

Tip Tap Toe



In a very short time young children go from babies just learning to roll over, to toddlers walking and climbing, to children able to run and jump, start and stop and change direction.

Young children are eager to move and practice their new movement skills in play and exploration. Movement is important for health and wellbeing and for discovering and responding to the world of sounds and music.

In this series of Play School we explore lots of different ways to move and dance. Join us as we find out what's in the Tip Tap Toe basket, make music and all kinds of sounds, hold a sports carnival for the toys and more!

We also look through the windows as some children show us different dancing styles – from hip hop, tap and ballet to Latin ballroom and African dance!

Episode 1



PRESENTERS

Teo Gebert & Zindzi Okenyo

PIANIST

Peter Dasent

STORY

Emily Loves to Bounce

Author: Stephen Michael King
Publisher: Scholastic Press

FILM

Hip Hop

(Play School, ABC)

IDEAS FOR LATER

- Create a tunnel from cardboard boxes and wiggle your way through. Run back around and start again!
- See if you can find some recycled materials to make your own robot. You could use some old tins, cardboards or plastic containers and join them together. Add some buttons so you can start and stop your robot.
- Take a walk outside with a grown up to see if you can see some stars. Perhaps you could do a dance under the stars.

SONGS

Stomp Stomp

Composer: Tiny Crimes
Publisher: Universal Music Publishing

Three Cheeky Monkeys

Composer: Traditional
Publisher: ABC Music Publishing

Jack Is Quiet

Composer: Satis Coleman & Alice Thorn
Publisher: Control

Heel and Toe Polka (Tip Tap Toe Chant)

Composer: Traditional
Publisher: ABC Music Publishing

Blow Up A Balloon

Composer: Lucille Wood & Roberta McLaughlin
Publisher: Chambers Harrap Publishing

Round and Round

Composer: Kylie Montague
Publisher: Control

R.O.B.O.T

Composer: Vanessa Johnston & Karina Johnston
Publisher: Jingle Jam Pty Ltd

Hey Hey Hey

Composer: Judith Keyzer & Peter Dasent
Publisher: Control/Origin

MAKE AND DO



How to Make a Jack In The Box

You will need:

- Cardboard tubes
- Thick black marker pen
- Scraps of wool
- Small box with flip lid
- Tape

Decorate your small cardboard box in any way you like.

Cut cardboard tubes into eight smaller sections. Set aside one to be the Jack in the box head.

Attach each of the other sections together with tape to create a spring.

Draw a face on the piece of cardboard tube that will be Jack's head using a pen.

Add some wool for hair, attach using tape.

Attach the head to the top of the cardboard spring with tape.

Tape the other end of the spring to the base of the box and gently close the lid.

Open the lid and watch Jack jump up!

Episode 2



PRESENTERS

Alex Papps & Justine Clarke

PIANIST

Peter Dasent

TOLD STORY

Humpty's Happy Wake-Up Call

(A story told by the Play School team)

FILM

African Dance

(Play School, ABC)

IDEAS FOR LATER

- Make your own ribbon sticks for dancing and twirling using cardboard tubes and ribbons.
- Take a stomping walk on the path at the park and try a tip-toeing walk across the grass. Walk home with some fast and slow footsteps.
- Ask if you have an alarm clock or a watch and if you could listen to the sound it makes.

SONGS

Jump If You Feel You Want To

Composer: Lionel Morton

Publisher: Control

Kookaburra Sits In The Old Gum Tree

Composer: Marion Sinclair

Publisher: Larrikin Music

The Blue Danube

Composer: John Strauss II

Publisher: Public Domain

Mi Cuerpo

Composer: Traditional

Publisher: ABC Music Publishing

Heel and Toe Polka (Tip Tap Toe Chant)

Composer: Traditional

Publisher: ABC Music Publishing

Round and Round 2

Composer: Peter Dasent & Arthur Baysting

Publisher: Origin/ABC Music Publishing

The Band (Oh, We Can Play On The Big Bass Drum)

Composer: Traditional

Publisher: ABC Music Publishing

Rhythm

Composer: Peter Combe

Publisher: Peter Combe Music

MAKE AND DO



How to Make a Painting of Birds in a Tree

You will need:

- Large sheet of paper
- Piece of sponge
- Paint brushes
- Grey, brown, black and green paint

Spread the large sheet of paper out on the floor or tape to a fence.

Use a wide brush to paint a tall tree trunk and some branches.

Dip the sponge in the green paint and use this to add some leaves to your gum tree.

Use the brown paint to paint an owl on one of the branches.

Don't forget to add claws for the owl to hold onto the branch and some big googly eyes.

Use some more brown paint to paint a kookaburra on another branch.

The kookaburra needs claws too and a very large beak so that the kookaburra can sing from the old gum tree.

How to Make A Big Box Drum

You will need:

- Cardboard box with lid
- Wide ribbon
- Sticky tape
- Newspaper

Tape ribbon to both ends of the cardboard box so it creates a loop to help you carry the drum.

Create drum sticks from newspaper rolled tight and taped securely.

Go for a walk with your drum and beat the drum in time to your footsteps.

Episode 3



PRESENTERS

Alex Papps & Michelle Lim Davidson

PIANIST

Peter Dasent

STORY

Hold On Tight

Author: Sara Acton

Publisher: Scholastic Press

FILM

Tap Dancing

(Play School, ABC)

IDEAS FOR LATER

- Take a kite to the beach on a windy day and watch it fly. Watch the waves break and roll in to the shore.
- Take a look on the internet at animals that like to swim. You might find a platypus, a hippopotamus or a beaver.
- Fill a spray bottle with water and do some fence painting outside using your water sprayer.

SONGS

Heel and Toe Polka (Tip Tap Toe Chant)

Composer: Traditional

Publisher: ABC Music Publishing

Rolling Waves

Composer: Kylie Montague

Publisher: Control

We're Going Up

Composer: Ron Gamack

Publisher: ABC Music Publishing

Let's Go Fly A Kite

Composer: Richard M. Sherman &

Robert B. Sherman

Publisher: Walt Disney Music

Bend With The Wind

Composer: Roberta McLaughlin & Lucille Wood

Publisher: Chambers Harrap Publishing

Windy Day Boogie

Composer: Mark Barnard & Peter Dasent

Publisher: Control/Origin

Walking In The City

Composer: Ann North & Martin Wesley-Smith

Publisher: Control

I Like Swimming

Composer: Phil Barton, Ben O'Hara &

Kristy Gentz

Publisher: ABC Music Publishing/Larrikin

Swim Like A Kid

Composer: Julie Blanchard

Publisher: MCA/Gilbey

Drip Drop

Composer: Robyn Mapleson & Peter Mapleson

Publisher: ABC Music Publishing

MAKE AND DO



How to Make a Colourful Paper Plane

You will need:

- Coloured crayons
- Paper
- Tape
- String

Colour both sides of the paper with different colours and sorts of lines like squiggly lines and zigzags.

Fold the paper into the centre and press down.

Fold back on each side to create wings.

Stick wings down with tape.

Attach a piece of string to the plane and take it for a whirl!



How to Make Water Noises

You will need:

- Spray bottle
- Empty jar with lid
- Watering can
- Large tub of water or bath

Fill each container with water from your large tub or bath.

Spray the water from the spray bottle into the tub. What sound does it make?

Shake your jar with lid around. It's a water shaker!

Now try the watering can. What kinds of sounds does this make when you pour it out?

Episode 4



PRESENTERS

Justine Clarke & Teo Gebert

PIANIST

Peter Dasent

TOLD STORY

The Marvellous Music Makers

(A story told by the Play School team)

FILM

Latin Ballroom

(Play School, ABC)

IDEAS FOR LATER

- Do lots of shaking to make a milkshake. Pour some cold milk and some flavouring into a jar. Put the lid on tight and shake! Enjoy your cool, frothy milkshake.
- Create your own musical instruments! Try making a shaker and tapping sticks – for your own boogie woogie.
- Try some dance moves in front of the mirror. Watch as you point your toes, stretch up high or bend down low.

SONGS

The Mixing Song

Composer: Peter Dasent & Arthur Baysting

Publisher: Origin/ABC Music Publishing

Everybody Do This

Composer: Traditional

Publisher: ABC Music Publishing

I Can Roll

Composer: Max Lambert

Publisher: ABC Music Publishing

Heel and Toe Polka (Tip Tap Toe Chant)

Composer: Traditional

Publisher: ABC Music Publishing

Shaky Shaky

Composer: Jeff Fatt, Anthony Field, Murray

Cook & Greg Page

Publisher: Wiggly Tunes

Listen For A Sound

Composer: Mark Barnard & Peter Dasent

Publisher: Conrol/Origin

Hey Boogie Woogie

Composer: Max Lambert

Publisher: ABC Music Publishing



MAKE AND DO



How to Make New Colours

You will need:

- Blue paint
- Yellow paint
- Red paint
- Spatula
- 2 x glass bowls

Add blue paint to bowl.

Add yellow paint to the same bowl.

Mix with the spatula and watch the green paint appear.

Take the second bowl and add red paint to the bowl.

Add yellow paint to the bowl.

Mix with the spatula and watch the orange paint appear.

Have a fun time creating swirls, spots and zigzags!

Episode 5



PRESENTERS

Teo Gebert & Justine Clarke

PIANIST

Peter Dasent

STORY

How Loud Is A Lion?

Author: Stella Blackstone

Illustrator: Clare Beaton

Publisher: Barefoot Books

FILM

Ballet

(Play School, ABC)

IDEAS FOR LATER

- Listen out for loud noises like sirens and dogs barking and quiet noises like a clock ticking or cat purring.
- Use some old sheets or blankets to make a cubby.
- Try different pairs of shoes and see how they make you dance. Can you slide in slippers? Or bounce in boots?

SONGS

Wet Washing

Composer: Liz Olsen

Publisher: ABC Music Publishing

Movement Song (Fly Fly)

Composer: Kylie Montague

Publisher: Control

The Dino Stomp

Composer: Judith Simpson & Max Lambert

Publisher: ABC Music Publishing

Jump Or Jiggle

Composer: Edna G. Buttolph & Evelyn Beyer

Publisher: Willis Music Co.

Leo The Lion

Composer: Harry Snyder & Herman Renner

Publisher: Prentice-Hall Inc.

I Like Peace, I Like Quiet

Composer: Michael Cole & Peter Gosling

Publisher: EMI Music/Control

Heel and Toe Polka (Tip Tap Toe Chant)

Composer: Traditional

Publisher: ABC Music Publishing

Singin' In The Rain

Composer: Arthur Feed & Nacio Herb Brown

Publisher: EMI Robbins Catalog Inc and Alfred Music Publishing Company

Dance Of The Sugar Plum Fairies

Composer: Music: Pyotr Ilich Tchaikovsky

Lyrics: Sophie Emtage

Publisher: Public Domain

MAKE AND DO



How to Make an Avocado Tzatziki Snake

You will need:

- Three avocados
- Potato masher
- Mixing spoon
- Table spoon
- Half a lemon
- Garlic
- Garlic crusher
- ¼ cup natural Greek yoghurt
- Salt
- 1 Teaspoon cumin
- 1 Teaspoon turmeric
- 100 ml virgin olive oil
- Veggie sticks: carrot, cucumber, capsicum

Mash the avocados until soft and squishy.

Add turmeric and cumin and mix together.

Add yoghurt and mix.

Crush garlic and add to mixture along with the juice squeezed from half a lemon.

Spread the avocado tzatziki into a snake shape on a plate.

Use the veggie sticks to make a stripy snake. Use a red capsicum stick for a tongue.

Enjoy your yummy avocado tzatziki snake!



How to Make a Lion's Mane

You will need:

- Straw hat with floppy rim
- Orange feather boa
- Pegs
- Large hair clips

Wrap the feather boa around the rim of the straw hat.

Use pegs attach the boa all around the rim.

Clip the large hair clips on top of the hat. These will be the lion's ears.

Put on the hat, let out a roar and shake your shaggy lion's mane!