

What To Wear



In this series of Play School, we explore the theme of choosing “what to wear”.

Getting dressed is a significant routine for young children and what to wear can be challenging at times for children and their carers.

Join the presenters as they plan for the day ahead by selecting the perfect outfit fit for any weather or occasion. Watch them choose and create clothes to inspire the imagination and play. We also learn how to mend and wash clothes!

Through the windows we see what children wear for different activities including ice skating, dancing and go-karting!

Episode 1



PRESENTERS

Justine Clarke & Teo Gebert

PIANIST

Peter Dasent

STORY

Get Ready, Goose

Author: Laura Wall

Publisher: Award Publications, 2014

FILM

Ice Skating

(Play School, ABC)

IDEAS FOR LATER

- Take a look outside. Is it a sunny, cloudy or rainy day? You might like to check the weather report before you get dressed. What could you wear to suit the weather?
- Play game with your toys where you pretend to have a shop. Maybe it could be a shoe shop like Maurice has, or a hat or coat shop.

SONGS

Dressing Up

Composer: Sophie Emtage & Peter Dasent

Publisher: Control / Origin

Let's Go Walking

Composer: Satis Coleman & Alice Thorn

Publisher: The Willis Music Co.

(c/o Campbell Connelly)

I Jump Out Of Bed In The Morning

Composer: Traditional

Publisher: ABC Music Publishing

Shoe Song

Composer: Kylie Montague & Peter Dasent

Publisher: Control & Origin

New Shoelaces

Composer: Adrian Bell

Publisher: Unpublished

Put On Your Hat

Composer: Colin Buchanan

Publisher: Rondor

Making A Hat

Composer: Sophie Emtage & Peter Dasent

Publisher: Control / Origin

Shoo Fly Don't Bother Me

Composer: Traditional

Publisher: ABC Music Publishing



MAKE AND DO



How to Make Shoo Fly Hat

You will need:

- Pizza box
- Scissors
- Scarf
- Pipe cleaners
- Tape
- Fringing
- Netting

Instructions

Using the scissors, cut a hole the size of your head in the centre of the pizza box lid.

Open the pizza box and lay the scarf across the centre.

Close the pizza box.

Tape some curly and straight pipe cleaners to the top of the pizza box.

Tape some fringing around the edges of the pizza box and some netting at the front to protect your face.

Try on your 'shoo fly hat', tying the scarf under your chin and sing *Shoo Fly Don't Bother Me!*

Episode 2



PRESENTERS

Michelle Lim Davidson & Alex Papps

PIANIST

Peter Dasent

TOLD STORY

Odd Job Ollie's Day Off
(A story told by the Play School team)

FILM

What To Wear Dancing
(Play School, ABC)

IDEAS FOR LATER

- Do you help to wash the clothes at your home, or to peg them on the line? What different clothes are being washed today? Can you find a pair of socks? You could count them as you peg them up, or sing a song.
- What do your toys wear? Maybe you could make some new clothes for them with some recycled materials like an old tea-towel, some holey socks, and a plastic container for a hat.

SONGS

Washing Machine

Composer: John Shortis
Publisher: Unpublished
(APRA & AMCOS Registered)

Wash The Clothes

Composer: Arthur Baysting & Peter Dasent
Publisher: Origin

Put On Your

Composer: Val Donlan
Publisher: ABC Music Publishing

Come On And

Composer: Louie Suthers
Publisher: Unpublished
(APRA & AMCOS Registered)

I Like To Sing

Composer: Garth Frost & Peter Dasent
Publisher: Origin

The Mixing Song

Composer: Arthur Baysting & Peter Dasent
Publisher: Origin / ABC Music Publishing

Spots Are Great

Composer: Mark Barnard & Peter Dasent
Publisher: Control / Origin / ABC Music Publishing

Hip, Hip Hooray

Composer: Sophie Emtage & Peter Dasent
Publisher: Control & Origin



MAKE AND DO



How to Make Paint

You will need:

- Paint shirts
- 1 tablespoon of cornflour
- 1 table spoon of cold water
- 1 cup hot water (water must be very hot so an adult should assist)
- Spoon
- Large mixing bowl
- Whisk
- Green, blue, orange and purple food colouring
- Four plastic containers

Instructions

Put on your paint shirt.

Spoon cornflour into a large mixing bowl.

Add cold water, mixing with a whisk as you go.

Have a grown up help you to add a cup of hot water.

Continue mixing with the whisk until corn flour thickens.

Add a tablespoon of extra cold water.

Put one teaspoon of each colour of food colouring into its own small plastic container.

Mix the paint with the colouring.

What will you paint? You could use brushes, sponges, or your fingers.

Episode 3



PRESENTERS

Karen Pang & Andrew McFarlane

PIANIST

Peter Dasent

Something Wonderful

Author: Raewyn Caisley

Illustrator: Karen Blair

Publisher: Viking

(an imprint of Penguin Books), 2016

Film Title

Go-Karting

(Play School, ABC)

IDEAS FOR LATER

- Have you grown too tall for any of your clothes? Have you got any small clothes that would fit a teddy or a doll? Or you could make a wriggly worm or slithering sock puppet from an old sock.
- Find some bits and pieces that you can use to invent something. You could use some recycled materials like ice cream containers, toilet rolls and fabric scraps.
- Draw a simple picture on hessian with a dark coloured texta. Using pre threaded needle sew along the line going in and out. Add details such as buttons for eyes, or felt and lace for clothes or decoration.

SONGS

Hey There, What Do You Wear

Composer: Helen Martin

Publisher: Unknown

The Mixing Song

Composer: Arthur Baysting & Peter Dasent

Publisher: Origin & ABC Music Publishing

Drip Drop

Composer: Robyn Mapleson & Peter Mapleson

Publisher: ABC Music Publishing

Bikeling

Composer: Jay Lag'aia

Publisher: ABC Music Publishing

We're Going On A Bear Hunt

Composer: Traditional

Publisher: ABC Music Publishing

Friends All Together

Composer: Sophie Emtage & Peter Dasent

Publisher: Control & Origin





Fun with sewing

You will need:

- Piece of open weave fabric such as hessian
- Lengths of wool of different colours
- Large buttons with large holes
- Large needs, bodkin (plastic needles can be purchased for children's use)

Thread your needle with a length of wool so that needle is in the middle.

Knot the wool at the end so that the needle stays threaded.

Sew by going in and out of the fabric with the needle from top to bottom.

Sew on buttons by threading the needle through the hole in the button and then stitch through the fabric.

Repeat this several times to secure the button.

Cut off the needle and tie off the wool.

Episode 4



PRESENTERS

Alex Papps, Justine Clarke & Sofya Gollan

PIANIST

Peter Dasent

TOLD STORY

Tessa Dressa's Busy Day
(A story told by the Play School team)

FILM

What To Wear
(Play School, ABC)

IDEAS FOR LATER

- Have you got some dress up clothes at home? Or an old scarf or piece of soft material? Have you got a bell you could tie around your wrist or ankle? This could be a good outfit for dancing. Your dance could include stomping, jumping and clapping!
- Help bring in the washing at your home. Who has the biggest socks? Who has the smallest? Can you match up all the socks?

SONGS

The Mixing Song

Composer: Arthur Baysting & Peter Dasent
Publisher: Origon & ABC

Wet Washing

Composer: Liz Olsen
Publisher: ABC

Lazy And Warm

Composer: Carter Harman
Publisher: Silver Burdett

Do You Put Your Hat On'

Composer: Val Donlan & Claire Henderson
Publisher: ABC

There's A Worm In The Bottom Of My Garden

Composer: Traditional
Publisher: ABC

Playing Ball

Composer: Edna G Buttolph
Publisher: Willis Music Company

What Shall We Do When We All Go Out

Composer: Traditional
Publisher: ABC

Put On Your

Composer: Val Donlan
Publisher: ABC

Stomp Stomp

Composer: Tony Grimes
Publisher: Universal Music Publishing

MAKE AND DO



How to Spray Paint

You will need:

- An old sheet
- Gloves
- Goggles
- Paint coat
- Gumboots
- Spray bottles filled with strong water based dye

Instructions

Hang the old sheet up outside.

Put on your protective clothing – your gloves, goggles, gumboots, and paint coat.

Using the spray bottles, paint the sheet.

What different shapes can you make?

You could do some splodges, lines, and swirls! Let the sheet hang outside until it is dry.

It could make a great tent or part of a cubby!

Episode 5



PRESENTERS

Karen Pang & Teo Gebert

PIANIST

Peter Dasent

STORY

Giraffe On A Bicycle

Author: Julia Woolf

Illustrator:

Publisher:

FILM

What To Wear Equestrian

(Play School, ABC)

IDEAS FOR LATER

- Do you have a bike, scooter, or skate board? Maybe you have a straw broom that could be your horse? Put your helmet on and go for a ride.
- Find the different types of hats you have in your home. What is each one for? Maybe you can do a hat dance for each one.

SONGS

What Shall We Do When We All Go Out

Composer: Traditional

Publisher: ABC Music Publishing

Rocket Song

Composer: Mark Barnard & Peter Dasent

Publisher: Control & Origin

Peek-A-Boo

Composer: Traditional

Publisher: ABC Music Publishing

The Wheels On The Bus

Composer: Traditional

Publisher: ABC Music Publishing

I Like To Eat

Composer: Traditional

Publisher: ABC Music Publishing



MAKE AND DO



How to Make Cardboard Doll Astronauts

You will need:

- Cardboard cut-out people
- Aluminium foil
- Small cardboard box
- Tape

Instructions

Take your cardboard doll, and wrap the foil around them to make a space suit.

Use a small piece to make a helmet too.

Give your astronaut a jet pack by taping a small cardboard box to their back.

Where can you explore with your astronauts?

Maybe they can visit the moon, the stars, or some far off planets?