

## Five Senses



A young child's world is filled with new and exciting things to see, hear, smell, taste and touch! The five senses allow children to experience and explore the world around them and help them to develop an understanding of safe and unsafe situations.

This week on Play School we learn about the five senses through games, music, stories, cooking and art. We also enjoy exploring Peter Rabbit's Garden.

## Episode 1



### PRESENTERS

Rachel Coopes & Alex Papps

### PIANIST

Peter Dasent

### BOOK

*Where Is Galah?*

Author: Sally Morgan

Little Hare Books

(an imprint of Hardie Grant Egmont), 2015

### FILM

Getting New Glasses

(Play School, ABC)

### IDEAS FOR LATER

- Set up an easel or take a clipboard outside and draw a picture of what you see. Be inspired by nature's colours.
- Go outside at night with a torch. Look for night animals, stars, moon, clouds, planets.

### SONGS

#### What Do I See

Composer: Angela Moore & Peter Dasent

Publisher: Control / Origin

#### Swim Little Duck

Composer: Roberta McLaughlin

Publisher: Bowmar Publishing Corporation

#### Dressing Up

Composer: Sophie Emtage & Peter Dasent

Publisher: ABC Music Publishing

#### Little Peter Rabbit

Composer: Traditional

Publisher: ABC Music Publishing

#### I Can Fly

Composer: Lucille Wood

Publisher: Chambers Harrap Publishing

#### The Farmer in the Dell

Composer: Traditional

Publisher: ABC Music Publishing

#### Fuzzy Wuzzy Caterpillar

Composer: Roberta McLaughlin & Lucille Wood

Publisher: Chambers Harrap Publishing

#### Where is Thumbkin?

Composer: Traditional

Publisher: ABC Music Publishing

#### Twinkle Twinkle Little Star

Composer: Traditional

Publisher: ABC Music Publishing

## MAKE AND DO



### How to Make a Fruit caterpillar

You will need:

- Chopping board
- Knife
- Peeled orange
- Two pieces orange peel
- Peeled Kiwi fruit
- Strawberries

Instructions

Cut oranges and kiwi fruit into circles.  
 Cut strawberries in half.  
 Arrange oranges and kiwi fruit in the shape of a caterpillar body.  
 Add orange as head  
 Place orange peel slices as antennae.  
 Add strawberry eyes, and feet.



### How to Make Peter Rabbit's Night Time Garden

You will need:

- Old sheets
- 2 clothes horses
- Favourite toys
- Torches
- Cellophane wings (Torn)
- Hair elastic

Instructions

Make tents by using old sheets over low clothes horse.  
 Make fireflies by adding cellophane wings to a torch, attach with hair elastic.  
 Turn down the lights.  
 Find your favourite toys and go camping under the moonlight.  
 Watch out for fireflies!

## Episode 2



### PRESENTERS

Emma Palmer & Teo Gebert

### PIANIST

Peter Dasent

### TOLD STORY

*Jazzy Jeff's Concert*  
(A story told by the Play School team)

### FILM

Hearing Aid  
(Play School, ABC)

### IDEAS FOR LATER

- Listen to a piece of classical music. What instruments can you hear?
- Go for bush walk and identify loud and soft sounds. Can you hear running water? Birds? Insects?
- Cut out animal pictures from magazines or old calendars. Paste them on a long strip of paper to make a mural. Imitate sounds for each animal.

### SONGS

#### Little Peter Rabbit

Composer: Traditional  
Publisher: ABC Music Publishing

#### Listen

Composer: Henrietta Clark /  
Warren Carr  
Publisher: ABC Music Publishing

#### Hurry, Hurry Drive the Fire Truck

Lyrics: Roberta McLaughlin & Lucille Wood  
Music: Traditional  
Publisher: Chambers Harrap Publishing / ABC  
Music Publishing

#### I Like to Sing

Composer: Garth Frost & Peter Dasent  
Publisher: ABC Music Publishing

#### Shake Your Bells

Composer: Traditional  
Publisher: ABC Music Publishing

#### The Farmer in the Dell

Composer: Traditional  
Publisher: ABC Music Publishing

#### Do Your Ears Hang Low

Composer: Traditional  
Publisher: ABC Music Publishing



## MAKE AND DO



### How to Play the Listening Game

You will need:

- Drum
- Bell
- Guiro
- Plastic container
- Large nuts and large bolts

#### Instructions

Make shaker by placing large nuts and bolts into a plastic container with lid.

Play each instrument.

Guess what instrument it is.

Make different rhythms with different instruments.

### How to Make a Box Ambulance and Fire Engine

You will need:

- Two cardboard boxes
- Scissors
- Paper plates
- 2 pieces of wide elastic
- Masking tape
- Coloured tape
- Plastic ice cream container
- Plastic sieve
- Firm ribbon
- Stapler
- Patty Pans

#### Instructions

##### Fire engine:

Cut out bottom of cardboard box; remove cardboard flaps from top of box.

Add paper plate wheels.

Ambulance: add coloured tape cross.

Add paper plate steering wheel.

Add patty pan lights.

Add firm ribbon to box as straps.

##### Helmets:

Attached wide elastic to ice cream container or sieve using masking tape.

Add a light on top.

Have fun playing and making the sounds of an ambulance and fire engine!

## Episode 3



### PRESENTERS

Michelle Lim Davidson & Nicholas Brown

### PIANIST

Peter Dasent

### BOOK

*Clementine's Bath*

Author: Annie White

New Frontier Publishing Pty Ltd  
2015

### FILM

*Flower Market*

(Play School, ABC)

### IDEAS FOR LATER

- Dry some lavender and make a lavender bag. To dry the lavender, separate the stems and place on a cake rack. Put in an airy dark room for about 2 weeks, until the lavender becomes crisp to the touch. Gently shred the flowers off the stems, sprinkle with a little lavender oil and scoop into a fabric bag.
- Make scented play dough by adding lemon or peppermint oil. What can you smell?

### SONGS

#### Have You Ever Noticed Your Nose?

Composer: Traditional

Publisher: ABC Music Publishing

#### Happy Dog

Composer: Traditional

Publisher: ABC Music Publishing

#### Little Peter Rabbit

Composer: Traditional

Publisher: ABC Music Publishing

#### Everybody Likes Fruit and Vegetables

Composer: Jay Mankita

Publisher: Dreams On Tape (ASCAP Member)

#### Three Pretty Flowers

Composer: Henrietta Clark & Max Lambert

Publisher: ABC Music Publishing

#### Lavender's Blue

Composer: Traditional

Publisher: ABC Music Publishing



## MAKE AND DO



### How to Make a Sniffy Whiffy Shop

You will need:

- Bucket of old plastic roses
- Patty pans, plastic straws
- Bucket of fishbones
- White pipe cleaners
- Pot of vegetable scraps
- Coloured paper
- Dog bones
- Plastic toy
- Mouldy cheese
- Scrunched up yellow socks
- Smelly mud
- Old boot
- Smelly socks

Instructions

Make a bucket of red roses by adding patty pans to plastic straws.  
 Make fishbones using white pipe cleaners.  
 Make vegetable scraps using coloured paper.  
 Make mouldy cheese using a pair of old socks rolled up together.  
 Take all items, including dog bones, old boot and smelly socks, set up on low table or box, all ready for come customers to buy at the Sniffy Whiffy Shop!

### How to Make a Caprese Salad

You will need:

- Chopping board
- Knife
- Serving spoon and two forks
- Bocconcini balls
- Olive oil
- Tomato
- Fresh basil
- Fresh oregano
- Fresh parsley
- Lemon
- Lemon squeezer
- Bowl

Instructions

Wash tomato, cut in small pieces.  
 Cut bocconcini into small pieces.  
 Tear basil.  
 Chop oregano and parsley leaves.  
 Juice lemon.  
 Combine all ingredients.  
 Add lemon and olive oil to taste. Serve and enjoy your delicious salad!

## Episode 4



### PRESENTERS

Rachael Coopes & Teo Gebert

### PIANIST

Peter Dasent

### TOLD STORY

*The Fussy Feast of Empress Edna*  
(A story told by the Play School team)

### FILM

Trip to the Dentist  
(Play School, ABC)

### IDEAS FOR LATER

- Plant different herbs and watch them grow. Use them in the kitchen to cook tasty treats.
- Find a fruit or vegetable garden. Maybe you can pick some fresh strawberries or carrots?
- Make some fruit flowers. Use a piece of fruit that can be sliced or pulled into uniform segments, such as an apple, orange, mandarin or papaya. Arrange the segments in a circular pattern on a plate. Add a dollop of yoghurt for the centre of the flower. You might like to sprinkle shredded coconut or sesame seeds on the yoghurt. Maybe you could use some fruit you haven't tried before?

### SONGS

#### Sleeping Bunnies

Composer: Traditional  
Publisher: ABC Music Publishing

#### Little Peter Rabbit

Composer: Traditional  
Publisher: ABC Music Publishing

#### Watermelon

Composer: Arthur Baysting & Peter Dasent  
Publisher: Origin

#### Have You Seen Spaghetti

Composer: Don Spencer and Moira Cochrane  
Publisher: Unpublished (AMCOS / APRA Member)

#### Brush Brush Brush

Composer: Peter Gosling  
Publisher: BBC Publishing & K Prowse Publishing

#### Poss Avere Un Gelato

Composer: Rosemary Nicotina and Pauline Gummer  
Publisher: Control

#### Down on the Farm

Composer: Graham Beebe  
Publisher: BBC & KPM Music Publishing





## MAKE AND DO



### How to Make Concertina Rabbits and Carrots

You will need

- Long piece of white paper 15cm x 30cm
- Crayon
- Scissors
- Long piece orange paper 15cm x 30cm
- Green crayon

Instructions

Rabbits:

Fold paper into quarters, accordion style.

Draw rabbit outline on front with paws touching the folds of the paper.

Use scissors to cut around rabbit.

Unfold.

Add facial features with crayon.

Carrots:

Fold orange paper accordion style.

Draw carrot shape, with the top of the carrot touching the folds of the paper.

Use scissors to cut out shape.

Unfold.

Fill in green top of carrot with crayon.

### How to Make Strawberry and Banana Gelato

You will need

- Blender
- Cups for freezing
- 2 frozen bananas
- 1 teaspoon of honey
- 1 punnet of washed strawberries
- Mint leaves

Instructions

Place strawberries, frozen banana, and honey into blender.

With adult supervision, turn blender on.

When finished, spoon into bowl and add mint leaves on top.

Your yummy gelato is now ready to enjoy!

## Episode 5



### PRESENTERS

Teo Gebert and Alex Papps

### PIANIST

Stuart Hunter

### Book

*Messy Molly*

Author: Jo Williamson

Publisher: Scholastic UK, 2016

### FILM

*Petting Zoo*

(*Play School*, ABC)

### IDEAS FOR LATER

- Make cheese biscuits. Roll out dough and have fun cutting out different biscuit shapes.
- Wrap your feet in bubble wrap and go for a walk!
- Make an elephant puppet from an old glove! Draw an eye near the thumb and twist a pipe cleaner tail around the little finger. Clip on a paper or material ear with a paper clip and take your elephant for a walk with your hand in the glove.

### SONGS

#### **We're Going on a Bear Hunt**

Composer: Traditional

Publisher: ABC Music Publishing

#### **Little Peter Rabbit**

Composer: Traditional

Publisher: ABC Music Publishing

#### **I Have Two Eyes to See With**

Composer: Traditional

Publisher: ABC Music Publishing

#### **My Hands are Clapping**

Composer: Traditional

Publisher: ABC Music Publishing

#### **Animal Antics**

Composer: Judith Keyzer and Peter Dasent

Publisher: ABC Music Publishing

#### **Messy**

Composer: Arthur Baysting and Peter Dasent

Publisher: Origin

#### **Dressing Up**

Composer: Sophie Emtage and Peter Dasent

Publisher: ABC Music Publishing

#### **Row Row Row Your Boat**

Composer: Traditional

Publisher: ABC Music Publishing

#### **One Wonderful Song**

Composer: N. Enright and Max Lambert

Publisher: ABC Music Publishing



## MAKE AND DO



### How to Make Slime

You will need

- Bowl
- Whisk
- Soap flakes
- Water
- Food colouring

Instructions

Use whisk to combine ingredients.  
Add water to make slime!



### How to Make a Monstrous Mess

You will need

- Large bowl
- Slime
- Pebbles/flour
- Leaves
- Straw
- Towel
- Large piece of plastic

Instructions

On a large piece of plastic combine  
slime, pebbles, flour, and straw.

Use hands, then feet to explore. What can you  
feel?

When you're finished, make sure to wash hands  
and feet!