

## Messy



This week in Play School, we explore sensory play and the theme of “messy”.

Sensory play utilises all five senses, but the sense of touch is the most frequent focus of “messy play”. Sensory play encourages creativity, exploration of materials and the development of fine motor skills. Children develop early maths, science and language skills through messy play.

Throughout the week we get messy playing with paint, mud, sand, clay and slime. Each day we show the *Messy Montage* – a film showing lots of young children having fun getting messy as they eat, play and make things! Don't be afraid of a little mess! Young children can be encouraged to clean up and pack away after activities.

Join us this week for lots of gooey, slimy, messy fun!

## Episode 1



### PRESENTERS

Teo Gebert - Leah Vandenberg

### PIANIST

Peter Dasent

### STORY

**YAWN** written by Sally Symes & illustrated by Nick Sharratt, Walker Books Australia

### FILMS

#### **Messy Montage**

(Play School, ABC)

#### **Baby and Sibling Eating**

(Play School, ABC)

### IDEAS FOR LATER

- Make ice cream by mixing some fruit with chilled, evaporated milk and putting it in the freezer.
- Try some messy painting with your feet or elbows.

### SONGS

#### **Messy**

Composers: Peter Dasent & Arthur Baysting  
Publisher: Origin/Control

#### **Dancing Face**

Composers: Peter Dasent & Arthur Baysting  
Publisher: Origin/Control

#### **This Little Boy**

Composers: M. Miller & Paula Z. Zajac  
Publisher: Allen & Co.

#### **Poss Avere un Gelato**

Composers: Rosemary Nicotina & Pauline Gummer  
Publisher: Control

#### **Have You Seen Spaghetti?**

Composers: Don Spencer & Moira Cochrane

#### **Spots are Great**

Composers: Peter Dasent & Mark Barnard  
Publisher: Origin/Control



## MAKE AND DO



### How to Make a Messy Finger Painting Print

You will need:

- An apron, a bucket of warm water and some old towels – this can get messy!
- A smooth workspace, such as a table
- A plastic worksheet (or similar) to cover your workspace
- Non-toxic paint in lots of different colours (you can buy paint specifically for finger painting at most art supply stores)
- Plain paper

Firstly, get ready to make some mess! Cover your workspace in a plastic worksheet, put on an apron and have some warm water and old towels on standby to clean up with once you're finished.

Pour some different coloured paints onto your workspace.

Spread the paint around with your fingers and hands. Feel it squishing and oozing between your fingers. Mix colours together to make new colours. Make swirls, stripes and zigzags in the paint with your fingers.

Place a blank piece of paper over your finger painting pattern. Lightly tap or rub the back of the paper.

Lift the paper up to reveal a fun finger painting print.

Hang your messy artwork up to dry.



### How to Make a Mango Smoothie

You will need:

- 1 mango, skin and stone removed, roughly chopped
- 1 teaspoon honey
- 1 cup milk
- ½ cup yoghurt
- 1 cup crushed ice

Combine all ingredients in a blender and mix until smooth.



## How to Set Up a Pretend Gelato Shop

You will need:

- A sheet of plain A3 cardboard
- Paint
- Yellow A4 cardboard or paper
- Tape
- Coloured tissue paper
- Bowls or recycled containers to hold your different flavoured gelato
- "Customers", such as friends, family members or toys

Paint a sign for your gelato shop using words or pictures and set aside to dry. We called ours "Jemima's Gigantic Gelato Shop".

Roll yellow A4 cardboard or paper into ice cream cone shapes and tape to secure.

Scrunch up coloured tissue to paper to make different flavoured gelato. Different colours can represent different flavours, for example pink paper for strawberry gelato, brown paper for chocolate gelato and green paper for pistachio gelato.

Set up your shop! Hang up your sign and arrange gelato in bowls or recycled plastic containers.

Now it's time to sell your customers some delicious gelato! "Scoop" the balls of tissue paper into yellow cones.

## How to Make Face Paint

You will need:

- 2 tablespoons cornflour
- 1 tablespoon cold cream
- 1 tablespoon water
- Food colouring

This face paint does not stain and is easily washed off when required.

Mix cornflour, cold cream and water together in a large bowl. Add a couple of drops of food colouring and mix to combine.

You might like to make face paint in a few different colours!

Use brushes or your fingers to apply the paint to your face. Make spots, stripes, zigzags or any pattern you like!

## Episode 2



### PRESENTERS

Luke Carroll - Leah Vandenberg

### PIANIST

Peter Dasent

### STORY

*Silly Doggy*, Adam Stower, Koala Books, 2011

### FILMS

*Messy Montage*

(Play School, ABC)

*Automatic Car Wash*

(Play School, ABC)

### IDEAS FOR LATER

- Go to an automatic drive-through car wash.
- Help to wash your car or your windows with a bucket of soapy water and a bucket of clean water.
- Make some mud or sand pies.

### SONGS

#### *If I Were a Little Pig*

Composer: Bohemian folk song

Publisher: Origin/ABC Music Publishing

#### *Messy*

Composers: Peter Dasent & Arthur Baysting

Publisher: Origin/Control

#### *There's a Worm at the Bottom of My Garden*

Composer: Traditional

Publisher: Origin/ABC Music Publishing

#### *I'm a Great Big Tiger*

Composer: Zoe McHenry

Publisher: Warner Chappell

#### *Car Wash*

Composer: Ramon Whitfield

Publisher: Universal MCA Music Publishing

#### *Driving in the Car*

Composers: Peter Dasent & Sophie Emtage

Publisher: Origin/Control



## MAKE AND DO



### Mud Fun

You will need:

- Clean soil (or ground clay or sand mix)
- A large jug of water
- A large bucket or tray
- A large sheet of paper
- A bucket of warm water and some old towels

Making mud can get very messy, so it's a good idea to make it outside. Keep a bucket of warm water and some old towels on hand to clean up with afterwards.

Pour some soil into a large bucket or tray.

Gradually add water to the soil to make mud.

Put your feet into the bucket or tray and feel the mud ooze between your toes.

Step out onto a sheet of paper and make some mud footprints.



### How to Make Balloon Animals

You will need:

- Balloons
- A marker

Think about the size of the animals you want to make. For example, a pig is larger than a mouse and will need a bigger balloon.

Blow up some balloons in different sizes and colours and tie off.

Draw faces on the balloons to turn them into animals.

Put your balloon animals in some sloppy mud and play a stuck in the mud game!

## Episode 3



### PRESENTERS

Rachael Coopes - Teo Gebert

### PIANIST

Peter Dasent

### PIANIST

Peter Dasent

### TOLD STORY

#### **Backwards and Forwards**

(A story told by the Play School team)

### FILMS

#### **Messy Montage**

(Play School, ABC)

#### **Demolition**

(Play School, ABC)

### IDEAS FOR LATER

- Build a big sandcastle in a sandpit or at the beach.
- Make a big collage with paste, ribbon, pictures, old cards and colourful paper.

### SONGS

#### **Messy**

Composers: Peter Dasent & Arthur Baysting

Publisher: Origin/Control

#### **Rocket Song**

Composers: Peter Dasent & Mark Barnard

Publisher: Origin/Control

#### **Swinging**

Composer: Doreen Bridges

#### **Built it Up**

Composer: Peter Charlton

Publisher: ABC Music Publishing

#### **Dig, Dig, Dig**

Composers: Julian Gough, Monica Trapaga &

David Basden

Publisher: ABC Music Publishing

#### **Shake My Sillies Out**

Composers: Raffi Cavoukian, Bert Simpson &

Bonnie Simpson

Publisher: Homeland Publishing (SOCAN)

## MAKE AND DO



### How to Make Moon Sand

You will need:

- 4 cups sand
- 2 cups cornflour
- ¼ cup blue poster paint
- 1 cup water
- A large plastic bucket or bowl
- A bucket of warm water and some old towels

Keep a bucket of warm water and some old towels on hand to clean up with afterwards.

Combine sand, cornflour, blue paint and water in a large plastic bucket or bowl. Mix it together with your hands, squishing and squelching the gritty, mushy mixture between your fingers!

You might like to use the moon sand to create your own moonscape in a large trough or play tray. Some ideas are:

- Mould the sand into a hilly, moon landscape filled with craters.
- Scrunch up some aluminium foil to make moon rocks.
- Stick a cheese grater in the sand for a moon station.
- Make a rocket ship from a milk carton or cardboard box.
- Make a cardboard roll astronaut and dress him/her in an aluminium foil space suit.
- Make an alien from a plastic funnel. Stick some pipe cleaners in the funnel for crazy alien hair, add some sticker dot eyes and draw on a smiling mouth.





## How to Make a Sand Picture

You will need:

- A plastic sauce bottle with a lid
- A sheet of plain A3 paper
- String
- Safety scissors
- A clothes line or similar to hang the sauce bottle from
- Paste
- Coloured sand (we used blue, red and yellow)

Ask an adult to remove the base of the plastic sauce bottle and make a hole on either side, as pictured above. Thread a length of string through each hole and hang the sauce bottle from a clothes line, about a metre from the ground.

Cover a sheet of plain A3 paper with paste and place it on the ground, beneath the empty sauce bottle.

Fill the sauce bottle with one colour of sand.

Remove the lid from the sauce bottle and swing it back and forth – the sand will fall onto the paper in a swirling, twirling pattern and stick to the paste.

Put the cap back on the sauce bottle and repeat the process using a different colour of sand.

## Episode 4



### PRESENTERS

Rachael Coopes – Luke Carroll

### PIANIST

Peter Dasent

### TOLD STORY

#### **The Royal Rescue**

(A story told by the Play School team)

### FILMS

#### **Messy Montage**

(Play School, ABC)

#### **Washing a Dog**

(Play School, ABC)

### IDEAS FOR LATER

- Draw a picture of your friends and family. Look at the colour of their hair. Is it black, orange, blonde, grey or brown?
- Make some spoon puppets. Use colourful wool, paper, cotton wool or gift ribbon to create a different hair style for each puppet.
- Make a slimy green swamp and play with some plastic dinosaurs or dragons

### SONGS

#### **Bump A Deedle**

Composer: Malvina Reynolds

Publisher: Schroder Music Co.

#### **Dragon Song**

Composer: Don Spencer

#### **My Hands Are Clapping**

Composer: Traditional

Publisher: Origin/ABC Music Publishing

#### **Messy**

Composers: Peter Dasent & Arthur Baysting

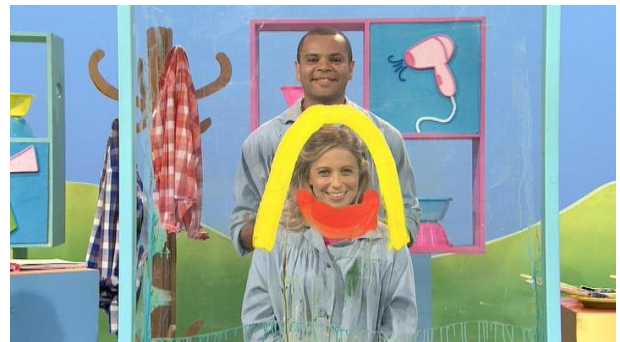
Publisher: Origin/Control

#### **Shaky, Shaky**

Composer: Jeff Fatt, Anthony Field, Murray

Cook & Greg Page

Publisher: Wiggly Tunes



## MAKE AND DO



### How to Make a Mop and Broom Puppet

You will need:

- A straw broom
- A floppy style mop
- Two paper plates
- A marker
- Four pegs
- Scraps of material for clothes

Draw a face on each paper plate with a marker.

Peg one face to the broom and the other face to the mop. The broom puppet will have spiky hair and the mop puppet will have floppy hair.

Tie some scraps of material around the handles of each puppet for clothes. The material might be a scarf, a cape, a tie or a gown.



### How to Make Slime

You will need:

- 3 cup soap flakes
- 1½ cups warm water
- Green food colouring
- A bucket of warm water and some old towels

Keep a bucket of warm water and some old towels on hand to clean up with afterwards.

Pour soap flakes and water into a large bowl and mix with a beater until thick and gloopy. Add some green food colouring and mix to combine.

If the slime is too thick or dries out, just add a little bit more warm water. If the slime is too runny, just add some more soap flakes.

Put your hands into the slimy mixture and squish it between your fingers.

You might like to scoop the slime out onto a covered workspace and swirl it around, or pour it into plastic containers.

## Episode 5



### PRESENTERS

Jonny Pasvolsky - Leah Vandenberg

### PIANIST

Peter Dasent

### STORY

#### **Some Dads**

Author & illustrator: Nick Bland

Publisher: Scholastic Australia

### FILMS

#### **Messy Montage**

(Play School, ABC)

#### **Indian Sweet Shop**

(Play School, ABC)

### IDEAS FOR LATER

- Make some messy honey sandwiches.
- Take your pet dog for a stroll in the park.
- Dip a tennis ball in paint and bounce it onto paper.

### SONGS

#### **Messy**

Composers: Peter Dasent & Arthur Baysting

Publisher: Origin/Control

#### **Walking the Dog**

Composers: J. Kane & M. Walmsley

Publisher: ABC Music Publishing

#### **Let Me See You Do the Monkey**

Composer: Genevieve Jereb

Publisher: Gellybean Records

#### **My Hands Are Clapping**

Composer: Traditional

Publisher: Origin/ABC Music Publishing



## MAKE AND DO



### How to Make a Golf Ball Painting

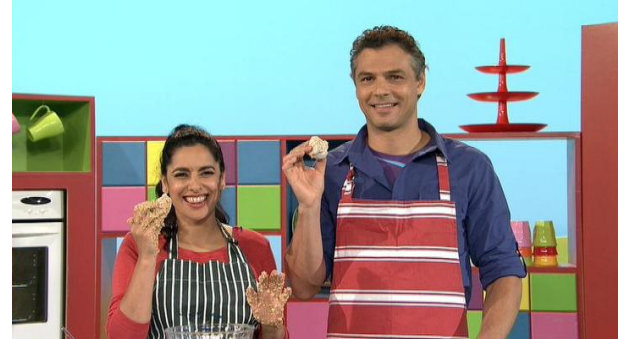
You will need:

- Three or four old golf balls
- Different coloured paints
- Recycled lids or plates
- A large, shallow, rectangular plastic container, tray or cardboard box
- Paper

Pour different coloured paints onto recycled lids or plates.

Roll each golf ball in a different colour of paint.

Put a sheet of paper into the container, tray or box, then put all of the golf balls in and rock it backwards and forwards so the balls roll all over the paper and leave a paint trail.



### How to Make Apricot Balls

You will need:

- 400 grams (approx 1 can) condensed milk
- 300 grams dried apricots, chopped
- 250 grams (approx 1 packet) plain, sweet biscuits, crushed
- 1 cup desiccated coconut

Use your hands to mix condensed milk, apricots and crushed biscuits together in large bowl.

Roll apricot mixture into small balls.

Roll apricot balls in desiccated coconut.

Refrigerate for about 30-90minutes, until firm.