

# **Notes for Families and Educators**

# Play School: Hand in Hand

## **Background**

Join Rachael and Luke as they speak about racism; what it is, how it makes people feel and how we can all play a part in stopping it. Play School has always welcomed opportunities to discuss the importance of respect and kindness. Perhaps this message will help facilitate further discussion about treating everyone fairly and equally.

Play School cares deeply about its capacity to reflect developmentally appropriate messages relevant to everyday life, this includes taking on the challenging topics – supporting children in their feelings of belonging, their ways of being and their opportunities for becoming.

In UNICEF's article 'Talking to your kids about racism' we are reminded that "like language, prejudice is learnt over time". It is well documented that children can internalise racial bias between the ages of 2 and 4 years and by the age of 12 years, many become set in their beliefs, as discussed in the web article healthy children.org. It is for this reason that racism is clearly defined in the episode and is identified as being unacceptable. This short segment touches on a topic that may be built on over time, in different ways, as parents and educators see fit.

For families looking for more information about how cultural competence is explored in early education, visit the <u>Educator's Guide</u> to the Early Years Learning Framework for Australia, (Chapter 6).

## More resources

### **ABC Kids Early Education**

- Family, Community and Culture and extension ideas.
   We cover topics ranging from varied family structures to diverse abilities and friendships.
- <u>Creativity and Self-Expression</u> and <u>extension ideas</u>.
   Exploring ways to engage and appreciate diversity through the arts.

## **Australian Human Rights Commission**

 <u>Building Belonging</u>: A toolkit for early childhood educators on cultural diversity and responding to prejudice.



# ABC Kids listen - News Time podcasts including stories about:

- National Sorry Day
- In This Together (5 news stories from Indigenous Australia)

### **Articles**

- Children aren't immune to racism. Here's how you can talk to your children about it.
- Highlighting anti-bias in children's media.
- How to raise culturally aware kids.

#### Children's Books

- 'My Place' (1988) by Sally Morgan
- 'Welcome to Country' (2016) by Aunty Joy Murphy and Lisa Kennedy
- 'My World, Your World' (2004) by Melanie Walsh
- 'Fair Skin Black Fella' (2010) by Renee Fogorty
- 'The Twelve Days of Kindness' (2019) by Corie Brooke and Fiona Burrows
- Whoever You Are' (1997) by Mem Fox
- Our Home, Our Heartbeat' (2020) by Adam Briggs
- 'Sulwe' (2019) by Lupita Nyong'o
- 'Malala's Magic Pencil' (2017) by Malala Yousafzai

## Other television and social media segments

- BBC <u>CBeebies: Everyone's Welcome</u>
- CNN <u>Sesame Street</u>: <u>Coming Together</u>, <u>Standing Up</u>
   <u>To Racism</u>

## Credits

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