

Pasta Aglio e Olio 'Giovane'

Young garlic and olive oil with fresh pasta Recipe by Dillon Kesur





INGREDIENTS

Pasta dough:

- 2 eggs
- 1 cup flour

Sauce:

- 1 bulb of young homegrown garlic, separated into cloves
- 2-3 tablespoons of good olive oil
- 1 or 2 dried chillies torn into pieces
- Salt and pepper

NOTES

You can also serve storebought pasta 'aglio e olio' just remember to adjust the cooking time.

DIRECTIONS

- 1. Roll out pasta dough and cut into spaghetti lengths.
- 2. Bring a pot of water to the boil.
- 3. Meanwhile, roughly halve or quarter the larger cloves of garlic and leave the smaller ones whole.
- 4. Warm the olive oil over medium heat. Add chilli flakes and immediately turn heat down to low.
- 5. Stir in the garlic and ensure it doesn't fry or colour. The aim is to warm the garlic until it is sweet and tender, then take it off the heat.
- 6. Add the pasta to the boiling water. It should be cooked in a couple of minutes. Drain the pasta, but reserve a little of the pasta water.
- 7. Mix the drained pasta with the garlic and oil. Add the little bit of pasta water you need to judge how much to use.
- 8. Turn heat to high, then gently shake or toss the pasta in the pan till well mixed. Serve immediately.



Sundays

with Lucie Cutting
on 936AM and the ABC listen app

