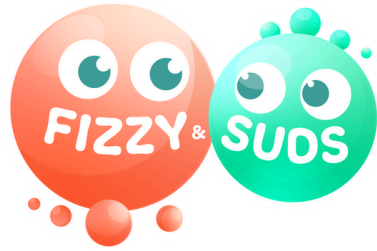


Early Education Quick Card



Ideas Explored:

- Fine Motor Skills
- Practical Use
- Creative Expression
- Identifying Fruit & Veggies

SUPERMARKETS

Print your own shopping bag!



What you'll need:

- Fruit and Vegetables
- Plates
- Paper Bags
- Knife
- Paint and Brushes
- Chopping Board

Optional: Tote Bag, Fabric Paints



Watch the Supermarkets episode on ABC iView

Step by Step:



1. Cut your fruit and vegetables in half on a chopping board
2. Pour the paint out
3. Take your paper or tote bag out and lay flat
4. Dip your fruit and vegetables into the paint
5. Firmly press the fruit and vegetables onto the bag and lift carefully to reveal their print
6. Wait for the paint to dry. If using fabric paints set them with an iron
7. Enjoy taking your shopping bags to the supermarket!

