



# Program Guide

10 September – 19 September 2025

**Wednesday, 10 September 2025**

- 4:00am**                    **News Breakfast: Early**  
(CC)  
As each day begins get the facts you need to stay informed. Bridget Brennan and James Glenday present the latest news, overnight developments and today's top stories, joined by Emma Rebellato, Catherine Murphy and Nate Byrne.
- 7:00am**                    **ABC News Mornings**  
(CC)  
Stay in the know with what's happening this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Gemma Veness.
- 10:00am**                    **ABC News At Noon**  
(CC)  
The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 10:30am**                    **Landline**  
(CC)  
Victorian farmers innovating during record-breaking drought; and another promising grain harvest for Western Australia.
- 11:00am**                    **A Bite To Eat With Alice: Kitty Flanagan**  
(CC,G)  
Award winning comedian, writer and actor Kitty Flanagan gets inspired by Alice cooking both sweet and savoury veggies. Kitty only recently fell in love with mushrooms, so Alice treats her to a homemade mushie soup to die for.
- 11:25am**                    **Four Corners: Race to the Bottom**  
(CC)  
The race is on to find the minerals needed to enable the world's transition to clean energy and vast reserves of those minerals lie at the bottom of the Pacific. But scientists warn it risks catastrophic damage to our oceans.
- 12:15pm**                    **Media Watch**  
(CC,G)  
Victoria's machete bins face scrutiny over their hefty price tag. Reporters urged to embrace the beauty of a one-sided story. Plus reports on refuelling anxiety are making headlines, but is this story running on empty?

- 12:30pm**      **Movin' To The Country: Capricorn and Sunshine Coasts, Qld**  
(CC,AD,Repeat,G)  
In Mooloolaba, Halina boards a 100-year-old ketch to join an Indigenous-owned eco tour company. In Rockhampton, Kristy meets two start-up entrepreneurs working with mastectomy clothing. Plus Craig gets into a seafood smokery.
- 1:00pm**      **Dream Gardens: Portsea Revisit, VIC**  
(CC,AD,Repeat,PG)  
A couple are challenged to blend one's love of rugged and the other's wish for lush to create a modern coastal garden. Michael McCoy revisits the garden one year on to see if the combination worked. (Final)
- 1:30pm**      **Art Works**  
(CC,Repeat,PG)  
Sampa the Great shares how reconnecting with her heritage influenced her latest album. We check out an AFL-inspired "living sculpture" at Rising. Benjamin Law and Vanessa Alexander unpack how to tell real stories on screen.
- 2:00pm**      **Afternoon Briefing**  
(CC)  
In our fast-moving world, we unpack the latest in politics, our shifting national affairs and the global events shaping our lives. Patricia Karvelas asks the tough questions on the big issues to the key decision makers.
- 3:00pm**      **ABC News with Joe O'Brien**  
(CC)  
Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
- 4:00pm**      **A Bite To Eat With Alice: Kitty Flanagan**  
(CC,Repeat,G)  
Award winning comedian, writer and actor Kitty Flanagan gets inspired by Alice cooking both sweet and savoury veggies. Kitty only recently fell in love with mushrooms, so Alice treats her to a homemade mushie soup to die for.
- 4:30pm**      **That Pacific Sports Show**  
(PG,Adult Themes)  
Sam Wykes sits down with a panel of proud Pasifika men to talk about mental health, the challenges they face, suicide prevention and how we can all support each other.
- 5:00pm**      **ABC National News**  
(CC)  
There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news, with more reporters to tell you what's going on and why it matters. Presented by Joe O'Brien.

- 5:30pm**                      **7.30**  
(CC)  
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
- 6:00pm**                      **Movin' To The Country: Capricorn and Sunshine Coasts, Qld**  
(CC,AD,Repeat,G)**Final**  
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- 9:00pm**                      **ABC Late News**  
(CC)  
More news, more often. Wherever you are stay in touch with ABC News. We've got more reporters in more places, connecting communities and covering the stories and issues that matter to you. Presented by Michael Tetlow.

- 9:30pm**                    **If You're Listening: Is Putin a master manipulator or a very smart guy?**  
(CC)  
US Peace Envoy Steve Witkoff has met with Vladimir Putin to try and negotiate a ceasefire. We don't know what happened in those meetings, and it appears that Witkoff didn't know what was happening in those meetings either.
- 9:50pm**                    **Pasin Wantok: Gardening**  
(Repeat,G)  
In the arid village of Wamira, traditional irrigation is used for good cultivation and harvest.
- 10:00pm**                  **ABC Late News**  
(CC)  
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:15pm**                  **The Business**  
(CC)  
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
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**Thursday, 11 September 2025**

- 0:00am**                    **ABC Late News**  
(CC,Repeat)  
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 0:15am**                    **The Business**  
(CC,Repeat)  
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(CC,Repeat)  
Victorian farmers innovating during record-breaking drought; and another promising grain harvest for Western Australia.

- 3:00am**                    **The World**  
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- 4:00am**                    **News Breakfast: Early**  
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- 7:00am**                    **ABC News Mornings**  
(CC)  
Stay in the know with what's happening this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across today. Presented by Kathryn Robinson.
- 10:00am**                  **ABC News At Noon**  
(CC)  
The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 11:00am**                  **A Bite To Eat With Alice: Eddie Perfect**  
(CC,G)  
Alice turns the humble iceberg lettuce on its head to make a salad for musician, actor and playwright, Eddie Perfect. Once Eddie arrives, they make the 'perfect' fish pie together - in memory of his childhood fish 'n' chips.
- 11:30am**                  **Australia In Colour: Australia at Play**  
(Repeat)  
Sport and the arts are part of the culture of the new nation from the outset and say much about the character of Australians and their way of life.
- 12:20pm**                  **Wing Threads**  
(CC,Repeat,G)  
A journey around Australia on the smallest of wings. Zoologist turned pilot, Amellia Formby, is on a mission to share her love for migratory shorebirds.
- 12:30pm**                  **Who The Bloody Hell Are We?: Adam Liaw**  
(Repeat)Final  
Adam Liaw busts out of the kitchen and embarks on a journey into Australia's past to discover how people of Chinese descent fit into modern Australia's story.

- 1:30pm**                    **Landline**  
(CC,Repeat)  
Victorian farmers innovating during record-breaking drought; and another promising grain harvest for Western Australia.
- 2:00pm**                    **Afternoon Briefing**  
(CC)  
Your daily download of everything you need to know about politics, national and global affairs. Patricia Karvelas asks politicians the tough questions and talks to key players and experts on the issues driving the news cycle.
- 3:00pm**                    **ABC News with Joe O'Brien**  
(CC)  
Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
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- 4:30pm**                    **The Pacific**  
(CC)  
Ahead of the Pacific Islands Forum, we look at how Beijing got its way over who could attend. Plus how a landmark ICJ ruling could eventually see small island nations take legal action against big emitters like Australia.
- 5:00pm**                    **ABC National News**  
(CC)  
There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news, with more reporters to tell you what's going on and why it matters. Presented by Joe O'Brien.
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Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
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- 7:00pm**                    **The World**  
(CC)  
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- 8:00pm**                    **Tracy: A Force of Nature**  
(CC,Repeat,PG)  
Featuring never-before-told stories of survival and some of the ABC's most incredible archival footage, Tracy is a moving and confronting testament to one of Australia's worst ever natural disasters. Narrated by Leigh Sales.
- 9:00pm**                    **Australia In Colour: Australia at Play**  
(Repeat)  
Sport and the arts are part of the culture of the new nation from the outset and say much about the character of Australians and their way of life.
- 9:50pm**                    **Camel Capers: Camel Racer**  
(CC,Repeat,G)  
One New South Wales family has a 3 generation connection to camels. Turning 15 is a big deal for Anna Cannard, allowing her to race her three pet camels, and fueling her dreams to turn pro.
- 10:00pm**                    **ABC Late News**  
(CC)  
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:15pm**                    **The Business**  
(CC)  
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, investors, employees and businesses big and small. Presented by Alicia Barry.
- 10:30pm**                    **7.30**  
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Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
- 11:00pm**                    **The World**  
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**Friday, 12 September 2025**

- 0:00am The Pacific**  
(CC,Repeat)  
Ahead of the Pacific Islands Forum, we look at how Beijing got its way over who could attend. Plus how a landmark ICJ ruling could eventually see small island nations take legal action against big emitters like Australia.
- 0:30am Who The Bloody Hell Are We?: Adam Liaw**  
(Repeat)  
Adam Liaw busts out of the kitchen and embarks on a journey into Australia's past to discover how people of Chinese descent fit into modern Australia's story.
- 1:25am The Pacific: Talanoa (conversations): Talanoa with Raki Ap and Koteka Wenda**  
(Repeat,PG)  
An interview with two of West Papua's most strident independence activists, Koteka Wenda and Raki Ap.
- 1:50am Australia In Colour: Australia at Play**  
(Repeat)  
Sport and the arts are part of the culture of the new nation from the outset and say much about the character of Australians and their way of life.
- 2:45am The Business**  
(CC,Repeat)  
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, investors, employees and businesses big and small. Presented by Alicia Barry.
- 3:00am The World**  
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There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.
- 4:00am News Breakfast: Early**  
(CC)  
As the day begins get the facts you need to stay informed. James Glenday and Emma Rebellato bring you the latest news, overnight developments and top stories, joined by Catherine Murphy with sport and Nate Byrne with weather.

- 7:00am ABC News Mornings**  
(CC)  
Stay in the know with what's happening this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Lorna Dunkley.
- 10:00am ABC News At Noon**  
(CC)  
The leading news at lunchtime. Ruby Cornish brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 11:00am Gardening Australia: Spring: Greenhouse Reveal & a Poppy Paradise**  
(CC,AD,G)  
Tammy visits a poppy-filled paradise, Millie refreshes spring crops, Costa explores a project tackling homelessness, Josh plants a cat run, Hannah unveils her greenhouse, and twins researching native snails and weevils.
- 12:00pm Great Barrier Reef: A Living Treasure: Coral Sea**  
(Repeat)  
The Great Barrier Reef lies in the Coral Sea. Here wildlife flourishes in the pristine tropical seas, home to the world's richest marine ecosystem.
- 12:45pm Pacific Break Live from Samoa 2025: The Sets: Solo Set: Tofaga Meke**  
(Repeat)  
Pacific Break returns in 2025 with a special concert in Samoa.
- 1:00pm The Pacific**  
(CC,Repeat)  
Ahead of the Pacific Islands Forum, we look at how Beijing got its way over who could attend. Plus how a landmark ICJ ruling could eventually see small island nations take legal action against big emitters like Australia.
- 1:30pm That Pacific Sports Show**  
(Repeat,PG,Adult Themes)  
Sam Wykes sits down with a panel of proud Pasifika men to talk about mental health, the challenges they face, suicide prevention and how we can all support each other.
- 2:00pm Afternoon Briefing**  
(CC)  
In our fast-moving world, we unpack the latest in politics, our shifting national affairs and the global events shaping our lives. Patricia Karvelas asks the tough questions on the big issues to the key decision makers.

- 3:00pm ABC News with Joe O'Brien**  
(CC)  
Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
- 3:55pm Gardening Australia: Spring: Greenhouse Reveal & a Poppy Paradise**  
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Tammy visits a poppy-filled paradise, Millie refreshes spring crops, Costa explores a project tackling homelessness, Josh plants a cat run, Hannah unveils her greenhouse, and twins researching native snails and weevils.
- 5:20pm AFL Premiership Season: First Semi Final - Adelaide Crows v Hawthorn**  
(Repeat)  
ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.
- 8:30pm The World**  
(CC)  
There's never been a more important time to stay in touch with what's happening in our world. Manny Tsigas presents the latest international news from ABC News correspondents as well as interviews with experts and guests.
- 9:00pm Planet America: Weekend Edition**  
(CC)  
John Barron and Chas Licciardello take a closer look at some of the biggest stories in the US this week. Plus interviews and in-depth discussions on the people, politics and policies involved in the second Trump term.
- 9:45pm Close Of Business**  
(CC)  
Alicia Barry presents a weekly roundup of business, finance and economic news including the latest trends on Australian and overseas markets, analysing what's going on in the local and global economy and how it affects you.
- 10:15pm ABC Late News**  
(CC)  
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:30pm Asia News Week**  
(CC)  
Yvonne Yong brings you a weekly roundup of the stories making news across the Asia region, plus what's trending on social media and making an impact on the culture and the way people live.

**11:00pm The World**

(CC,Repeat)

There's never been a more important time to stay in touch with what's happening in our world. Manny Tsigas presents the latest international news from ABC News correspondents as well as interviews with experts and guests.

**11:30pm Gardening Australia: Spring: Greenhouse Reveal & a Poppy Paradise**

(CC,AD,Repeat,G)

Tammy visits a poppy-filled paradise, Millie refreshes spring crops, Costa explores a project tackling homelessness, Josh plants a cat run, Hannah unveils her greenhouse, and twins researching native snails and weevils.

**Saturday, 13 September 2025**

- 0:30am Great Barrier Reef: A Living Treasure: Coral Sea**  
(Repeat)  
The Great Barrier Reef lies in the Coral Sea. Here wildlife flourishes in the pristine tropical seas, home to the world's richest marine ecosystem.
- 1:15am Back Roads: Van Life (Part 1)**  
(CC,Repeat,G)  
These days, thousands of Australians are swapping four walls for four wheels and taking to life on the road. Myf Warhurst hits the bitumen in Far North Queensland to meet some of the people who've chosen van life.
- 1:45am Planet America: Weekend Edition**  
(CC,Repeat)  
John Barron and Chas Licciardello take a closer look at some of the biggest stories in the US this week. Plus interviews and in-depth discussions on the people, politics and policies involved in the second Trump term.
- 2:30am Asia News Week**  
(CC,Repeat)  
Yvonne Yong brings you a weekly roundup of the stories making news across the Asia region, plus what's trending on social media and making an impact on the culture and the way people live.
- 3:00am The World**  
(CC,Repeat)  
There's never been a more important time to stay in touch with what's happening in our world. Manny Tsigas presents the latest international news from ABC News correspondents as well as interviews with experts and guests.
- 3:30am Close Of Business**  
(CC,Repeat)  
Alicia Barry presents a weekly roundup of business, finance and economic news including the latest trends on Australian and overseas markets, analysing what's going on in the local and global economy and how it affects you.
- 4:00am Alone Australia**  
(Repeat)  
When physical and environmental conditions deteriorate, the survivalists are forced to make the difficult decisions about their future.
- 5:00am Weekend Breakfast: Early**  
(CC)  
Start your weekend informed and up-to-date. Fauziah Ibrahim and Thomas Oriti bring you the latest news, interviews, politics, culture, weather and global affairs. Plus sport with Jared Coote.

**6:00am Weekend Breakfast**

(CC)

Start your weekend informed and up-to-date. Johanna Nicholson and Fauziah Ibrahim bring you the latest news, interviews, politics, culture, weather and global affairs. Plus sport with Jared Coote.

**9:00am ABC News**

(CC)

Ruby Cornish presents the latest from ABC News on the weekend bringing you today's top stories and coverage of events as they unfold. Plus original reporting, analysis and updated news, sport, weather and information.

**9:30am The Pacific**

(CC,Repeat)

Ahead of the Pacific Islands Forum, we look at how Beijing got its way over who could attend. Plus how a landmark ICJ ruling could eventually see small island nations take legal action against big emitters like Australia.

**10:00am Asia News Week**

(CC,Repeat)

Yvonne Yong brings you a weekly roundup of the stories making news across the Asia region, plus what's trending on social media and making an impact on the culture and the way people live.

**10:30am Play On**

(CC,PG,Adult Themes)

This episode follows Qasimi family, who are Hazaras who escaped a suicide bombing in Pakistan before finding refuge in Australia - and football. The Puoch family, a sudanese family who live and breathe basketball.

**11:00am AFLW: Round 5 - Collingwood v Sydney Swans**

The 2025 AFLW season encompasses 12 home and away rounds over 12 weeks, with no compression and four weeks of finals.

**1:00pm AFLW: Round 5 - Port Adelaide v Melbourne**

The 2025 AFLW season encompasses 12 home and away rounds over 12 weeks, with no compression and four weeks of finals.

**3:00pm Australia Come Fly With Me: Discovery**

(Repeat)

Discover the turbulent history of Australia in the air and on the ground in the age of globalisation: globetrotting migrants, the love affair with Bali, flying billboards for Aboriginal Australia and the COVID-19 pandemic.

- 3:55pm This Place: Bila to the Garuwa**  
(CC,Repeat,G)  
In Birpai country, the Gathang language is spoken. It has two words for river, "bila" and "dungang". The Hastings River is extremely important for the Birpai people, as it supplied plentiful food and a place to meet.
- 4:00pm Tycoons Down Under**  
(Repeat)  
Powerful tycoons like Kerry Packer, Lang Hancock, and Rupert Murdoch have had a big impact on the cultural landscapes of both Australia and the world, but what kind of legacy do they leave behind?
- 5:15pm AFL Premiership Season: Second Semi Final - Brisbane Lions v Gold Coast Suns**  
(Repeat)  
ABC Australia brings you Australian Rules football live in your lounge room every week with coverage of the 2025 AFL Premiership Season.
- 8:15pm Play On**  
(CC,Repeat,PG,Adult Themes)  
This episode follows Qasimi family, who are Hazaras who escaped a suicide bombing in Pakistan before finding refuge in Australia - and football. The Puoch family, a sudanese family who live and breathe basketball.
- 8:45pm Tycoons Down Under**  
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(CC,Repeat)  
Yvonne Yong brings you a weekly roundup of the stories making news across the Asia region, plus what's trending on social media and making an impact on the culture and the way people live.
- 10:05pm Planet America: Weekend Edition**  
(CC,Repeat)  
John Barron and Chas Licciardello take a closer look at some of the biggest stories in the US this week. Plus interviews and in-depth discussions on the people, politics and policies involved in the second Trump term.
- 10:55pm The World This Week**  
(CC)  
Girish Sawlani brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.

**11:20pm Pasin Wantok: Female Initiation**

(PG,Nudity)

In Simbu, an elaborate rite of passage into womanhood takes place. When the woman emerges, she is ready to fulfil her societal duties.

**11:30pm Indonesia Down Under**

(CC,Repeat,PG)

Travel across Australia and discover the culture, food and special historical ties that Indonesia and Australia share. Delve into the connections as we highlight the rich Indonesian influences found in Australian communities.

**Sunday, 14 September 2025**

- 0:00am**                    **Tycoons Down Under**  
(Repeat)  
Powerful tycoons like Kerry Packer, Lang Hancock, and Rupert Murdoch have had a big impact on the cultural landscapes of both Australia and the world, but what kind of legacy do they leave behind?
- 0:55am**                    **Play On**  
(CC,Repeat,PG,Adult Themes)  
This episode follows Qasimi family, who are Hazaras who escaped a suicide bombing in Pakistan before finding refuge in Australia - and football. The Puoch family, a sudanese family who live and breathe basketball.
- 1:20am**                    **Secret Science: Male Fertility: Part 2**  
(CC,Repeat,PG,Adult Themes, Nudity,This program depicts surgical procedures)  
Matt Okine comes to realise that when it comes to making babies, it's not always easy. In the last 40 years, men's sperm count has dropped by 50%. Matt explores what men can do to improve that number. (Final)
- 1:55am**                    **National Press Club Address: Vicki Brady - CEO and Managing Director of Telstra**  
(CC)  
Vicki Brady, CEO and Managing Director of Telstra, addresses the National Press Club on the topic "A shared national vision for Australia's digital future".
- 3:00am**                    **The World This Week**  
(CC,Repeat)  
Girish Sawlani brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.
- 3:30am**                    **The Pacific**  
(CC,Repeat)  
Ahead of the Pacific Islands Forum, we look at how Beijing got its way over who could attend. Plus how a landmark ICJ ruling could eventually see small island nations take legal action against big emitters like Australia.
- 4:00am**                    **Who The Bloody Hell Are We?: Adam Liaw**  
(Repeat)  
Adam Liaw busts out of the kitchen and embarks on a journey into Australia's past to discover how people of Chinese descent fit into modern Australia's story.

- 4:55am**                    **Voices of Independence: First Flag Raiser - George Aibo**  
(G)  
Sergeant Major, George Aibo, reflects on his experience of raising the flag of newly independent Papua New Guinea, for the first time.
- 5:00am**                    **Weekend Breakfast: Early**  
(CC)  
Ease into your Sunday as Fauziah Ibrahim and Thomas Oriti bring you an engaging mix of the latest news, updated information, analysis, interviews, politics, global affairs, culture and weather. Plus sport with Jared Coote.
- 6:00am**                    **Weekend Breakfast**  
(CC)  
Ease into your Sunday with an engaging mix of news, updated information, analysis, interviews, politics and weather. Presented by Johanna Nicholson and Fauziah Ibrahim, plus sport with Jared Coote.
- 7:00am**                    **Insiders**  
(CC)  
Start your Sunday morning with the show the politicians rely on to find out what's going on. David Speers presents Australia's must-watch political program, joined by a panel of the best political analysts and commentators.
- 8:00am**                    **Offsiders**  
(CC)  
Raiders v Broncos, Storm v Bulldogs, Warriors v Panthers and Sharks v Roosters in Week 1 of NRL Finals. Crows v Hawks and Lions v Suns in a Q-Clash AFL Semi Final. Plus Ange Postecoglou becomes Manager of Nottingham Forest.
- 8:30am**                    **That Pacific Sports Show**  
(Repeat,PG,Adult Themes)  
Sam Wykes sits down with a panel of proud Pasifika men to talk about mental health, the challenges they face, suicide prevention and how we can all support each other.
- 9:00am**                    **ABC News**  
(CC)  
Ruby Cornish presents the latest from ABC News on the weekend bringing you today's top stories and coverage of events as they unfold. Plus original reporting, analysis and updated news, sport, weather and information.
- 9:30am**                    **The Breakfast Couch**  
(CC)  
Bridget Brennan, James Glenday, Emma Rebellato, Catherine Murphy and Nate Byrne hear from some of the guests who have appeared on News Breakfast. Plus our film critic Zak Hepburn and resident foodie Alice Zaslavsky.

- 10:00am**                    **ABC News At Noon**  
(CC)  
Ruby Cornish presents the latest from ABC News on the weekend bringing you today's top stories and coverage of events as they unfold. Plus original reporting, analysis and updated news, sport, weather and information.
- 10:30am**                    **The World This Week**  
(CC,Repeat)  
Girish Sawlani brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.
- 11:00am**                    **AFLW: Round 5 - Richmond v Geelong Cats**  
The 2025 AFLW season encompasses 12 home and away rounds over 12 weeks, with no compression and four weeks of finals.
- 1:00pm**                    **AFLW: Round 5 - Brisbane Lions v North Melbourne Tasmanian Kangaroos**  
The 2025 AFLW season encompasses 12 home and away rounds over 12 weeks, with no compression and four weeks of finals.
- 3:00pm**                    **Landline**  
(CC)  
Hosted by award-winning journalist Pip Courtney, Landline is Australia's only national agricultural television program covering stories from Australia's rural and regional heartland.
- 3:55pm**                    **Voices of Independence: PNG Kiap - John Hocknull**  
(G)  
John Hocknull was a Patrol Officer in Papua New Guinea, locally they were known as Kiaps. They assisted Papua New Guinea on their road to independence.
- 4:00pm**                    **Pasin Wantok: Queen Alexandra's Birdwing Butterfly**  
(G)  
The Queen Alexandra's Birdwing Butterfly is the largest butterfly in the world. Conservation efforts are underway to protect the threatened species.
- 4:10pm**                    **Paradise Kitchen Bali**  
(Repeat)  
In Bali's lush landscapes Lauren explores the origin of jackfruit partnering with a Balinese chef to unveil age-old recipes and techniques showcasing how this versatile fruit reigns supreme in traditional and modern dishes.
- 4:30pm**                    **Adam and Poh's Great Australian Bites: Alice Springs, Northern Territory**  
(Repeat)  
To get to know a country, you have to know its food. A nation's cuisine reflects its climate, its history, its creativity and its heart. Our culinary adventure starts at the top of one of the most fascinating countries.

- 5:00pm**                    **ABC National News**  
(CC)  
There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news with more reporters to tell you what's going on and why it matters. Presented by Meredith Sheehan.
- 5:30pm**                    **Abebe - Butterfly Song**  
(Repeat)  
An exploration and celebration of the enduring cross-cultural friendship between Papua New Guinea's most celebrated singer-songwriter George Telek and acclaimed Australian musician David Bridie.
- 6:30pm**                    **A Song For My Father**  
(Repeat,G)  
When his father passes away, Chris kamu'ana Rohoimae is left with more than just memories, he's left with a song. Written in the days before his father's death, this deeply personal track leads Chris to win Pacific Break 2024
- 7:00pm**                    **Alone Australia**  
The weather forces the survivalists to innovate like never before.
- 7:45pm**                    **Pasin Wantok: String Bands**  
(G)  
Formed in 1967 in Morobe, Langema String Band was a successful musical group that blended contemporary and traditional melodies.
- 7:55pm**                    **Pasin Wantok: Beating of the Garamut**  
(G)  
The announcement of a death, especially that of an elder is traditionally marked by the striking of a large ceremonial drum.
- 8:00pm**                    **ABC Late News Weekend**  
(CC)  
When you need to know what's happening turn to ABC News for coverage you can trust. We bring you today's events from reporters across Australia, connecting communities and telling your stories. Presented by Meredith Sheehan.
- 8:30pm**                    **Offsiders**  
(CC,Repeat)  
Raiders v Broncos, Storm v Bulldogs, Warriors v Panthers and Sharks v Roosters in Week 1 of NRL Finals. Crows v Hawks and Lions v Suns in a Q-Clash AFL Semi Final. Plus Ange Postecoglou becomes Manager of Nottingham Forest.

- 9:00pm**                    **Landline**  
(CC,Repeat)  
Hosted by award-winning journalist Pip Courtney, Landline is Australia's only national agricultural television program covering stories from Australia's rural and regional heartland.
- 10:00pm**                    **Play On**  
(CC,Repeat,PG,Adult Themes)  
This episode follows Qasimi family, who are Hazaras who escaped a suicide bombing in Pakistan before finding refuge in Australia - and football. The Puoch family, a sudanese family who live and breathe basketball.
- 10:30pm**                    **Back Roads: Rabaul, Papua New Guinea**  
(CC,AD,Repeat,PG)  
For the first time, Back Roads leaves Australian shores and travels to our closest northern neighbour, Papua New Guinea. Guest presenter Tania Bale introduces us to Rabaul, a community with close ties to Australia.
- 11:00pm**                    **Abebe - Butterfly Song**  
(Repeat)  
An exploration and celebration of the enduring cross-cultural friendship between Papua New Guinea's most celebrated singer-songwriter George Telek and acclaimed Australian musician David Bridie.

**Monday, 15 September 2025**

- 0:00am**      **Alone Australia**  
(Repeat)  
The weather forces the survivalists to innovate like never before.
- 0:45am**      **A Song For My Father**  
(Repeat,G)  
When his father passes away, Chris kamu'ana Rohoimae is left with more than just memories, he's left with a song. Written in the days before his father's death, this deeply personal track leads Chris to win Pacific Break 2024
- 1:10am**      **Paradise Kitchen Bali**  
(Repeat)  
In Bali's lush landscapes Lauren explores the origin of jackfruit partnering with a Balinese chef to unveil age-old recipes and techniques showcasing how this versatile fruit reigns supreme in traditional and modern dishes.
- 1:35am**      **Adam and Poh's Great Australian Bites: Alice Springs, Northern Territory**  
(Repeat)  
To get to know a country, you have to know its food. A nation's cuisine reflects its climate, its history, its creativity and its heart. Our culinary adventure starts at the top of one of the most fascinating countries.
- 2:00am**      **Landline**  
(CC,Repeat)  
Hosted by award-winning journalist Pip Courtney, Landline is Australia's only national agricultural television program covering stories from Australia's rural and regional heartland.
- 3:00am**      **Offsiders**  
(CC,Repeat)  
Raiders v Broncos, Storm v Bulldogs, Warriors v Panthers and Sharks v Roosters in Week 1 of NRL Finals. Crows v Hawks and Lions v Suns in a Q-Clash AFL Semi Final. Plus Ange Postecoglou becomes Manager of Nottingham Forest.
- 3:30am**      **That Pacific Sports Show**  
(Repeat,PG,Adult Themes)  
Sam Wykes sits down with a panel of proud Pasifika men to talk about mental health, the challenges they face, suicide prevention and how we can all support each other.

- 4:00am**      **News Breakfast: Early**  
(CC)  
As each day begins get the facts you need to stay informed. Bridget Brennan and James Glenday present the latest news, overnight developments and today's top stories, joined by Emma Rebellato, Catherine Murphy and Nate Byrne.
- 7:00am**      **ABC News Mornings**  
(CC)  
Stay in the know with what's happening this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Gemma Veness.
- 10:00am**     **ABC News At Noon**  
(CC)  
The leading news at lunchtime. Kathryn Robinson brings you today's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter most.
- 11:00am**     **A Bite To Eat With Alice: Sara Pascoe**  
(CC,G)  
UK comedian Sara Pascoe flies in for a vegan feast with Alice. Having been a vegan since she was a child but now calling herself a 'loose' vegan since becoming a mother, Sarah loves curries and chickpeas.
- 11:30am**     **Foreign Correspondent: Tasting Tokyo - Japan**  
(CC,Repeat)  
Tokyo has become the number one destination for food lovers with more Michelin star restaurants than its nearest rival Paris. As record tourists numbers visit Japan, Tokyo's top chefs unveil the secrets behind their success.
- 12:00pm**     **PNG: The Road To Independence**  
(CC,AD,PG)  
PNG's independence 50 years ago came against all odds. One of the most culturally diverse lands on earth, this is the story of the leaders who united tribes and the role of colonial Australia in the birth of a nation.
- 12:55pm**     **Pasin Wantok: Canoes**  
(PG,Nudity)  
In Delta Fly District of Western province lies a unique culture intertwined with environment. Canoes are not just vessels, they are lifelines.
- 1:00pm**      **Grand Designs Australia: Strath Creek**  
(CC,AD,Repeat,G)  
A former Olympic snowboarder and her builder husband take on a mountainous challenge when they decide to build a unique shed-like home on a remote ridge in Victoria's Strath Creek.

- 2:00pm**      **Afternoon Briefing**  
(CC)  
Your daily download of everything you need to know about politics, national and global affairs. Patricia Karvelas asks politicians the tough questions and talks to key players and experts on the issues driving the news cycle.
- 3:00pm**      **ABC News with Joe O'Brien**  
(CC)  
Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
- 4:00pm**      **A Bite To Eat With Alice: Sara Pascoe**  
(CC,Repeat,G)  
UK comedian Sara Pascoe flies in for a vegan feast with Alice. Having been a vegan since she was a child but now calling herself a 'loose' vegan since becoming a mother, Sarah loves curries and chickpeas.
- 4:30pm**      **Foreign Correspondent: Tasting Tokyo - Japan**  
(CC,Repeat)  
Tokyo has become the number one destination for food lovers with more Michelin star restaurants than its nearest rival Paris. As record tourists numbers visit Japan, Tokyo's top chefs unveil the secrets behind their success.
- 5:00pm**      **ABC National News**  
(CC)  
There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news, with more reporters to tell you what's going on and why it matters. Presented by Joe O'Brien.
- 5:30pm**      **7.30**  
(CC)  
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
- 6:00pm**      **PNG: The Road To Independence**  
(CC,AD,Repeat,PG)  
PNG's independence 50 years ago came against all odds. One of the most culturally diverse lands on earth, this is the story of the leaders who united tribes and the role of colonial Australia in the birth of a nation.
- 7:00pm**      **The World**  
(CC)  
There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.

- 8:00pm**      **Grand Designs Australia: Strath Creek**  
(CC,AD,Repeat,G)  
A former Olympic snowboarder and her builder husband take on a mountainous challenge when they decide to build a unique shed-like home on a remote ridge in Victoria's Strath Creek.
- 9:00pm**      **Planet America**  
(CC)  
Chas and John discuss the week in Trump's America including the pursuit of peace in Ukraine and Gaza, tariffs and trade deals plus the President's State Visit to the UK to meet with King Charles.
- 9:30pm**      **Foreign Correspondent: Tasting Tokyo - Japan**  
(CC,Repeat)  
Tokyo has become the number one destination for food lovers with more Michelin star restaurants than its nearest rival Paris. As record tourists numbers visit Japan, Tokyo's top chefs unveil the secrets behind their success.
- 10:00pm**      **ABC Late News**  
(CC)  
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:15pm**      **The Business**  
(CC)  
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 10:30pm**      **7.30**  
(CC,Repeat)  
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
- 11:00pm**      **The World**  
(CC,Repeat)  
There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.

**Tuesday, 16 September 2025**

- 0:00am Planet America**  
(CC,Repeat)  
Chas and John discuss the week in Trump's America including the pursuit of peace in Ukraine and Gaza, tariffs and trade deals plus the President's State Visit to the UK to meet with King Charles.
- 0:30am PNG: The Road To Independence**  
(CC,AD,Repeat,PG)  
PNG's independence 50 years ago came against all odds. One of the most culturally diverse lands on earth, this is the story of the leaders who united tribes and the role of colonial Australia in the birth of a nation.
- 1:30am Voices of Independence: Dame Carol Kidu**  
(G)  
Dame Carol Kidu is an Australian born Papua New Guinean. She's also a former politician and pioneering advocate for women's rights in the country.
- 1:35am Grand Designs Australia: Strath Creek**  
(CC,AD,Repeat,G)  
A former Olympic snowboarder and her builder husband take on a mountainous challenge when they decide to build a unique shed-like home on a remote ridge in Victoria's Strath Creek.
- 2:30am Foreign Correspondent: Tasting Tokyo - Japan**  
(CC,Repeat)  
Tokyo has become the number one destination for food lovers with more Michelin star restaurants than its nearest rival Paris. As record tourists numbers visit Japan, Tokyo's top chefs unveil the secrets behind their success.
- 3:00am The World**  
(CC,Repeat)  
There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.
- 4:00am News Breakfast: Early**  
(CC)  
As each day begins get the facts you need to stay informed. Bridget Brennan and James Glenday present the latest news, overnight developments and today's top stories, joined by Emma Rebellato, Catherine Murphy and Nate Byrne.

- 7:00am ABC News Mornings**  
(CC)  
Stay in the know with what's happening this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Gemma Veness.
- 10:00am ABC News At Noon**  
(CC)  
The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 11:00am A Bite To Eat With Alice: Nat's What I Reckon**  
(CC,PG)  
Aussie home cook turned cultural phenomenon, Nat's What I Reckon, drops by to continue his war against processed and jarred sauces. Alice surprises him with a dish that champions his favourite ingredient - garlic!
- 11:25am Australian Story: Say My Name - Louisa Ioannidis (Part 2)**  
(CC,This program contains coarse language)  
The gripping conclusion in the mysterious case of Louisa Ioannidis, who was found dead in a creek in 2011. Intrigued by a podcast's revelations, a legal team has discovered new evidence and is pushing to re-open the case.
- 12:00pm Wan Kantri: The Next 50 Years**  
(CC,PG)  
Embark on a powerful journey into the heart of Papua New Guinea, 50 years on from independence. Wan Kantri captures the spirit and traditions of a country deeply connected to its roots and confidently looking to the future.
- 1:00pm Australia Remastered: Reptile Realm**  
(CC,AD,Repeat,G)  
There's more to Australia's reptiles than being cold-blooded killers. Aaron Pedersen explores intimate mating rituals and protective mothers as we scratch beneath the scales of our reptiles.
- 2:00pm Afternoon Briefing**  
(CC)  
In our fast-moving world, we unpack the latest in politics, shifting national affairs and the global events shaping our lives. Guest host Melissa Clarke asks the tough questions on the big issues to the key decision makers.
- 3:00pm ABC News with Joe O'Brien**  
(CC)  
Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.

- 4:00pm**     **A Bite To Eat With Alice: Nat's What I Reckon**  
(CC,Repeat,PG)  
Aussie home cook turned cultural phenomenon, Nat's What I Reckon, drops by to continue his war against processed and jarred sauces. Alice surprises him with a dish that champions his favourite ingredient - garlic!
- 4:25pm**     **Australian Story: Say My Name - Louisa Ioannidis (Part 2)**  
(CC,Repeat,This program contains coarse language)  
The gripping conclusion in the mysterious case of Louisa Ioannidis, who was found dead in a creek in 2011. Intrigued by a podcast's revelations, a legal team has discovered new evidence and is pushing to re-open the case.
- 5:00pm**     **ABC National News**  
(CC)  
There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news, with more reporters to tell you what's going on and why it matters. Presented by Joe O'Brien.
- 5:30pm**     **7.30**  
(CC)  
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
- 6:00pm**     **Wan Kantri: The Next 50 Years**  
(CC,Repeat,PG)  
Embark on a powerful journey into the heart of Papua New Guinea, 50 years on from independence. Wan Kantri captures the spirit and traditions of a country deeply connected to its roots and confidently looking to the future.
- 7:00pm**     **The World**  
(CC)  
There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.
- 8:00pm**     **Australia Remastered: Reptile Realm**  
(CC,AD,Repeat,G)  
There's more to Australia's reptiles than being cold-blooded killers. Aaron Pedersen explores intimate mating rituals and protective mothers as we scratch beneath the scales of our reptiles.
- 9:00pm**     **ABC Late News**  
(CC)  
More news, more often. Wherever you are stay in touch with ABC News. We've got more reporters in more places, connecting communities and covering the stories and issues that matter to you. Presented by Michael Tetlow.

- 9:25pm**      **Australian Story: Say My Name - Louisa Ioannidis (Part 2)**  
(CC,Repeat,This program contains coarse language)  
The gripping conclusion in the mysterious case of Louisa Ioannidis, who was found dead in a creek in 2011. Intrigued by a podcast's revelations, a legal team has discovered new evidence and is pushing to re-open the case.
- 10:00pm**      **ABC Late News**  
(CC)  
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:15pm**      **The Business**  
(CC)  
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 10:30pm**      **7.30**  
(CC,Repeat)  
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
- 11:00pm**      **The World**  
(CC,Repeat)  
There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.

**Wednesday, 17 September 2025**

- 0:00am**      **ABC Late News**  
(CC,Repeat)  
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 0:15am**      **The Business**  
(CC,Repeat)  
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 0:30am**      **Wan Kantri: The Next 50 Years**  
(CC,Repeat,PG)  
Embark on a powerful journey into the heart of Papua New Guinea, 50 years on from independence. Wan Kantri captures the spirit and traditions of a country deeply connected to its roots and confidently looking to the future.
- 1:30am**      **Australia Remastered: Reptile Realm**  
(CC,AD,Repeat,G)  
There's more to Australia's reptiles than being cold-blooded killers. Aaron Pedersen explores intimate mating rituals and protective mothers as we scratch beneath the scales of our reptiles.
- 2:25am**      **Australian Story: Say My Name - Louisa Ioannidis (Part 2)**  
(CC,Repeat,This program contains coarse language)  
The gripping conclusion in the mysterious case of Louisa Ioannidis, who was found dead in a creek in 2011. Intrigued by a podcast's revelations, a legal team has discovered new evidence and is pushing to re-open the case.
- 3:00am**      **The World**  
(CC,Repeat)  
There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.
- 4:00am**      **News Breakfast: Early**  
(CC)  
As each day begins get the facts you need to stay informed. Bridget Brennan and James Glenday present the latest news, overnight developments and today's top stories, joined by Emma Rebellato, Catherine Murphy and Nate Byrne.

- 7:00am**      **ABC News Mornings**  
(CC)  
Stay in the know with what's happening this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Gemma Veness.
- 10:00am**      **ABC News At Noon**  
(CC)  
The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 10:30am**      **Landline**  
(CC)  
A special on the future of rural towns and cities - why are some regional populations growing while others are declining?
- 11:00am**      **A Bite To Eat With Alice: Ivan Aristeguieta**  
(CC,G)  
Ivan Aristeguieta has been making Aussies laugh for a decade. He and Alice cook an Aussie classic with a South American twist and Alice surprises Ivan with a sweet treat that is easy to customise.
- 11:25am**      **Four Corners**  
(CC)  
Four Corners is the home of Australian investigative journalism. These fearless and forensic documentaries expose scandals, trigger inquiries, fire debate and confront taboos.
- 12:15pm**      **Media Watch**  
(CC)  
Australia's leading forum for media analysis and comment. Host Linton Besser, a four-time Walkley award-winning investigative reporter and former foreign correspondent, brings you a fearless critique of the week's journalism.
- 12:30pm**      **Back Roads: Rabaul, Papua New Guinea**  
(CC,AD,Repeat,PG)  
For the first time, Back Roads leaves Australian shores and travels to our closest northern neighbour, Papua New Guinea. Guest presenter Tania Bale introduces us to Rabaul, a community with close ties to Australia.
- 1:00pm**      **Danielle's Pacific Break**  
(Repeat,G)  
In the Pacific it's hard for women to launch careers in the music industry, but when singer-songwriter Danielle wins the region's biggest music competition, it kickstarts her breakout year.

- 1:30pm**      **Art Works**  
(CC,Repeat,PG)  
We flash back to some great First Nations stories. Meet artists Dylan Mooney and Katie West, plus Aretha Brown and musician Emma Donovan, who talk album covers. Also, visit Eucalyptusdom and National Indigenous Art Triennial.
- 2:00pm**      **Afternoon Briefing**  
(CC)  
In our fast-moving world, we unpack the latest in politics, shifting national affairs and the global events shaping our lives. Guest host Melissa Clarke asks the tough questions on the big issues to the key decision makers.
- 3:00pm**      **ABC News with Joe O'Brien**  
(CC)  
Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
- 4:00pm**      **A Bite To Eat With Alice: Ivan Aristeguieta**  
(CC,Repeat,G)  
Ivan Aristeguieta has been making Aussies laugh for a decade. He and Alice cook an Aussie classic with a South American twist and Alice surprises Ivan with a sweet treat that is easy to customise.
- 4:30pm**      **That Pacific Sports Show: PNG Independence 50th Anniversary Special**  
Sam Wykes and Michael Chow are in Port Moresby to mark Papua New Guinea's 50 years of independence. Celebrate PNG's rich history of culture, resilience and sporting excellence with stories and achievements of athletes.
- 5:30pm**      **ABC National News**  
(CC)  
There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news, with more reporters to tell you what's going on and why it matters. Presented by Joe O'Brien.
- 6:00pm**      **7.30**  
(CC)  
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
- 6:30pm**      **Back Roads: Rabaul, Papua New Guinea**  
(CC,AD,Repeat,PG)  
For the first time, Back Roads leaves Australian shores and travels to our closest northern neighbour, Papua New Guinea. Guest presenter Tania Bale introduces us to Rabaul, a community with close ties to Australia.

- 7:00pm**      **The World**  
(CC)  
There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.
- 7:55pm**      **Four Corners**  
(CC,Repeat)  
Four Corners is the home of Australian investigative journalism. These fearless and forensic documentaries expose scandals, trigger inquiries, fire debate and confront taboos.
- 8:40pm**      **Media Watch**  
(CC,Repeat)  
Australia's leading forum for media analysis and comment. Host Linton Besser, a four-time Walkley award-winning investigative reporter and former foreign correspondent, brings you a fearless critique of the week's journalism.
- 9:00pm**      **ABC Late News**  
(CC)  
More news, more often. Wherever you are stay in touch with ABC News. We've got more reporters in more places, connecting communities and covering the stories and issues that matter to you. Presented by Michael Tetlow.
- 9:30pm**      **If You're Listening**  
(CC)  
Ever watch the news and think "wow that's unprecedented". Well turns out that's not always quite true. Matt Bevan examines how what's happening now has probably happened before, to figure out what we can learn from history.
- 10:00pm**      **ABC Late News**  
(CC)  
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:15pm**      **The Business**  
(CC)  
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 10:30pm**      **7.30**  
(CC,Repeat)  
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.

**11:00pm****The World**

(CC,Repeat)

There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.

**Thursday, 18 September 2025**

- 0:00am**                    **That Pacific Sports Show: PNG Independence 50th Anniversary Special**  
(Repeat)  
Sam Wykes and Michael Chow are in Port Moresby to mark Papua New Guinea's 50 years of independence. Celebrate PNG's rich history of culture, resilience and sporting excellence with stories and achievements of athletes.
- 1:00am**                    **Back Roads: Rabaul, Papua New Guinea**  
(CC,AD,Repeat,PG)  
For the first time, Back Roads leaves Australian shores and travels to our closest northern neighbour, Papua New Guinea. Guest presenter Tania Bale introduces us to Rabaul, a community with close ties to Australia.
- 1:30am**                    **Four Corners**  
(CC,Repeat)  
Four Corners is the home of Australian investigative journalism. These fearless and forensic documentaries expose scandals, trigger inquiries, fire debate and confront taboos.
- 2:15am**                    **Media Watch**  
(CC,Repeat)  
Australia's leading forum for media analysis and comment. Host Linton Besser, a four-time Walkley award-winning investigative reporter and former foreign correspondent, brings you a fearless critique of the week's journalism.
- 2:35am**                    **Landline**  
(CC,Repeat)  
A special on the future of rural towns and cities - why are some regional populations growing while others are declining?
- 3:00am**                    **The World**  
(CC,Repeat)  
There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.
- 4:00am**                    **News Breakfast: Early**  
(CC)  
As each day begins get the facts you need to stay informed. Bridget Brennan and James Glenday present the latest news, overnight developments and today's top stories, joined by Emma Rebellato, Catherine Murphy and Nate Byrne.

- 7:00am**                    **ABC News Mornings**  
(CC)  
Stay in the know with what's happening this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Lorna Dunkley.
- 10:00am**                    **ABC News At Noon**  
(CC)  
The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 11:00am**                    **A Bite To Eat With Alice: Kathy Lette**  
(CC,G)  
Alice makes a dish inspired by a retro Aussie snack made famous by her guest, celebrated author and Aussie ex-pat, Kathy Lette. Kathy teaches Alice how to throw an extravagant dinner party as they cook a seafood dish.
- 11:30am**                    **Australia In Colour: Crime and Punishment**  
(Repeat)  
Modern Australia is founded on the back of British convicts; crime and punishment, murder and mayhem, is part of its DNA.
- 12:20pm**                    **Voices of Independence: Brigadier General Ted Diro**  
(G)  
Brigadier General, Ted Diro was the Commander of the Papua New Guinea Defence Force for 6 years. He was the first in the country to hold the title.
- 12:25pm**                    **Voices of Independence: Dame Meg Taylor**  
(G)  
In the formative years of a nation and her professional life, Dame Meg Taylor worked as the Private Secretary to Chief Minister Michael Somare.
- 12:30pm**                    **Ambulance Australia**  
Exclusive access is granted within the greater Brisbane area to the Queensland Ambulance Services, following emergencies from the heart of the operations centre to the critical decisions of paramedics on the front line.
- 1:20pm**                    **Gardening Australia - My Garden Path: Damien and Linda Brennan**  
(CC,Repeat,G)  
We meet Linda and Damien Brennan, a creative couple cultivating their relationship through their garden.

- 1:30pm**                    **Landline**  
(CC,Repeat)  
A special on the future of rural towns and cities - why are some regional populations growing while others are declining?
- 2:00pm**                    **Afternoon Briefing**  
(CC)  
In our fast-moving world, we unpack the latest in politics, shifting national affairs and the global events shaping our lives. Guest host Melissa Clarke asks the tough questions on the big issues to the key decision makers.
- 3:00pm**                    **ABC News with Joe O'Brien**  
(CC)  
Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
- 4:00pm**                    **A Bite To Eat With Alice: Kathy Lette**  
(CC,Repeat,G)  
Alice makes a dish inspired by a retro Aussie snack made famous by her guest, celebrated author and Aussie ex-pat, Kathy Lette. Kathy teaches Alice how to throw an extravagant dinner party as they cook a seafood dish.
- 4:30pm**                    **The Pacific: PNG 50th Anniversary Special**  
(CC)  
A special episode of The Pacific celebrating the 50th anniversary of PNG's independence. Join us as we reflect on 50 years of nationhood - the successes, and the challenges - plus what comes next for PNG in the years ahead.
- 5:00pm**                    **ABC National News**  
(CC)  
There's never been a more important time for transparency and trust. ABC News brings you the day's top stories and latest news, with more reporters to tell you what's going on and why it matters. Presented by Joe O'Brien.
- 5:30pm**                    **7.30**  
(CC)  
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.
- 6:00pm**                    **Ambulance Australia**  
(Repeat)  
Exclusive access is granted within the greater Brisbane area to the Queensland Ambulance Services, following emergencies from the heart of the operations centre to the critical decisions of paramedics on the front line.

- 6:50pm**                    **Gardening Australia - My Garden Path: Rob Blakers**  
(CC,Repeat,G)  
We head down the garden path with Rob Blakers, a photographer whose love of natural places and process has inspired the garden he cultivates for his local community.
- 7:00pm**                    **The World**  
(CC)  
There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.
- 8:00pm**                    **Abebe - Butterfly Song**  
(Repeat)  
An exploration and celebration of the enduring cross-cultural friendship between Papua New Guinea's most celebrated singer-songwriter George Telek and acclaimed Australian musician David Bridie.
- 9:00pm**                    **Australia In Colour: Crime and Punishment**  
(Repeat)  
Modern Australia is founded on the back of British convicts; crime and punishment, murder and mayhem, is part of its DNA.
- 9:50pm**                    **Voices of Independence: Sir Moi Awei**  
(PG,Nudity)  
Sir Moi Awei has served many ministerial roles in PNG, most notably, he was the deputy prime minister under Sir Michael Somare.
- 10:00pm**                   **ABC Late News**  
(CC)  
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:15pm**                   **The Business**  
(CC)  
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, investors, employees and businesses big and small. Presented by Alicia Barry.
- 10:30pm**                   **7.30**  
(CC,Repeat)  
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting journalism and interviews that hold the powerful to account. Plus analysis from 7.30's Political Editor Jacob Greber.

**11:00pm****The World**

(CC,Repeat)

There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.

**Friday, 19 September 2025**

- 0:00am**      **The Pacific: PNG 50th Anniversary Special**  
(CC,Repeat)  
A special episode of The Pacific celebrating the 50th anniversary of PNG's independence. Join us as we reflect on 50 years of nationhood - the successes, and the challenges - plus what comes next for PNG in the years ahead.
- 0:30am**      **Ambulance Australia**  
(Repeat)  
Exclusive access is granted within the greater Brisbane area to the Queensland Ambulance Services, following emergencies from the heart of the operations centre to the critical decisions of paramedics on the front line.
- 1:20am**      **If You're Listening**  
(CC,Repeat)  
Ever watch the news and think "wow that's unprecedented". Well turns out that's not always quite true. Matt Bevan examines how what's happening now has probably happened before, to figure out what we can learn from history.
- 1:40am**      **Voices of Independence: PNG Kiap - John Hocknull**  
(Repeat,G)  
John Hocknull was a Patrol Officer in Papua New Guinea, locally they were known as Kiaps. They assisted Papua New Guinea on their road to independence.
- 1:45am**      **Voices of Independence: Sean Dorney**  
(G)  
Legendary broadcaster, Sean Dorney, started out on loan to NBC before becoming one of ABC's longest serving correspondents in Papua New Guinea.
- 1:50am**      **Australia In Colour: Crime and Punishment**  
(Repeat)  
Modern Australia is founded on the back of British convicts; crime and punishment, murder and mayhem, is part of its DNA.
- 2:45am**      **The Business**  
(CC,Repeat)  
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, investors, employees and businesses big and small. Presented by Alicia Barry.

- 3:00am**      **The World**  
(CC,Repeat)  
There's never been a more important time to stay in touch with what's happening in our world. Girish Sawlani presents the latest international news from ABC News correspondents as well as interviews with experts and guests.
- 4:00am**      **News Breakfast: Early**  
(CC)  
As the day begins get the facts you need to stay informed. James Glenday and Emma Rebellato bring you the latest news, overnight developments and top stories, joined by Catherine Murphy with sport and Nate Byrne with weather.
- 7:00am**      **ABC News Mornings**  
(CC)  
Stay in the know with what's happening this morning. ABC News brings you up-to-the-minute news to fuel your daily conversations so you can stay connected and follow the discussion across the day. Presented by Lorna Dunkley.
- 10:00am**     **ABC News At Noon**  
(CC)  
The leading news at lunchtime. Ros Childs brings you the day's top stories and the latest news as it unfolds, with reporters in the community across Australia and around the world reporting on the issues that matter to you.
- 11:00am**     **Gardening Australia: Spring: Grow a Salad Patch & Vertical Garden**  
(CC,AD,G)  
Costa starts a salad patch, Josh plants up a green wall, Tammy taste tests unusual citrus, Millie visits a regional community united by native plants, and we stroll through a country garden that has colour for all seasons.
- 12:00pm**     **Running Dry**  
(Repeat,G)  
The world is running out of water. Climate change, mismanagement and geopolitics are a drying up our reservoirs. The ripple effect is leaving millions struggling - there is hope but we must make every drop count.
- 12:30pm**     **The Pacific: PNG 50th Anniversary Special**  
(CC,Repeat)  
A special episode of The Pacific celebrating the 50th anniversary of PNG's independence. Join us as we reflect on 50 years of nationhood - the successes, and the challenges - plus what comes next for PNG in the years ahead.

- 1:00pm**      **That Pacific Sports Show: PNG Independence 50th Anniversary Special**  
(Repeat)  
Sam Wykes and Michael Chow are in Port Moresby to mark Papua New Guinea's 50 years of independence. Celebrate PNG's rich history of culture, resilience and sporting excellence with stories and achievements of athletes.
- 2:00pm**      **Afternoon Briefing**  
(CC)  
In our fast-moving world, we unpack the latest in politics, shifting national affairs and the global events shaping our lives. Guest host Melissa Clarke asks the tough questions on the big issues to the key decision makers.
- 3:00pm**      **ABC News with Joe O'Brien**  
(CC)  
Joe O'Brien brings you a comprehensive summary of the day's events, with the latest breaking news, in depth coverage of the top stories, live crosses, interviews and explainers to bring you up to speed on what's going on.
- 4:00pm**      **Gardening Australia: Spring: Grow a Salad Patch & Vertical Garden**  
(CC,AD,Repeat,G)  
Costa starts a salad patch, Josh plants up a green wall, Tammy taste tests unusual citrus, Millie visits a regional community united by native plants, and we stroll through a country garden that has colour for all seasons.
- 5:25pm**      **AFL Preliminary Final**  
Teams TBC
- 8:30pm**      **The World**  
(CC)  
There's never been a more important time to stay in touch with what's happening in our world. Manny Tsigas presents the latest international news from ABC News correspondents as well as interviews with experts and guests.
- 9:00pm**      **Planet America: Weekend Edition**  
(CC)  
Now twice a week on Monday and Friday nights, Chas and John take a closer look at the President's State Visit to the UK to meet with King Charles, the pursuit of peace in Ukraine and Gaza, plus the UN General Assembly.
- 9:45pm**      **Close Of Business**  
(CC)  
Alicia Barry presents a weekly roundup of business, finance and economic news including the latest trends on Australian and overseas markets, analysing what's going on in the local and global economy and how it affects you.

- 10:15pm**      **ABC Late News**  
(CC)  
Follow the latest on today's news, covering what's happening and why it matters. ABC News has reporters across Australia and around the globe to bring you the news you need to know. Presented by Michael Tetlow in Perth.
- 10:30pm**      **Asia News Week**  
(CC)  
Yvonne Yong brings you a weekly roundup of the stories making news across the Asia region, plus what's trending on social media and making an impact on the culture and the way people live.
- 11:00pm**      **The World**  
(CC,Repeat)  
There's never been a more important time to stay in touch with what's happening in our world. Manny Tsigas presents the latest international news from ABC News correspondents as well as interviews with experts and guests.
- 11:30pm**      **Gardening Australia: Spring: Grow a Salad Patch & Vertical Garden**  
(CC,AD,Repeat,G)  
Costa starts a salad patch, Josh plants up a green wall, Tammy taste tests unusual citrus, Millie visits a regional community united by native plants, and we stroll through a country garden that has colour for all seasons.