



Teacher Resource

Dumbphones

Focus Questions

Discuss the BTN High story as a class and record the main points of discussion. Students will then respond to the following:

1. What are the potential pros and cons of having a smartphone?
2. Would you ever choose to use a 'dumbphone' or 'feature phone'? Why?
3. Should under 13s be banned from owning a smartphone? Explain.
4. Do you think 'dumbphones' or 'feature phones' will become more popular among teenagers after the social media ban?

Activities

- In small groups, discuss what it means to use a smart phone responsibly. Make sure you consider impacts on mental health and wellbeing. Share your points with the class.
- Should young people be using 'dumbphones' or 'feature phones' over smartphones? Write a persuasive essay.
- Design an advertising campaign about the perfect 'feature phone'.
- Create a short presentation on smartphone safety that can be shown to your peers at a school assembly.

EPISODE 39

30th July 2025

KEY LEARNING

Students will discuss the impact smartphones are having on the mental health and wellbeing of young people.

CURRICULUM

[Health and PE – Years 7 and 8 \(v8.4\)](#)

[Health and PE – Years 7 and 8 \(v9.0\)](#)

[Health and PE – Years 7 and 8 \(v8.4\)](#)

[Health and PE – Years 7 and 8 \(v9.0\)](#)

[Economics and Business – Year 7 \(v8.4\)](#)

[Economics and Business – Year 7 \(v9.0\)](#)

[Economics and Business – Year 10 \(v8.4\)](#)

[Economics and Business – Year 10 \(v9.0\)](#)

[Economics and Business – Years 9 and 10 \(v9.0\)](#)