

## Faces and Feelings



*In this series of Play School we use a diverse range of stories, songs, craft and play to explore faces and feelings.*

*The human face is a first and most significant focus for the new born infant. Faces are full of life and variation and can show that someone is interested and responsive.*

*As young children grow and develop they begin to understand the ways in which faces can reflect thoughts and feelings and how they can use their own faces to express their own feelings. Greater understanding of facial expression and the feelings of oneself and others can help young children to learn to identify and respond positively to the feelings of others.*

*Come along as we make things for the Play School portrait gallery, play dress ups, meet some rabbit visitors, make a baguette crocodile and much more. We also look through the windows as children introduce us to some special faces in their lives.*

## Episode 1



### PRESENTERS

Teo Gebert & Alex Papps

### PIANIST

Peter Dasent

### STORY

#### **Grandma, the Baby and Me**

Author: Emma Allen

Illustrator: Hannah Sommerville

Publisher: Omnibus Books

### FILM

#### **New Baby**

(Play School, ABC)

### IDEAS FOR LATER

- Use fruits and vegetables to make happy and sad faces on pita bread for lunch.
- Have a look at some photos of you when you were a baby or toddler. Did you always have a happy face? Were you tired and sleepy sometimes? What made you very happy or excited when you were little?
- Make a happy book for a friend by drawing all the things that you think would make your friend happy.

### SONGS

#### ***If You're Happy And You Know It***

Composer: Traditional

Publisher: ABC Music Publishing

#### ***Incy Wincy Spider***

Composer: Traditional

Publisher: ABC Music Publishing

#### ***Head And Shoulders, Knees and Toes***

Composer: Traditional

Publisher: ABC Music Publishing

#### ***The Dino Stomp***

Composer: Judith Simpson/Max Lambert

Publisher: ABC Music Publishing

#### ***My Granny Loves to Laugh***

Composer: Arthur Baysting/Peter

Dasent/Justine Clarke

Publisher: Origin/Control

#### ***What Shall We Do?***

Composer: Peter Dasent/Mark Barnard

Publisher: Origin/Control

#### ***Dancing Face***

Composer: Arthur Baysting/Peter Dasent

Publisher: Origin

## MAKE AND DO



### How to Make a Picture Frame

You will need:

- Cardboard box lid
- Stickers
- Sticky tape
- Small flowers, gift ribbons, garlands, decorations
- Photo of someone special

Turn photo over and stick a curl of tape to the top of the back of the photo.

Stick a second curl of tape to the bottom of the back of the photo.

Turn the photo over and press firmly on to the base of the box lid so that the lid creates a frame.

Decorate the edge of the frame with stickers, small flowers and ribbons, whatever you like!

Place the frame in a place so you can see your someone who is special.



### How to Make a Faces Die

You will need:

- Cardboard box approximately 26cm x 26cm.
- 6 pieces of white craft paper approximately 20cm x 20cm.
- Black coloured pen
- Glue stick
- Assortment of coloured pens

Use the black marker pen to draw a face shape on each piece of paper.

Using the different coloured pens, make each face have a different expression.

You could draw happy, sad, grumpy, tired, surprised and excited faces.

Use the glue stick to attach each face to a side of the box.

Use the faces and feelings dice to play a 'make the face' game.

## Episode 2



### PRESENTERS

Eddie Perfect & Rachael Coopes

### PIANIST

Peter Dasent

### TOLD STORY

#### **Talya's Happy Day**

(A story told by the Play School team)

### FILM

#### **Twins**

(Play School, ABC)

### IDEAS FOR LATER

- Find some leaves in the park or garden. Can you match them up? How are they the same? How are they different?
- Use a paper plate to make a happy and sad face.
- Ask if you have any kitchen scales you can look at. Try weighing an apple, or an orange or a potato. Which one is heaviest?

### SONGS

#### **What Shall We Do?**

Composer: Peter Dasent/Mark Barnard

Publisher: Origin/Control

#### **Do You Put Your Hat On**

Composer: Val Donlon/Claire Henderson

Publisher: ABC Music Publishing

#### **How Are You Feeling?**

Composer: Peter Dasent/Sophie Emtage

Publisher: Origin/Control

#### **Everybody Do This**

Composer: Traditional

Publisher: ABC Music Publishing

#### **Two Little Eyes**

Composer: M. Miller/Paula L. Zajan

Publisher: Allans Music

#### **Changes**

Composer: Henrietta Clark/Don Spencer

Publisher: Control

#### **Painting A Picture**

Composer: Peter Dasent/Garth Frost

Publisher: Origin

#### **Teddy Bear Teddy Bear**

Composer: Traditional

Publisher: ABC Music Publishing



## MAKE AND DO



### How to Make a Body Outline

You will need:

- Large piece of paper – body size
- An assortment of tissue paper, wrapping paper, newspaper
- Glue sticks
- Coloured pens or crayons

Place the large piece of paper on the floor and lie down on it.

Ask someone to trace around your body shape.

When your body shape is done you can decide whether you want a happy, sad, grumpy or tired face.

Use the coloured pens or crayons to add eyes, eyebrows, ears, mouth and nose.

Use the different sorts of paper to add clothes to your body shape.

## Episode 3



### PRESENTERS

Justine Clarke & Eddie Perfect

### PIANIST

Peter Dasent

### TOLD STORY

#### **Arella's Camping Trip**

(A story told by the Play School team)

### FILM

#### **Lila's Dog**

(Play School, ABC)

### IDEAS FOR LATER

- Visit the fruit and veggie shop and see what you can find that a rabbit would like to eat. Make a yummy salad for a rabbit! You can be a rabbit and nibble and bite, and chew your salad.
- Make a tent for your toys so that they can go camping like Arella.
- Play monster dress ups! Find some different fabrics or old clothes and dress up as a monster. Give yourself a monster name and take a photo!

### SONGS

#### **Little Peter Rabbit**

Composer: Traditional

Publisher: ABC Music Publishing

#### **Song To Make You Smile**

Composer: Arthur Baysting/Peter Dasent

Publisher: Origin

#### **Chicken Dance**

Composer: Werner Thomas/Terry Randall

Publisher: Eura-Vox Music

#### **Let Me See You Do The...**

Composer: Genevieve Jereb

Publisher: Gellybean Records

#### **Walking In The Bush**

Composer: Tony Strutton

Publisher: ABC Music Publishing

#### **I'm Not Afraid of the Kissing Monster**

Composer: John Shortis

Publisher: ABC Music Publishing

#### **Oomba Baroomba**

Composer: Traditional

Publisher: ABC Music Publishing



## MAKE AND DO



### How to Make an Animal Box

You will need:

- Cardboard Box Cube
- Animal Stencils
- Sticky tack
- Sponges
- Tray of black paint

Select an animal stencil and use sticky tack to stick to a side of the box.

Place a sponge in the black paint and use it to dab all over the stencil.

Repeat this for each side of the box.

Remove the stencils carefully and see the animal shapes – one on each side of the box.

Let the paint dry and then you can use the animal box for a game where you guess the animal and do the animal actions.

## Episode 4



### PRESENTERS

Alex Papps & Rachael Coopes

### PIANIST

Peter Dasent

### STORY

#### **Hurry Up Alfie**

Author/Illustrator: Anna Walker

Publisher: Scholastic Press

### FILM

#### **Grandma**

(Play School, ABC)

### IDEAS FOR LATER

- Dress up your toys for going out. Are they going to the park? The shops or on a trip to the moon? Some foil is useful for making astronaut clothes for your toys.
- Have a look in the mirror and check out your nose. Look at some animal pictures in books or on the internet. See what different shaped and sized noses you can find. Which animal has the biggest nose? Which animal has the longest nose?
- Make some masks! Draw different faces with different expressions on some cardboard and cut them out to make masks.

### SONGS

#### **Rig A Jig Jig**

Composer: Traditional

Publisher: ABC Music Publishing

#### **Have You Ever Noticed Your Nose**

Composer: Traditional

Publisher: ABC Music Publishing

#### **This Little Piggy**

Composer: Traditional

Publisher: ABC Music Publishing

#### **If I Were A Little Pig**

Composer: Bohemian Folk Song

Publisher: ABC Music Publishing

#### **Three Little Monkeys**

Composer: Traditional

Publisher: ABC Music Publishing

#### **When The Rain Is Falling Down**

Composer: Zoe McHenry

Publisher: Orient Pacific Music

#### **It's So Nice To Have A Cuddle**

Composer: Sandy Tobias-Offenheim

Publisher: ABC Music Publishing

#### **Let's Dress Up**

Composer: Peter Dasent/Garth Frost

Publisher: Origin

#### **Wiggerly Woo**

Composer: Don Spencer/Moira Cochane

Publisher: Mushroom/Control



## MAKE AND DO



### How to Make Pig Masks for Pig Puppets

You will need:

- Paper plates
- Plastic cups
- Patty pans
- Pipe cleaners
- Masking tape
- Marker pen
- Ice cream stick or wooden spoon

Attach paper cup to paper plate with masking tape.

Add patty pan eyes with masking tape and draw on a mouth.

Twist pipe cleaners into ear shapes and attach to the paper plate with pieces of masking tape.

Tape an ice cream stick or wooden spoon to use as a handle so that you can play with your pig puppets.



### How to Make a Crocodile Baguette

You will need:

- A small baguette roll
- Hummus
- Lettuce, shredded
- Short carrot sticks
- Tomato slices
- Cucumber sticks
- Slices of hard-boiled egg

Cut bread roll in half.

Insert tomato for the tongue, carrot sticks for teeth.

Spread hummus on top of roll and place crinkly pieces of shredded on top.

Place egg slices on two dollops of hummus for eyes.

Add cucumber sticks for the legs.

You will need to open wide to eat this crocodile baguette!

## Episode 5



### PRESENTERS

Rachael Coopes & Eddie Perfect

### PIANIST

Peter Dasent

### STORY

#### **Have You Seen Duck?**

Author: Janet A. Holmes

Illustrator: Jonathan Bentley

Publisher: Little Hare Books

### FILM

#### **Brother**

(Play School, ABC)

### IDEAS FOR LATER

- Sing the song *When Someone Smiles at Me I Feel Like Smiling Too*. It goes like this:  
*When someone smiles at me  
I feel like smiling too.  
When I see someone who is happy  
I feel happy too.  
Happy, happy me,  
happy, happy you,  
When I see someone who feels happy  
I feel happy too.*
- Set up a pretend toy hospital and take one of your toys to the doctor for a check up.
- Ask someone to help you to make some jelly. Put it in the fridge and enjoy it later.

### SONGS

#### **Doodley Doo**

Composer: Colin Buchanan/Keith Robert

Publisher: Rondor/Universal Music

#### **Put Your Finger In The Air**

Composer: Woody Guthrie

Publisher: Tro-Ludlow Music Inc

#### **Shake My Sillies Out**

Composer: Raffi Cavoukian/Bert

Simpson/Bonnie Simpson

Publisher: Homeland Publishing

#### **Two Fat Gentlemen**

Composer: Traditional

Publisher: ABC Music Publishing

#### **It's Fun To Make Things**

Composer: Scott Aplin/Phil Barton

Publisher: ABC Music Publishing

#### **I Feel Sick**

Composer: Ann North/Martin Wesley-Smith

Publisher: Control

#### **Silver Ships and Golden Ships**

Composer: Arthur Baysting/Peter Dasent

Publisher: Origin

#### **Friends All Together**

Composer: Peter Dasent/Sophie Emtage

Publisher: Origin/Control

## MAKE AND DO



### How to Make Cake Tin Faces

You will need:

- Cake Tins
- Eyes, nose, lips and other facial features cut from magazines
- Sticky magnetic tape
- Safety scissors

Attach small strips of magnetic tape to facial features cut from magazines.

Use these to create faces on the upturned cake tin.

Mix and match the different features!



### How to Make a Pop Up Card

You will need:

- A4 sheet of cardboard
- Safety scissors
- Picture for the inside of the card
- Masking tape
- Paste
- Small bowl of colourful bits of paper

Fold the card in half.

Use safety scissors to make two small cuts from the spine of the card toward the open edge. Fold the centre section of the card away from the spine.

That is where the pop up part will go.

Choose a pop up picture and tape it down. Your picture will now pop up when the card is opened.

Use the small, colourful bits of paper to decorate the front of the card.

You can add some paste and then sprinkle them on.