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how do you give a child the best chance in life?





Life at 1 is the first instalment in a landmark series that aims to unlock the secrets of child development by following 11 babies and their families for seven years.

Made in conjunction with the long-term study in which 10,000 Australian children have been placed under a sociological and scientific microscope, this groundbreaking program focuses on those first formative years to try to discover what creates a happy, healthy child and makes us who we are.

Like those in the study, the 11 families in this series come from different walks of life. The challenges they face are both ordinary and extraordinary.

As we follow the babies through milestone events and days of ordinary routine, we witness the impact on their lives of factors such as their parents' relationships, finances, work, health and education. We watch the fascinating interplay of nature and nurture. And we predict the future.

Our experts, families and the information collected by the largest study ever conducted on Australian children tell us what limits children's growth and wellbeing and what makes them thrive. In **Life at 1** we also conduct behavioural and biological experiments - with rather surprising results. In **Episode 1** we discover the personalities of our babies and in **Episode 2** we find out if the stress of modern living is too much stress for a child.

Join us for the beginning of an extraordinary journey...

Narrated by Colin Friels | Director / Cinematographer Catherine Marciniak | Year 2006 Producer Jennifer Cummins | Executive Producer Penny Robins | Duration 2 x 55 minutes Photograper Vince Valuitutti / Frontline International

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