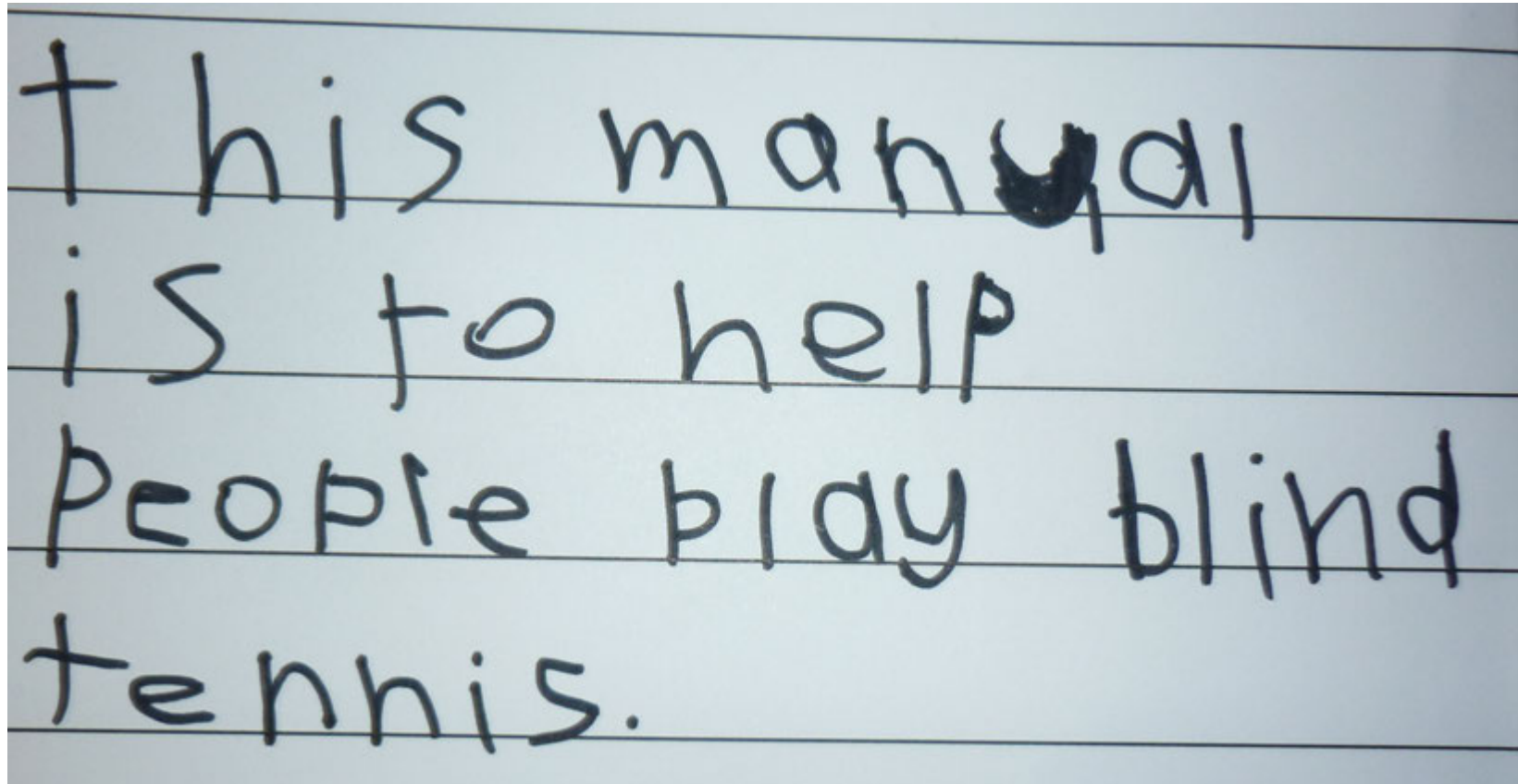
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Welcome to our Manual



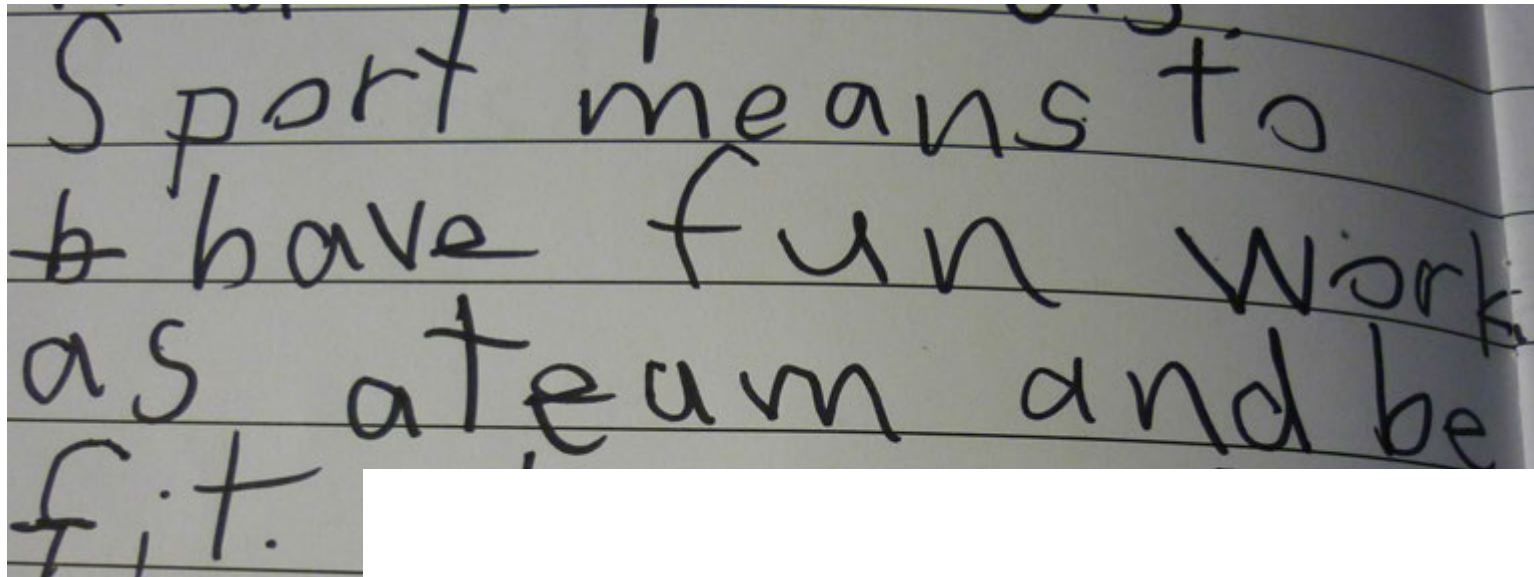
Handwritten text on lined paper: "this manual is to help people play blind tennis."

This manual is to help people play blind tennis.

This manual explains about
~~the~~ the equipment, rules, things
good for us, ~~skills~~ and some
skills, and history.

**This explains about the equipment, rules, things
good for us, and some skills and the history.**

What Does Sport Mean to Us?



Sport means to
have fun work
as a team and be
fit.

Sport means to have fun and work as a team and be fit

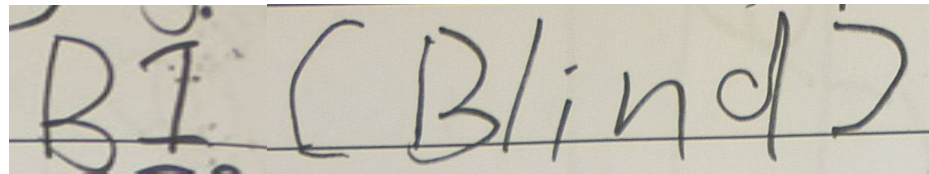
Sport makes you
strong

Sport makes you strong.

Sport is a health
thing for your body

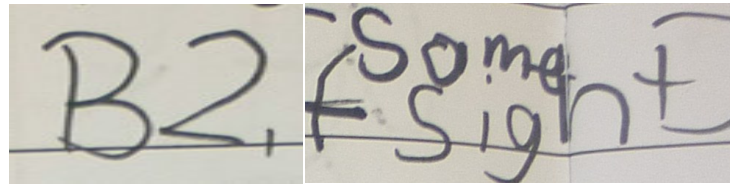
Sport is a health thing for your body.

Vision Impairment Classifications

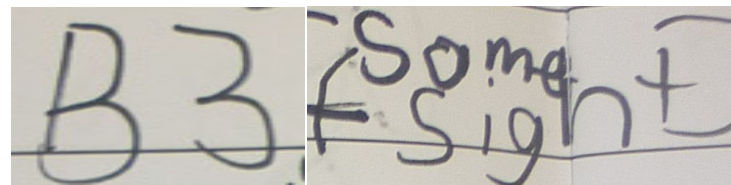


B1 (Blind)

A classification of B1 requires the athlete to have no functional vision.

A photograph of a handwritten note on lined paper. The text is written in blue ink and reads "B2, f. Some sight". The note is divided into two columns by a vertical line.

A classification of B2 requires the athlete to have some functional vision.

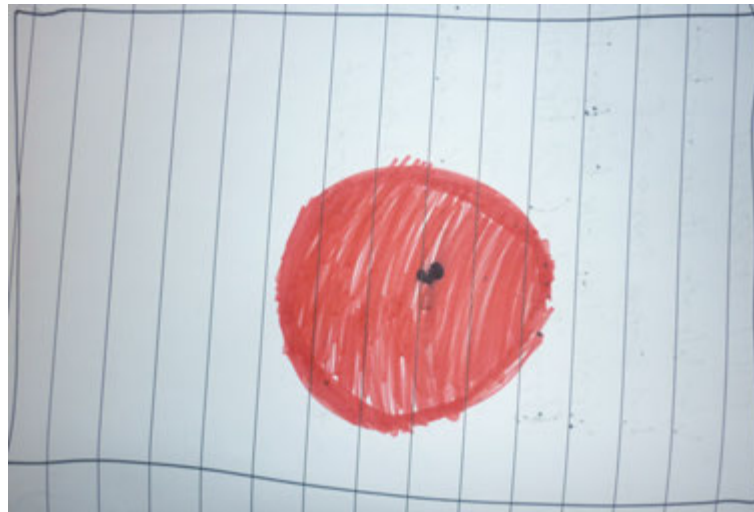
A photograph of a handwritten note on lined paper. The text is written in blue ink and reads "B3, f. Some sight". The note is divided into two columns by a vertical line.

A classification of B3 requires the athlete to have some functional vision.

History of Blind Tennis

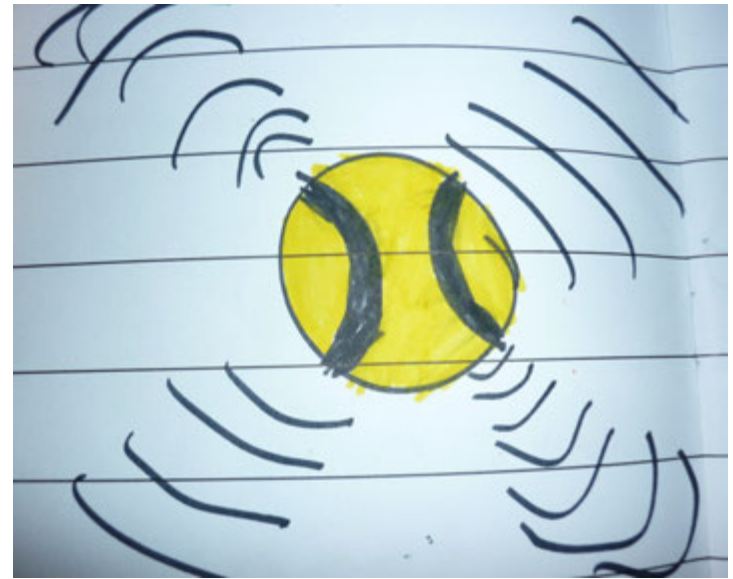
In Japan in 1984 a kid called Miyoshi made blind tennis. Now he had a vision impairment, but lets not jump to conclusions, before he thought of blind tennis they used to hit the ball along the ground. Miyoshi got bored of hitting the ball along the ground. “How can I change this so I can play proper tennis?” Miyoshi said.

So they tried to test different balls and they chose the right ball. He said the foam ball was best and with a rattle inside it was loud enough for him to track. Today 350 people play blind tennis in Japan and lots of different countries around the world are starting to play this sport.



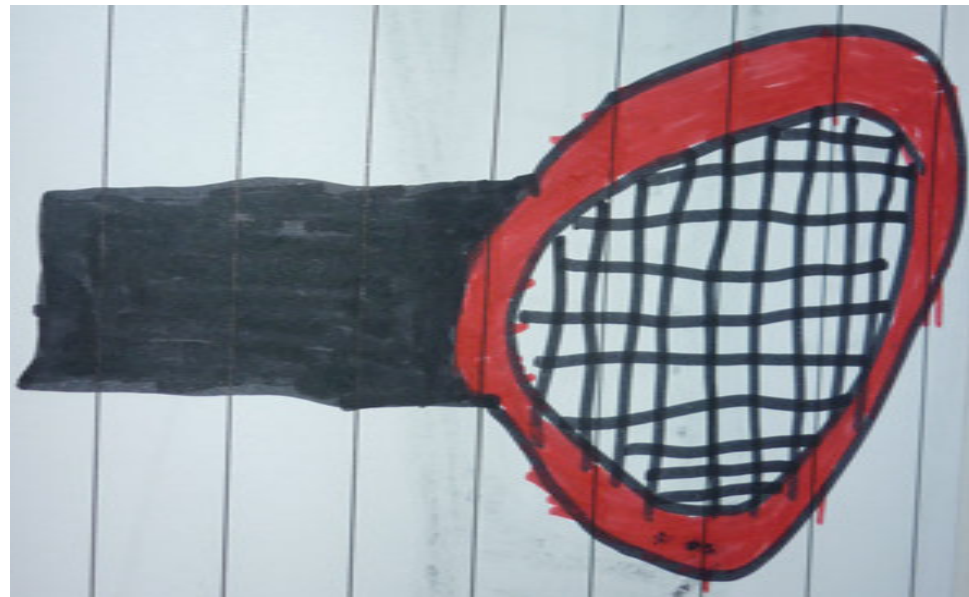
Equipment

blind tennis
equipment
you will need
a ball that has
bells in it

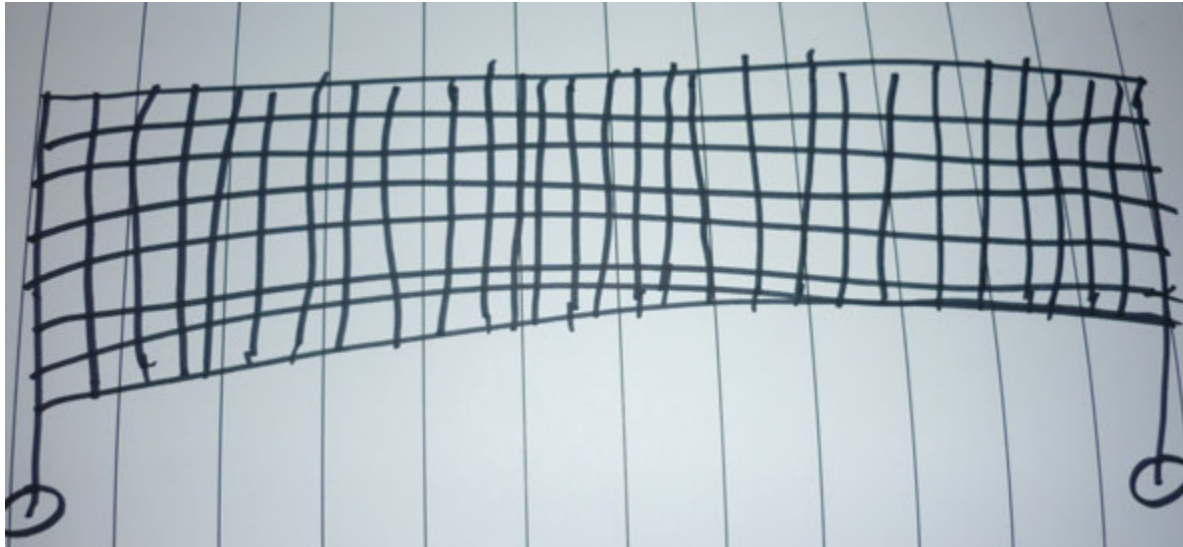


You will need a ball that has bells in it.

In blind tennis
we use a tennis
racket.

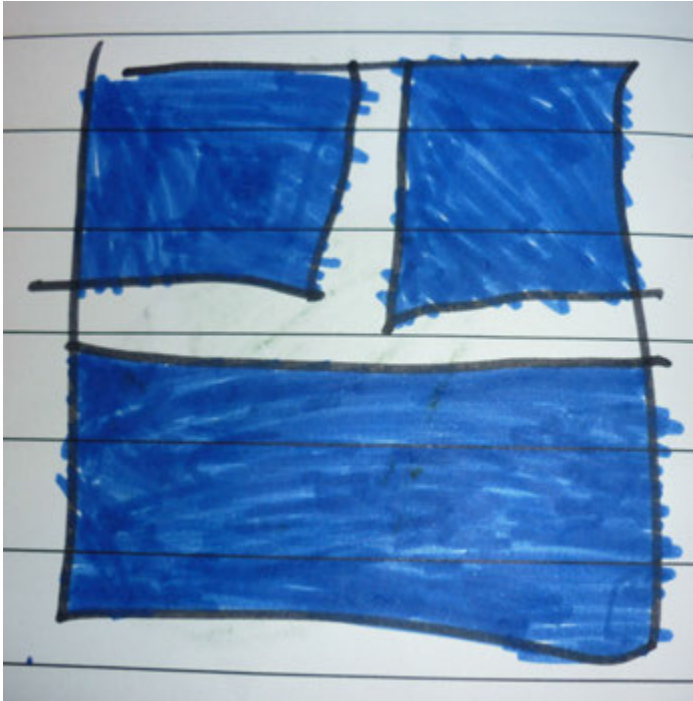


In blind tennis we use a tennis racket.



You need
to also get a
net but it has to
have a stand on it.

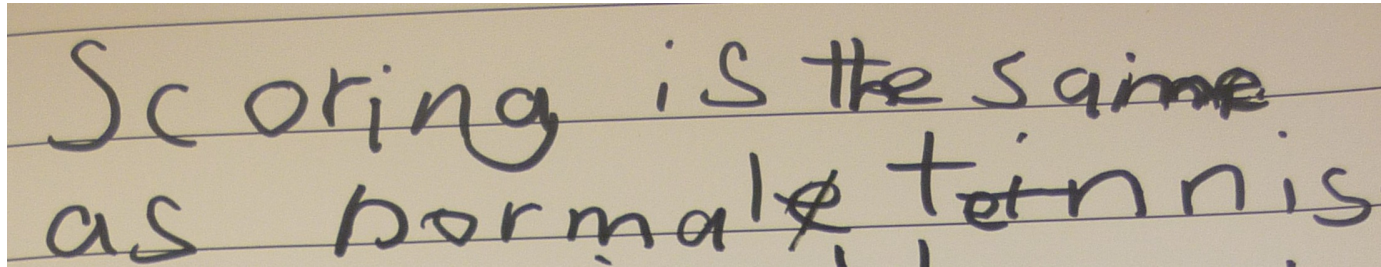
You need to also get a net but it has to have a stand on it.



This sport is
played inside you
need a gym to
play in.

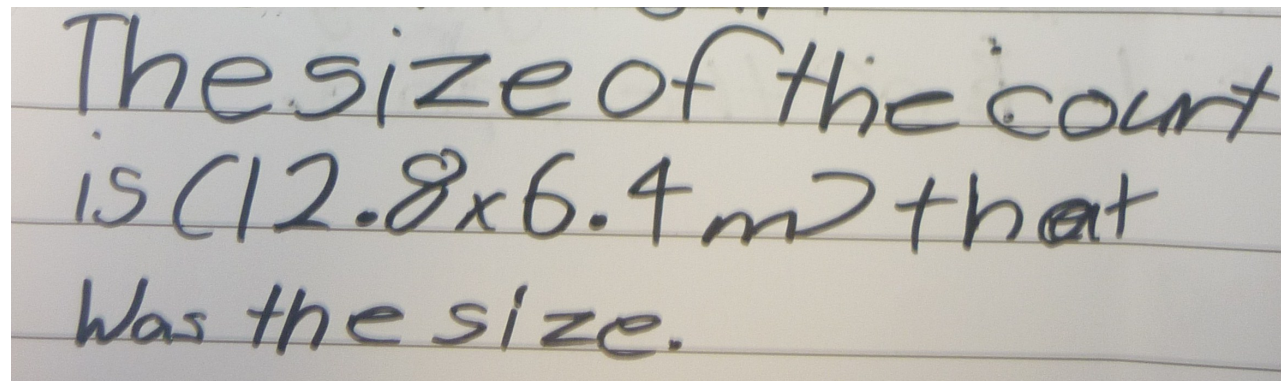
This sport is played inside. You need a gym to play in.

Rules of Blind Tennis



Scoring is the same
as normal tennis.

Scoring is the same as normal tennis



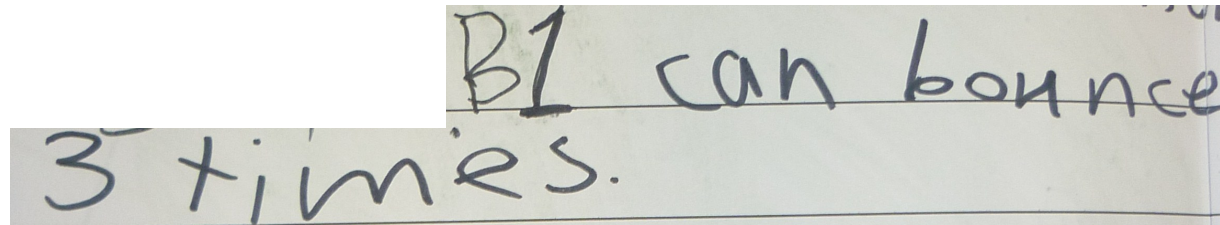
The size of the court
is (12.8 x 6.4m) that
was the size.

The size of the court is (12.8 x 6.4m) that was the size.

‡ The lines on the
blind tennis are
tactile, so you
can find if
the ball is out.

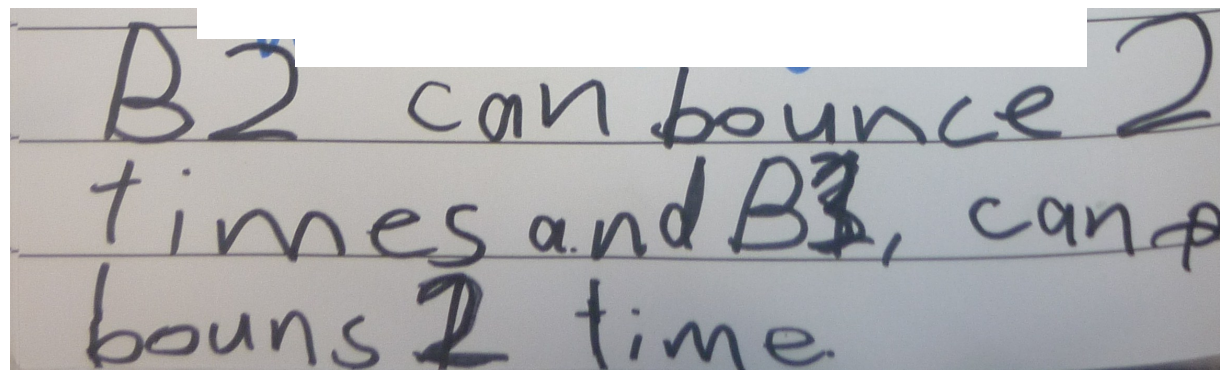
The lines on the blind tennis court are tactile so you can find if the ball is out.





B1 can bounce
3 times.

B1 Athletes can allow the ball to bounce 3 times.



B2 can bounce 2
times and B3, can
bounce 2 time.

**B2 athletes can allow the ball to bounce 2 times
and B3 athletes can allow the ball to bounce 2
times.**



people

With no vision
impairment the ball
can only bounce once

**For people with no vision impairment the ball
can only bounce once**

Skill 1: Hitting the Ball

When holding
a tennis racket
you use your
preferred hand.

When holding a tennis racket you use your preferred hand



Don't
forget to ~~hit~~
have four fingers
around one side
and your thumb
around the
other.

Don't forget to have four fingers around one side of the racket and your thumb around the other.

then swing the
racket back then
forward.

Then swing the racket back then forward.



Point
the racket
to where you
want to hit it.

Point the racket where you want to hit the ball.



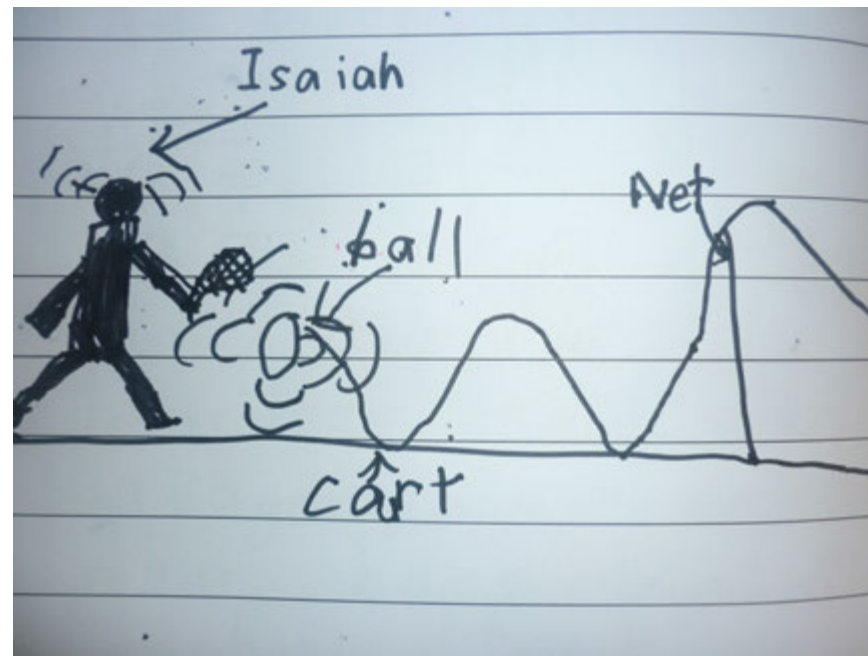
Skill 2: Tracking the Ball

When I am
Tracking a tennis
Ball I use my vision
to watch where the
ball is and how
fast it's going.

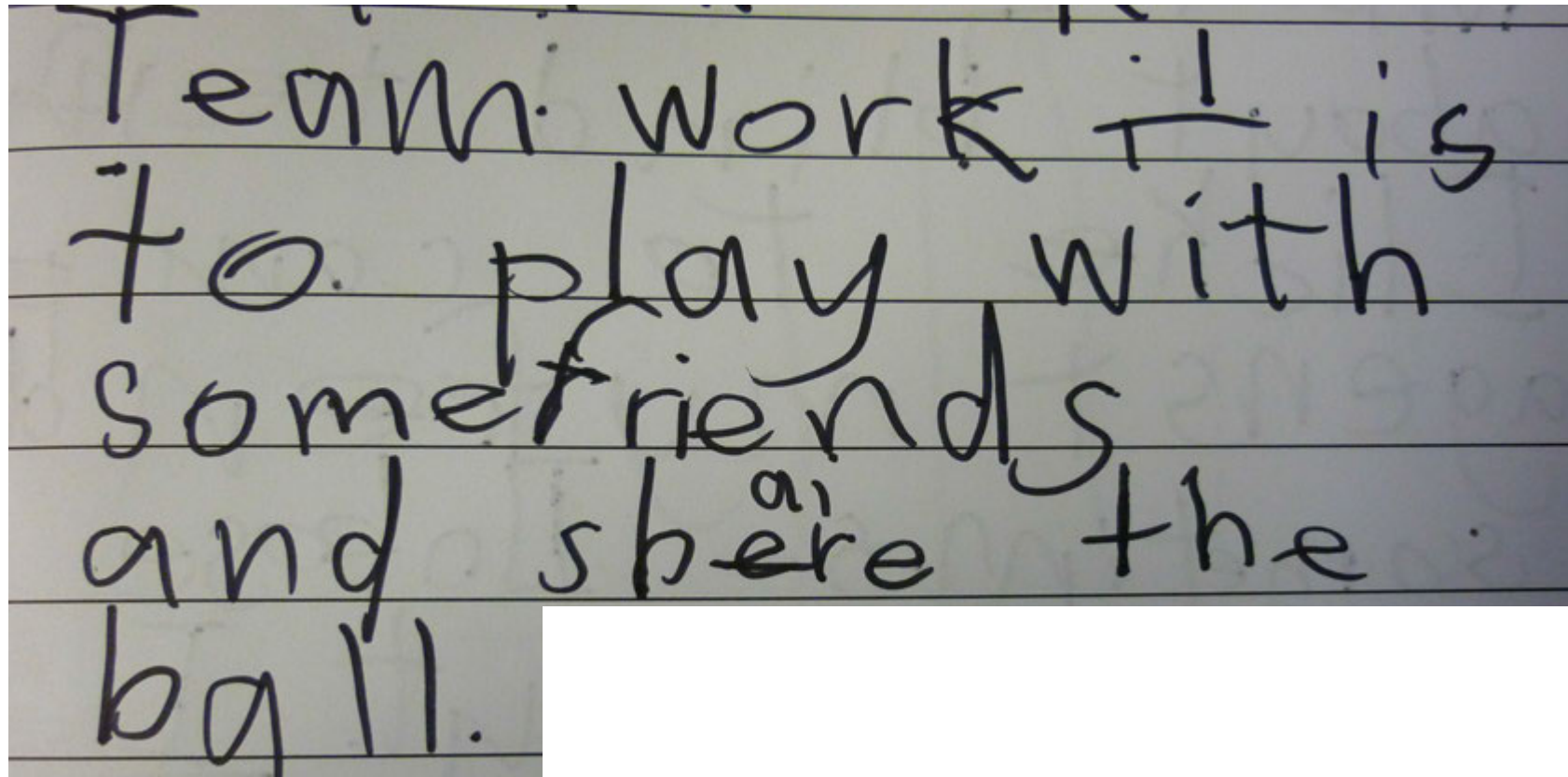
When I am tracking a tennis ball I use my vision to watch where the ball is and how fast it's going.

If I loose track
of the ball
I use my hearing.

If I loose track of the ball I use my hearing.



Team Work



Team work is to play with some friends and share the ball.

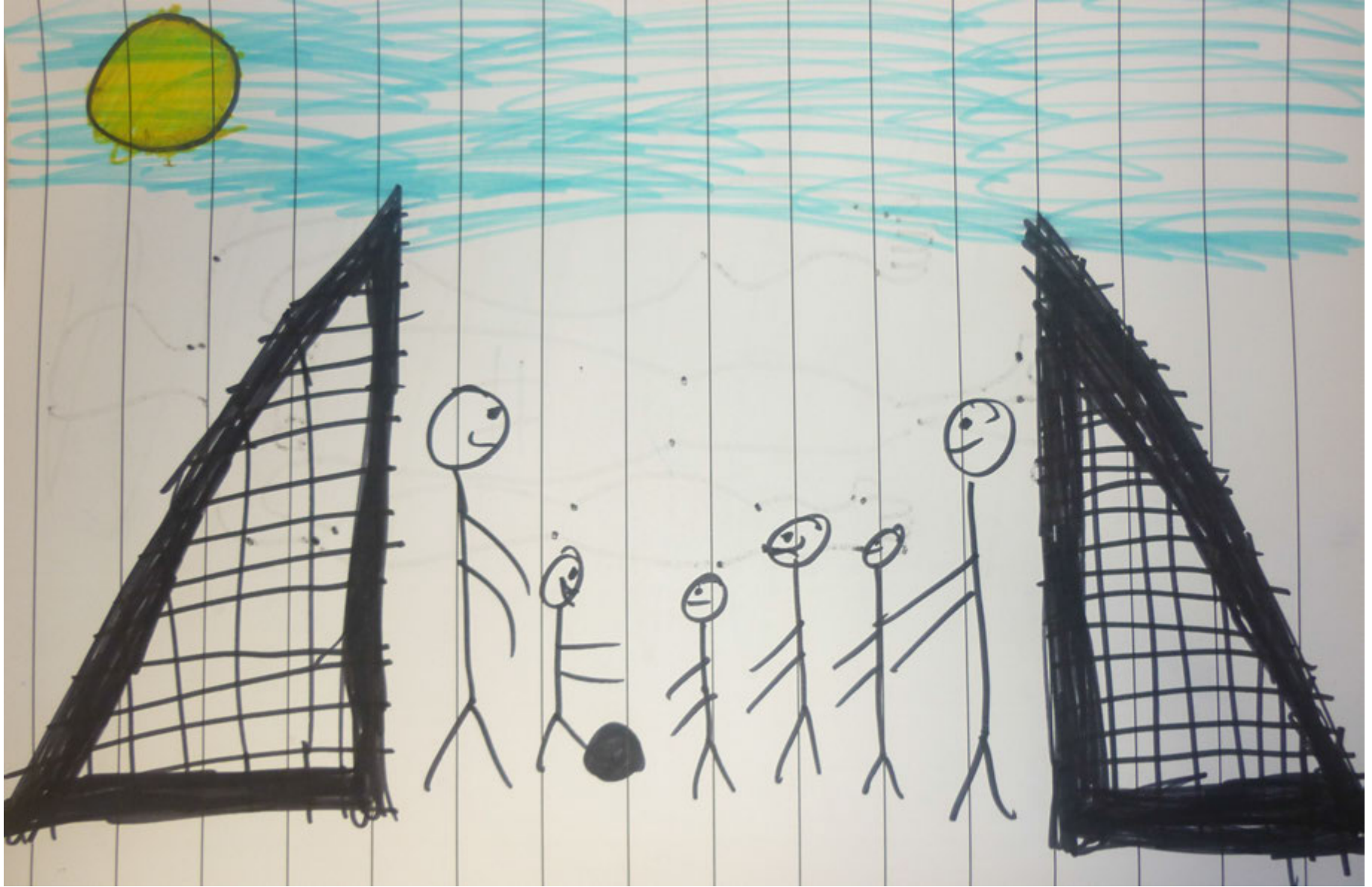
Team work is to play with some friends and share the ball.

a group of people
working together
that ~~had~~ accomplish
something

A group of people working together that accomplish something.

team work is when
you are playing with other
people.

Team work is when you are playing with other people.



What We Liked About Blind Tennis

A photograph of a piece of lined paper with handwritten text. The text is written in black ink and reads "I enjoyed hitting the ball". The word "enjoyed" has a circled "o" and a "y" that is crossed out. The paper is slightly tilted and has horizontal lines.

I enjoyed hitting the ball.

I enjoyed holding the bat

I enjoyed holding the bat.

I liked playing with my
teacher

I liked playing with my teacher.

Memorial Drive Games

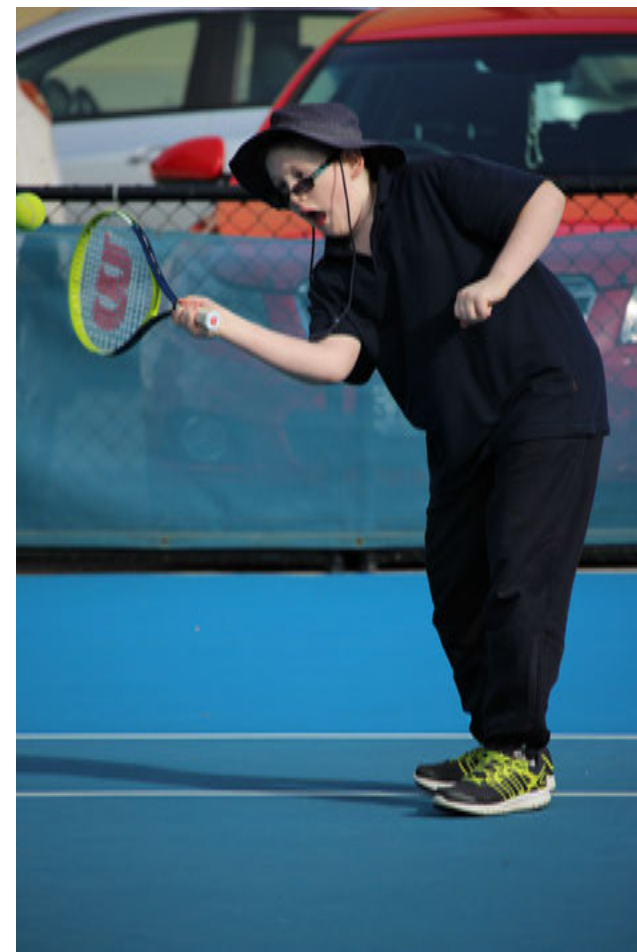
Memorial Drive is a professional tennis court. Tennis is a invited us to Memorial Drive to play Tennis. Not very many people get to do this.



**Memorial Drive is a professional tennis court.
Tennis SA invited us to play tennis. Not many
people get to do this.**

Memorial Drive Games

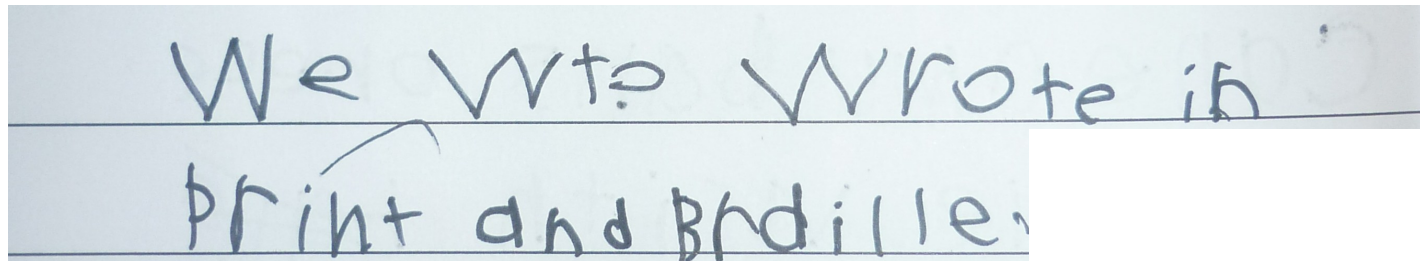






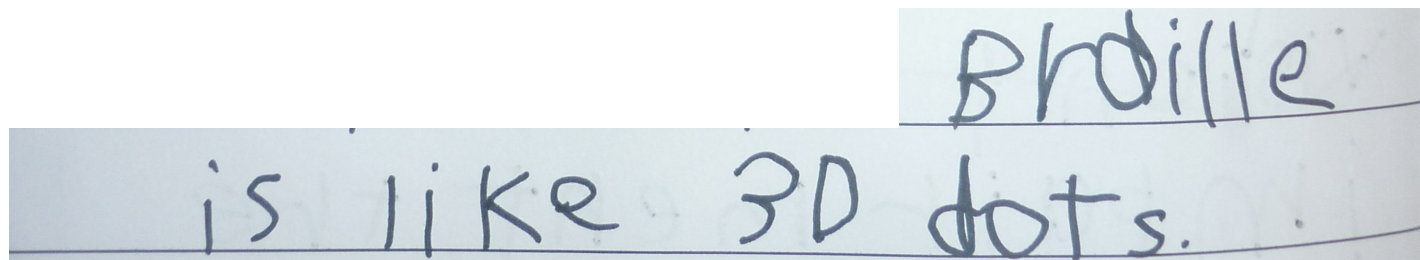


Working On the Manual



We wrto wrote in
print and Braille.

We wrote in print and Braille.



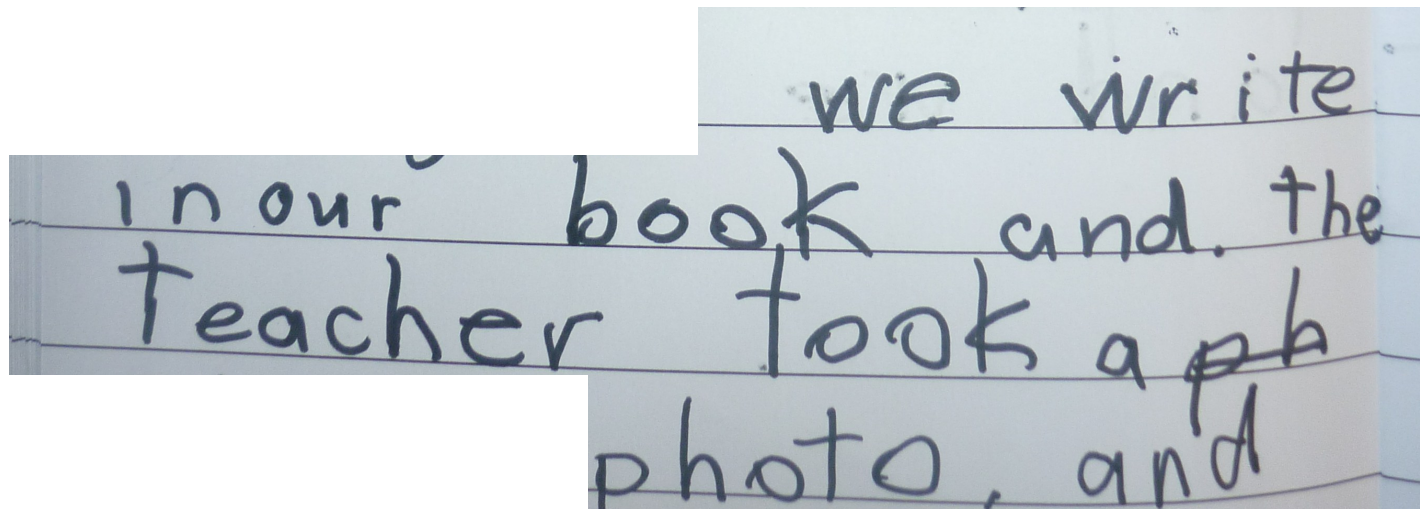
Braille
is like 3D dots.

Braille is like 3D dots.

The braille people
used a Braille
Note. A Braille
Note is a braille
computer.

**The Braille people used a BrailleNote. A Braille
Note is a Braille computer.**



A photograph of a piece of lined paper with handwritten text in blue ink. The text is arranged across four lines: "we write" on the first line, "in our book and the" on the second line, "teacher took a ph" on the third line, and "photo, and" on the fourth line. The paper is slightly wrinkled and has a light blue background.

we write
in our book and the
teacher took a ph
photo, and

**We wrote in our book and the teacher took a
photo.**



Thank you for reading our manual!



South Australian School for Vision Impaired is a specialist school for students with a Vision Impairment.

SASVI School: legally blind: less than 6/60 vision, or severe field restriction, and need to access the Expanded Core Curriculum for Students with Vision Impairment

State wide Service: less than 6/18 in better eye.

Secondary VI Programs: as for SASVI

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