

Pear and Almond Cake-By Jan Parmenter of Consuming Passion

By Ian Parmenter of Consuming Passions Recipe submitted by Kirsten Bacon, Kingborough Cook Serves 8-10

15 minutes

INGREDIENTS

- 2 large pears sliced length-ways into slices
- 1tbsp soft brown sugar
- 3tbsp blanched almonds
- 300g butter
- 300g caster sugar
- 3 large eggs, lightly beaten
- 1tsp vanilla essence
- 300g almond meal

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• 2tbsp self-raising flour

DIRECTIONS

- Prepare a circular flan dish or cake tin (approx. 25cm
 30cm diameter) by lining it with baking paper and a good sprinkling of soft brown sugar.
- 2.Cream together butter with castor sugar to create a smooth, creamy mixture, with all the sugars dissolved. You can do this with a fork, electric beater or food processor. Add eggs and beat in. Mix in almond meal and self-raising flour (hazelnuts work too!)
- 3. Prepare the flan by cutting pears lengthwise. Place the pieces decoratively in the baking tray. Put blanched almonds in the gaps. Spread over the almond mixture.
- 4.Bake in preheated oven at 180c for approx. 40 minutes or until the centre feels firm.
- 5.Remove and allow to cool a little. Place a large serving plate on top and turn over.
- 6. All being well, the flan will release onto the plate. Remove baking paper.

Sundays

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