

*Discover the secrets*  
of the world's best chefs!



# Poh's Kitchen

Lifestyle: Series 1: 40 x 30', Series 2: 19 x 30' HD



ABC  
Australian Broadcasting Corporation  
Commercial

# Poh's Kitchen

LIFESTYLE

HD

Series 1: 40 x 30'  
Series 2: 19 x 30'

Meet Poh Ling Yeow. She's an artist in the kitchen. Literally.

POH'S KITCHEN is where cooking and art meet. It is packed full of original recipes and trade secrets, serious insights into the culture and tradition behind some of the world's favourite dishes...and always a sprinkling of Poh inspired fun on the side.

Drawing on her Chinese-Malay heritage (and her Mum's and Auntie's Recipes) and adding her own unique and always unexpected creative twist, Poh is a natural.

In Series One, Poh welcomes internationally renowned chefs into her kitchen including Thai cooking guru, David Thompspon, (whose famous London restaurant 'Nahm' holds a Michelin star), Australia's 'best' Neil Perry, French trained chef Emmanuel Mollois and breakfast king, Bill Granger. They share their tips and techniques with Poh, and together they create succulent, original dishes, exploring different styles of cooking.

Poh also travels to her native Malaysia to follow her family ties, and reveals traditional cooking secrets.

In Series Two Poh is out of the kitchen and on the road, travelling around Australia and Asia. Her destinations in Australia range from King Island to the Outback, from Sydney to Northern Queensland. In Asia she visits Chiang Mai, Bangkok and Singapore.

Using her skilful appreciation of what it takes to produce mouth-watering meals, Poh unearths the local knowledge and creates her own recipes using the region's ingredients. On her travels she also braves the elements and embraces new challenges: from shearing sheep, to swimming with tuna and climbing palm trees.

A trained designer and artist with over 20 exhibitions (nine solo!) under her belt, Poh is a recent convert to cooking. With her creative culinary style and femme-fatal charm, she won the critics over as a finalist in the hit series of **MASTERCHEF**.

PRESENTER POH LING YEOW  
PRODUCERS SUSAN REDDEN, JEREMY MACKINNON, MARK STANFORTH,  
KERYN JAMES, JEREMY BOYLEN, MAX MACKINNON, LINCOLN TYNER  
SERIES PRODUCER COLIN HAYNES  
EXECUTIVE PRODUCER MARGOT PHILLIPSON  
HEAD OF FACTUAL JENNIFER COLLINS



#### Contact Content Sales

Australia, New Zealand and Rest of World Sales

Sydney Head Office tel +61 2 8333 5351 fax +61 2 8333 3169

UK and European Sales London Office tel +44 20 7808 1361 fax +44 20 7799 5482

email abc.contentsales@abc.net.au website www.abccommercial.com/contentsales



ABC

Australian Broadcasting Corporation

Commercial