

Premium factual, natural history
and lifestyle programs

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SUBTITLED PROGRAMS
SIMPLIFIED CHINESE



FIGHT FOR PLANET A: OUR CLIMATE CHALLENGE

An empowering series that explores the ways in which we can all help reduce both our individual and collective carbon emissions, and help to protect our planet for future generations.

HD 3 X 60'
LUNE MEDIA
FORMAT AVAILABLE

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A DOG'S WORLD

A journey into the extraordinary world of our beloved, four-legged friend that explores the ancient and enduring bond between humans and dogs.



HD 3 X 60'
WILDBEAR ENTERTAINMENT
FORMAT AVAILABLE

RESTORATION AUSTRALIA

A series that restores heritage ruins into living homes.

SERIES 1: HD 7 X 60' | SERIES 2: HD 6 X 60'
AUSTRALIAN BROADCASTING CORPORATION

CHOPSTICKS OR FORK?

Meet the people behind the wok in country town Chinese restaurants in this series that's part-travel, part-human-interest and part-food show.

HD 6 X 15'
AUSTRALIAN BROADCASTING CORPORATION
FORMAT AVAILABLE

NATURE'S GREAT DIVIDE

This captivating series tells the story of the world's most remarkable natural border, the Wallace Line.

HD 3 X 60'
SHOWRUNNER PRODUCTIONS

MAGIC AND THE BRAIN

The world of artificial intelligence and sensory perception is explored through magic and illusions to reveal the difference between how we perceive the world and reality.

HD 1 X 60' · CATALYST
AUSTRALIAN BROADCASTING CORPORATION



BIONIC REVOLUTION

The world is on the cusp of a bionic revolution as lives are being transformed by the merging of biology with technology.

HD 1 X 60'
CATALYST
AUSTRALIAN
BROADCASTING
CORPORATION



SCIENCE & TECHNOLOGY

HEARTBEAT: THE MIRACLE INSIDE YOU

Uncovering the mysteries of the heart – from how our hearts function and how to repair them when things go wrong, we go into an operating theatre where patients' lives are transformed.

HD 1 X 60' · CATALYST
AUSTRALIAN BROADCASTING CORPORATION



SKIN CLINIC

Learn the ground-breaking secrets to healthier skin at any age.

HD 1 X 60' · CATALYST
AUSTRALIAN BROADCASTING CORPORATION



HOW TO BEAT DIABETES

In the mission to stem the onslaught of Type-2 diabetes, this program look at a powerful pill-free solution that's affordable and adaptable.

HD 1 X 60' · CATALYST
AUSTRALIAN BROADCASTING CORPORATION



GUT REVOLUTION

Find out how good gut bacteria can change your life.

HD 1 X 60' · CATALYST
AUSTRALIAN BROADCASTING CORPORATION



CAN SEAWEED SAVE THE WORLD?

Seaweed is helping to save the world – from growing the food of the future to cleaning polluted water and combating climate change.

HD 1 X 60' · CATALYST
AUSTRALIAN BROADCASTING CORPORATION



SLEEP MATTERS

The latest science behind sleep – and why it's a good idea to sleep like a professional athlete or a koala.

HD 1 X 60' · CATALYST
AUSTRALIAN BROADCASTING CORPORATION



HOW TO EXERCISE BETTER

We all know exercise is good for us. But how many know what type of exercise we should be doing?

HD 1 X 60' · CATALYST
AUSTRALIAN BROADCASTING CORPORATION



MEMORY MATTERS

Scientists examine the remarkable individuals whose exceptional memories and unique abilities are helping to unlock the secrets of how memory really works.

HD 1 X 60' · CATALYST
AUSTRALIAN BROADCASTING CORPORATION





HOW TO BE LUCKY: THE MATHS OF CHANCE

What is luck? And how does understanding the maths of chance improve your chances of being lucky?

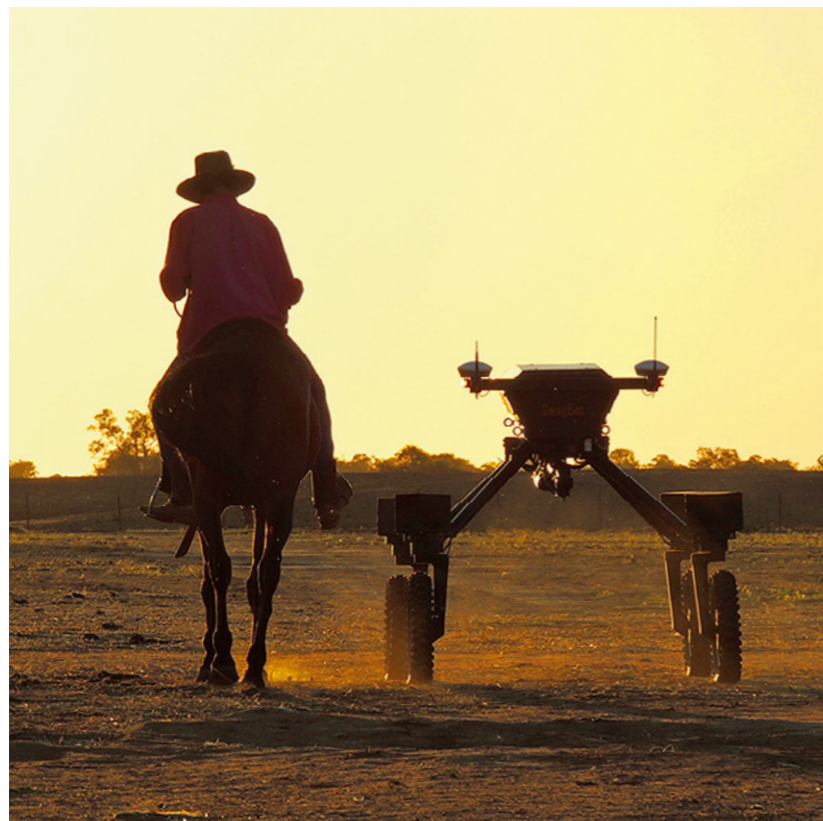
HD 1 X 60' · CATALYST
AUSTRALIAN BROADCASTING CORPORATION



IT'S A TWIN THING

Unlocking the secrets of twins may help us all live longer lives.

HD 1 X 60'
CATALYST
AUSTRALIAN
BROADCASTING
CORPORATION



FARMER NEEDS A ROBOT

A new world of farming science is opening up – one that could give farmers more control over their future than ever before.

HD 1 X 60' · CATALYST
AUSTRALIAN BROADCASTING CORPORATION



THE SECRET TO MAKING BETTER DECISIONS

From the science of making choices to the power of algorithms, there's not much you can't apply the logic of maths to. This program explores how it can be used for better life outcomes.

HD 1 X 60' · CATALYST
AUSTRALIAN BROADCASTING CORPORATION