

# How to make a salad



It may not look like it, but I'm making a salad!

A salad garden, that is.

All you need to plant a salad garden is some newspaper sheets, a pot, can or pot-maker, some garden soil or potting mix, a garden spoon, your garden gloves, some seeds you would like to plant and some water.



For more fun make and do ideas go to:  
[www.abc.net.au/abckids](http://www.abc.net.au/abckids)

# how to make a salad STEP



First, take a piece of newspaper and fold it to fit your newspaper pot-maker with a bit of room left over at the bottom. You might need a big person to help get you started.



Place your can, jar or pot-maker onto your folded newspaper. Now you are ready to roll!



Roll, roll, roll your pot!



Gently tuck, tuck, tuck the bottom of the pot in together.



And VOILA! One newspaper pot ready for planting.

# how to make a salad STEP



Now it's time to get grubby!



Use your garden spoon to scoop dirt into your little pot.



Fill your pot nearly to the top.



Make a little hole with your finger.



Pop a seed in then cover it up with dirt.

# how to make a salad

STEP

3



Water and care for your little seeds and soon you will have baby seedlings!

STEP

4



This baby cucumber is ready to plant into the salad garden.



You can plant your salad seedlings straight into the garden, newspaper pot and all!